



ROCK COUNTY 4-H RECORD BOOK GUIDELINES



YOUR 4-H RECORD BOOK...

MUST have: (Check each item when completed)

- _____ Green “4-H Member Yearly Plan and Record” cover
- _____ Information Page
- _____ Club Activity Sheet
- _____ County/Other Activity Summary Sheet
- _____ Activity Story on one club activity or county/other activity
- _____ Project Summary Sheet
- _____ Project Story on one project
- _____ Financial Record on one project

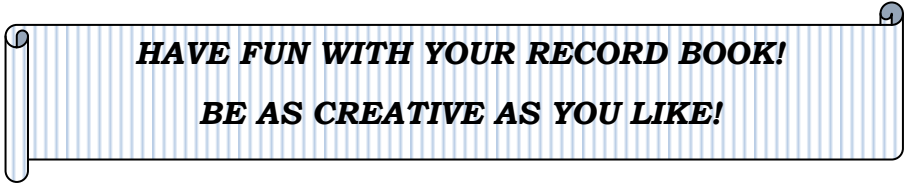
MAY or MAY NOT have:

- * Table of Contents, tabs or both
- * Activity Stories for one or more additional activities
- * Project Stories for one or more additional activities
- * Financial Records for one or more additional projects
- * Photos, newspaper clippings, pictures from magazines, computer graphics, original drawings, other original artwork, programs from 4-H events, samples of fabric and so on

CANNOT have:

Actual awards (ribbons, plaques, trophies and so on) from county fair, state fair or any other competitive events. NOTE: Pictures or other graphic representations of awards are acceptable.

Submit your completed record book to your club by your club’s deadline.





Information Page



Your Name: _____

Name of your 4-H club: _____

Current year: _____ Your age as of last January 1st: _____

Your number of years in 4-H (including current year): _____

Your grade as of last October 1st: _____

Number of club meetings held: _____

Number of club meetings you attended: _____



Your parent/guardian's comments on your record book: _____



Club Activity Summary Sheet



List those activities in which you participated at the club level this year.

Examples: Fundraising, Picnic, Achievement Program, Demonstration, Dairy Promotion, Mini-Fair, Drama, Halloween Party, Christmas Caroling and so on.

October

November

December

January

February

March

April

May

June

July

August

September



County/Other Activity Summary Sheet



List those activities in which you participated at the county, district, state and/or national level this year.

Examples: Communications Festival, Junior Council Activities, Volleyball, Camp, Softball, Music and Drama Festival, Non-Fair Awards

Examples of District/State Activities: Arts Lab, State Teams, State 4-H Youth Conference, Space Camp, CWF, State Fair, Arts Camp

October

November

December

January

February

March

April

May

June

July

August

September



Activity Story



Select **one** activity from those you described on the Club Activity Summary Sheet **or** the County/Other Activity Summary Sheet. Expand on that activity by telling your Activity Story. Include some or all of the following information in your Activity Story:

- Describe/illustrate what you learned by participating in this activity.
- Describe/illustrate what you did as a participant in this activity.
- Describe/illustrate the skills you gained and practiced.
- List your goals and describe/illustrate your progress toward your goals.
- Describe/illustrate how you planned and prepared for this activity.
- Describe/illustrate your leadership experiences with this activity, if appropriate.
- Parent comments may be included, but they are optional.

Use any method you wish to tell your Activity Story. **Feel free to be creative!** Some methods or ideas you may wish to use include:

- Written story: narrative and/or outline
- Photo story: series of photographs with captions
- Newspaper clippings, pictures from magazines and/or catalogs, computer graphics
- Original drawings and/or other original artwork
- Programs from club, county and/or other 4-H events

Please do **not** include any actual awards (ribbons, plaques, trophies and so on) from any competitive event. Pictures or other graphic representations of awards **are** acceptable.

OVER

To begin your Activity Story, complete the following information:

Name of Activity: _____

Number of years I have participated in this activity (including this year): _____

- You may use the rest of this page to tell your Activity Story if you wish.
- Your Activity Story should be at least 1/2 page in length.
- **You are encouraged to add additional pages to tell your Activity Story.**



Project Summary Sheet



Directions: Write a brief description about each project in which you were enrolled this year. Include details such as items made, animals cared for, fair exhibits completed and so on.

PROJECT: _____

PROJECT: _____

PROJECT: _____

PROJECT: _____

PROJECT: _____

PROJECT: _____



Project Story



Select **one** project from those you described on the Project Summary Sheet. Expand on that project by telling your Project Story. Include some or all of the following information in your Project Story:

- Describe/illustrate what you learned in this project.
- Describe/illustrate the process you used to make your item(s), care for and train your animal(s) and so on.
- Describe/illustrate the skills you gained and practiced.
- List your goals and describe/illustrate your progress toward your goals.
- Describe/illustrate your leadership experiences in this project, if appropriate.
- Parent comments may be included, but they are optional.

Use any method you wish to tell your Project Story. **Feel free to be creative!** Some methods or ideas you may wish to use include:

- Written story: narrative and/or outline
- Photo story: series of photographs with captions
- Newspaper clippings, pictures from magazines and/or catalogs, computer Graphics
- Original drawings and/or other original artwork
- Programs from club, county and/or other 4-H events
- Samples of fabric, yarn and so on

Please do **not** include any actual awards (ribbons, plaques, trophies and so on) from county fair, state fair or any other competitive event. Pictures or other graphic representations of awards **are** acceptable.

YOU **MUST** COMPLETE A FINANCIAL RECORD
FOR ONE PROJECT.

OVER

To begin your Project Story, complete the following information:

Name of Project: _____

Number of years I have been in this project (including this year): _____

- You may use the rest of this page to tell your Project Story if you wish.
- Your Project Story should be at least 1/2 page in length.
- **You are encouraged to add additional pages to tell your Project Story.**



Financial Record



This form must be completed for one of the projects described on the Project Summary Sheet.

Project Expenses

Item/Animal	Supplies/Equipment	Total Cost
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		

OVER

