

One-Year Follow-Up Interview with a Representative of the Employer (information to be collected 12 months after Survey results are shared with the employer)

Approximately one year after you have shared the initial Survey results with the employer, re-schedule another meeting for the purpose of assessing longer-term impacts. During the one-year follow-up meeting, collect impact information by asking the following questions. Responses should be sent to the same address as the responses to the initial interview.

About one year ago, your company/organization participated in an online Employed Family Caregiver Survey. Results of the Survey included the number of employees involved in eldercare, the impact of eldercare on workplace performance, and topics of interest to working caregivers.

1. As a result of participating in this Survey, please describe any changes in policies, benefits, and/or services offered to employees who are balancing work and the care of an older family member or friend.

2. If, during the past year, employed caregivers were offered information as a result of the Survey, please indicate the topics addressed (check as many as apply).

- Communicating with family members
- Communicating with health care professionals
- Communicating with your supervisor and work colleagues about your family caregiving situation
- Caregiving benefits offered through your employer
- Community resources to assist with caregiving tasks and responsibilities (in-home assistance, educational classes, support groups, etc.)
- Legal, financial and/or health care planning (powers of attorney for health care and finances, guardianship, estate planning, etc.)
- Finding and hiring paid help
- Exploring residential long-term care options (nursing home, assisted living facilities and other housing options)
- Juggling work and caregiving
- Coping with caregiving responsibilities, including stress management
- Personal care skills such as bathing, transferring, and feeding
- Dealing with problem behaviors (wandering, asking same question, etc.)
- Strategies to approach difficult decisions such as taking away driver's license, needing paid help, moving to care facility, etc.
- Dealing with loss and grief
- Understanding how your relationships change throughout the caregiver journey
- Long term care insurance
- Other (please list)

3. Indicate the topics on which Cooperative Extension educators helped provide helpful information (check all that apply).

- Communicating with family members
- Communicating with health care professionals
- Communicating with your supervisor and work colleagues about your family caregiving situation
- Caregiving benefits offered through your employer
- Community resources to assist with caregiving tasks and responsibilities (in-home assistance, educational classes, support groups, etc.)
- Legal, financial and/or health care planning (powers of attorney for health care and finances, guardianship, estate planning, etc.)
- Finding and hiring paid help
- Exploring residential long-term care options (nursing home, assisted living facilities and other housing options)
- Juggling work and caregiving
- Coping with caregiving responsibilities, including stress management
- Personal care skills such as bathing, transferring, and feeding
- Dealing with problem behaviors (wandering, asking same question, etc.)
- Strategies to approach difficult decisions such as taking away driver's license, needing paid help, moving to care facility, etc.
- Dealing with loss and grief
- Understanding how your relationships change throughout the caregiver journey
- Long term care insurance
- Other (please list)