



MY FINANCIAL ATTITUDES, VALUES, AND DREAMS

When I think about my money situation, I usually feel:

- | | |
|------------------------------------|-------------------------------------|
| <input type="checkbox"/> Anxious | <input type="checkbox"/> Angry |
| <input type="checkbox"/> Worried | <input type="checkbox"/> Content |
| <input type="checkbox"/> Guilty | <input type="checkbox"/> Proud |
| <input type="checkbox"/> Depressed | <input type="checkbox"/> Competent |
| <input type="checkbox"/> Helpless | <input type="checkbox"/> Determined |

Was money talked about openly as I grew up?

- Yes No

Did family discussions about money end in arguments?

- Yes No

How has this affected the way I handle money?

What do I do best with my money?

Which money issue worries me the most?

After the basics are covered (rent, utilities, food, transportation), the items that I feel must be included in my spending plan to keep me happy are:

What are my financial dreams?
