### **Rock County 4-H**

# Cloverpatch



### January 2020



"Learn by Doing"

My initial "hands on" 4-H experience as a 4-H member was when I was nine years old and in fourth grade. I enrolled in Foods and my 4-H Leader invited me to my first-ever project meeting. I learned to measure dry ingredients including salt, baking soda, flour and sugar. That day, I also learned to measure liquid ingredients and about the importance of reading the bottom of the meniscus for an accurate measurement. I never forgot what meniscus means! Then, I successfully cracked an egg and made the best chocolate chip cookies!

When a 4-H member enrolls in a project or activity, the member is thinking about how much fun it will be, spending time with other 4-H members, and learning something new as a result of enrolling in that project (i.e. exhibiting at a community partner's fair). However, what my 4-H Leader knew was how 4-H members learn--using what we now call Experiential Learning, a five-step method that engages members in an activity and guides them to reflect and apply what they learned. The skills I learned that day provided me with a wonderful educational foundation.

The five steps in the Experiential Learning Model (Reflect-Do-Apply) are:

- 1. Experience the activity, perform, do it. (I made cookies.)
- 2. Share the results, reactions, and observations publicly. (We all tasted the cookies.)
- 3. Process by discussing, analyzing, and reflecting. (Our Foods' members talked about leaving the cookies in the oven a little too long because some of them were burned.)
- 4. Generalize to connect the experience to real-world examples. (We discussed why we assembled all of the ingredients before we started make the cookies and why we need to be organized in other situations.)
- 5. Apply what was learned to a similar or different situation. (All of the 4-H members were able to use our new skills when cooking/baking by observing how quickly food cooks so they don't burn.)

"Learn by Doing" is the National 4-H Slogan. As a 4-H community, we learn by doing all year and can share those learning experiences in many ways. Through decades of success, Rock County 4-H members have learned amazing skills and then taught others by experiencing education, "hands on."

Rock County 4-H youth and adults hold in their hands a wealth of experiences and knowledge. Now is the time to schedule meetings and events while enthusiasm is high and there are still open dates on 4-H families' calendars! Don't hesitate to share successful examples that illustrate "Reflect-Do-Apply" in everyday moments, and formal 4-H meetings and activities. Let me know how our office can help!

Laura Vander Veen, 4-H Program Coordinator

#### 4-H Staff

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#### 4-H Online Calendar

Check the most up-to-date deadlines and activities

on the calendar located on Rock Co. 4-H website fyi.extension.wisc.edu/4hrock. If you find an error or have an update or addition, please contact the Extension Office at 608-757-5066, email or fill out the information form at:

https://forms.gle/fEQBq6nYyX1zZNiS7

#### Thursday, January 2

7:00pm Horse & Pony Project Steering Committee

Sunday, January 5

1:00pm Horse & Pony/Horseless Horse Project: Family Potluck & Auction

2:30pm Dairy Quiz Bowl Practice

Sunday, January 12

2:30pm Dairy Quiz Bowl Practice

Wednesday, January 15 7:00pm Fair Board Mtg

Thursday, January 16

6:30pm VIP (Volunteer in Preparation) Training

7:00pm 4-H Town Hall Mtg

Friday, January 17-19

Wisconsin State 4-H Art Lab

Sunday, January 19

2:30pm Dairy Quiz Bowl Practice

Monday, January 20

7:00pm Jr. & Sr. Council Exec. Board Mtg

Thursday, January 23

6:30pm Horse & Pony Informational Mtg

Saturday, January 25

9:00am YQCA Training

Sunday, January 26

2:30pm Dairy Quiz Bowl Practice

Monday, January 27

7:00pm Jr. & Sr. Council Mtg

Saturday, February 1

9:00am Kids' College

Sunday, February 2

2:30pm Dairy Quiz Bowl Practice

Thursday, February 6

7:00pm Horse & Pony Project Steering Committee

Friday, February 7

6:00 pm Horsin' Around Night

Saturday, February 8

9:00am Communication Arts Festival

February 12

7:00 pm Horse & Pony - Learn More About Showing

Saturday, February 15

DEADLINE: Adult Advisor Applications Due

Monday, February 17

7:00pm Jr. & Sr. Council Exec. Board Mtg

Wednesday, February 19

7:00pm Fair Board Mtg

Sunday, February 23

9:00am Tack Swap

1:00pm RCSP Educational Event

Monday, February 24

7:00pm Jr. & Sr. Council Mtg







#### **FAQs**

# I was enrolled in 4-H last year, do I need to enroll again this year?

Yes, in order to be involved in 4-H, members and adult volunteers enroll every year as close to the beginning of the 4-H year as possible. Enroll online at the following website <a href="https://www.4honline.com/">https://www.4honline.com/</a> and be sure to update all information!

## I need to enroll in 4HOnline, but I don't remember the password I used last year.

Simply visit 4HOnline (<a href="https://www.4honline.com/">https://www.4honline.com/</a>), enter your e-mail address and click on the option (immediately above the field to type in your e-mail adddress) that says "I forgot my password." A new password will be sent to your e-mail address and you'll be able to change your password. If you have any questions, please call the Extension Office. (Please do not create a new family profile.)

## I enrolled in a project that I don't know anything about, how do I get information about the project?

Please ask your 4-H Club Leader if there is a 4-H Project Leader in your 4-H Club who will provide educational opportunities (project meetings, workshops, tours, etc.) for your project area. Visit the Rock County Extension 4-H website to see county project meetings and events that are available by clicking on the "Club Members" Tab and scrolling down to "Projects." Look at upcoming events on the "Calendar" and continue to read the Cloverpatch newsletter. The Shop 4-H Website (https://shop4-h.org/) also has more than 450 curriculum titles that are available to purchase for dozens of 4-H project areas. Remember, you may also contact the Extension Office to ask if there are any other educational opportunities that might be available.

### I'm a Cloverbud, may I enter the Communication Arts Festival?

Yes, Cloverbuds may enter in the poster class, or memorize and recite the 4-H Pledge. All Cloverbuds will receive a participation ribbon. Good luck!

#### **Activities**

### Communication Arts Festival

submitted by: Angie Hoops
Communication Arts Festival
Saturday, February 8, 2020
UW-Whitewater at Rock County
Begins at 9:00 a.m.

The annual Communication Arts Festival is right around the corner!

Why should you sign up?

- There is something for EVERYONE! All ability levels are welcome.
- If you enjoy public speaking, choose from several types: prepared speech on any topic, extemporaneous speaking, interpretive reading, memorized declaration, 4-H public service announcement contest, demonstration, and illustrated talk using PowerPoint or other visuals.
- If you don't enjoy public speaking, don't let that stop you. Make a poster! Show off your creative writing skills with poetry, prose, story, or essay! Capture communication with photography! Or create an awesome display!
- Cloverbuds are welcome too! Make a poster or recite the 4-H pledge.
- It's free!
- Where better to conquer your fear of public speaking but in front of a friendly judge and 4-H audience?
   Learning to speak in front of people equips you for success in the future and right now too!

Want more info? Go to the Rock County 4-H Facebook page or

https://fyi.extension.wisc.edu/4hrock/files/2019/12/2020-Communication-Arts-Festival-Informational-Packet.pdf for the informational packet that contains category rules. Registration is due by Friday, January 17 by registering online at https://docs.google.com/forms/d/1\_tKImsS6LiW0jooKhQPcMRYSOJaOVb\_1-LD1UPk111o/viewform?edit\_requested=true

Don't miss this great opportunity! Sign up today!

### Animal Science

## Rock County Sheep Producers Educational Event: Lambing Preparation,

Ewe Nutrition & Creep Feeding Lambs

submitted by: RCSP Board and Advisors

Sunday, February 23, 2020 Egg Harbor Farm 3508 E. Buss Rd., Clinton Begins at 1:00 p.m.

Hosted by: Dr. Joeff Steven Family

All 4-H members and families are invited to the Rock County Sheep Producers Winter Educational Event. The event will begin at 1:00 pm with pizza lunch & program to follow. A brief business meeting will follow lunch. Handouts on the topics will be provided. There will be door prizes: creep feed, lambing tools, milk replacer, ewe supplement. Plastic boots will be provided. Dress warm, lunch and meeting will be in a heated shop. The flock is 30 mainly Hamp ewes producing project lambs. All new facilities were constructed in 2019. Rock County Sheep Producers provide educational programs for parents,

families, youth (4-H & FFA), industry support, Rock Co. Ag Business Scholarship for Sheep, sheep raising tips, guest speakers, fundraisers, RCF judges financial support, tours and field days.

#### **YQCA Training for Livestock Exhibitors**

submitted by: Nick Baker

To attend the face-to-face YQCA training on Saturday, January 25 from 9:00-11:00 a.m. at the Craig Center, Rock County Fairgrounds, register online at <a href="https://yqca.learngrow.io/account/login">https://yqca.learngrow.io/account/login</a> and pay a \$3.00 registration fee prior to the face-to-face training.

#### Project Committee Information

#### **Horseless Horse Project**

submitted by: Sheila Martin

LOVE HORSES? DON'T HAVE ONE BUT WANT TO LEARN MORE? Joining the Horseless Horse Project will include you in all the Horse project activities: fun nights, clinics, shows. Newly expanded project categories include Display or Model Horse Display! Did you know that your project can be exhibited at the State Horse Expo in September for additional awards? Horseless Horse members can participate in ALL State Equine Educational Events including Judging, Team Problems, Photography, Vet Science, Art, and many more. You may even be able to partner with a Horse Project member and work with a horse or pony. For more info, contact Sheila Martin, srmartin724@gmail.com or 608-289-4313.

Please refer to the Rock County 4-H Calendar for complete information on upcoming committee events.

# Community Partners

#### Fair Office Winter Hours

In the months of November – February the Rock County 4-H Fair Office will be open Monday – Thursday. The office will be closed on Fridays. Always call 608-755-1470 before you make a trip to the office.

#### Premium Book Pick Up

The 2020 Rock County 4-H Fair Premium Books will be available for club chairpersons to pick up during regular business hours at the Fair Office on the fairgrounds starting February 25th. Please call Mary at the fair office with any questions.

#### 2020 Fair Theme

Be Somebunny! Hop to The Fair!

#### **Using the Fairgrounds**

If your 4-H Club or group would like to use the Rock Co. Fairgrounds for a meeting or event, please contact Shilo Titus at 608-757-5515.

# Youth-Adult Partnership

#### Waiting is the Hardest Part

submitted by: Erin Conway

Edgar H. Schein in his book *Humble Inquiry: The Gentle Art of Asking Instead of Telling* describes both the process and importance of asking questions. He provides both definitions and examples to the point that

What we ask...How we ask it...Where we ask it...And, when we ask it...All matter.

Read the full blog post here: <a href="https://fyi.extension.wisc.edu/4hrock/youth-adult-partnership-spotlight-december/">https://fyi.extension.wisc.edu/4hrock/youth-adult-partnership-spotlight-december/</a>

#### Y-AP at Your Club Meeting

submitted by: Erin Conway

In the blog I referenced my difficulty waiting for responses. Small group breakout conversations are an easy and effective way to share the conversation and build confidence in both youth and adults who might be hesitant to speak. During the joint Jr./Sr. Council meeting in November, we used this strategy to select a priority area for the Rock County 4-H Program referenced in other articles in this edition of the Cloverpatch. You can also see these breakouts posted to the Rock County 4-H Facebook Group. To extend the small group activity, you can encourage leadership by jigsaw grouping. This means 1) assign your original group a number, 2) after discussing in the first group, ask the participants to regroup so that each new group has one person representing each number. If you had four groups, first all the 1s would be together, 2s, 3s, and 4s. Second, each group would have a 1, 2, 3, and 4. In this way, each person is the spokesperson for their group, increasing opportunities for leadership.

#### **Y-AP Extension**

submitted by: Erin Conway

If you are interested in extending your learning, don't forget the Independence section of the <u>Essential Elements</u> <u>Training</u> available in 4HOnline. You can also explore this resource guide, <a href="https://fyi.extension.wisc.edu/wi4hstem/files/2015/02/full-training-curriculum-and-appendices.pdf">https://fyi.extension.wisc.edu/wi4hstem/files/2015/02/full-training-curriculum-and-appendices.pdf</a>.

### **Local Experts**

Thank you so much to Gail Brown for her suggestion of *Opening Doors to Teamwork and Collaboration* by Judith H. Katz and Frederick A. Miller. We will be using this recommendation in some of our educational sessions. If you want to take a sneak peek, it is available as a Hoopla download through Hedberg Public Library.

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Laura Vander Veen
Rock County 4-H Program Coordinator



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For more information, phone 608-757-5066, fax 608-757-5055, click <u>fyi.extension.wisc.edu/4hrock</u>, or search "Rock County 4-H" on Facebook.

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