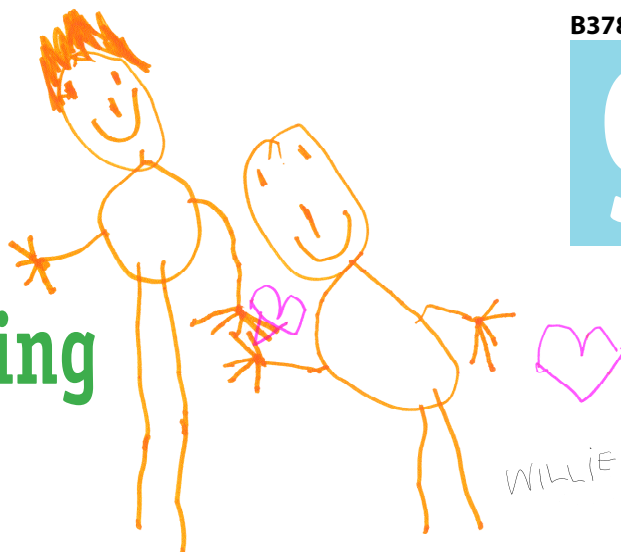


Through the eyes of a child

Grandparents raising grandchildren



Additional resources

There are many resources available to grandparents raising grandchildren—but they're not always easy to find. The following list of books and web sites are resources that we feel provide helpful and accurate information on raising grandchildren.

Books

For grandparents

Grandparents as Parents: A Survival Guide for Raising a Second Family. Sylvie De Toledo and Deborah Edler Brown. New York: The Guilford Press, 1995.

This book addresses several difficult issues that grandparents face when they take on a new, and often unexpected, job of raising their grandchildren.

To Grandma's House We...Stay: When You Have to Stop Spoiling Your Grandchildren and Start Raising Them. Sally Houtman. Northridge, Ca.: Studio 4 Productions, 1999.

Designed as a guide for grandparents raising grandchildren, this book offers practical solutions to real-life problems that families have to face when traditional roles and relationships are redefined.

How to Talk So Kids Will Listen & Listen So Kids Will Talk. Adele Faber and Elaine Mazlish. New York: Avon Books, 1980.

Focuses almost entirely on communication in families. Though not specifically designed for grandparents raising grandchildren, many of the same topics are applicable: age-appropriate communication, problem solving, and improving relationships.

The Grandparent Guide: The Definitive Guide to Coping with the Challenges of Modern Grandparenting. Arthur Kornhaber. New York: McGraw-Hill/Contemporary Books, 2002.

A helpful resource for any grandparent, *The Grandparent Guide*, examines the countless ways grandparents and grandchildren interact. One section specifically looks at raising grandchildren and the difficulties and changes that come along with this new responsibility.

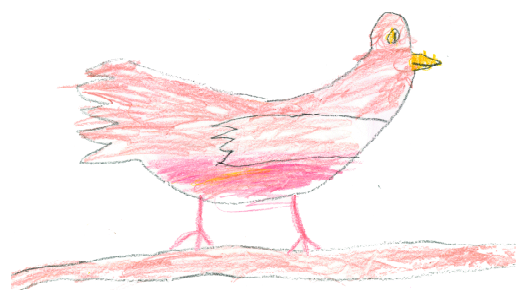
For children

The Adventures of NanaCat and Her Children—Moving In. Maureen Everette and Catherine Moon. Gulfport, FL: Currier Davis Publishing, 2003.
www.NanaCat.com

The first in a 10-part series to help kids adapt to kinship care. *Moving In* addresses the need for security that is often present when a child moves to a new home. The story is warm and caring and expresses love, security, and safety. (Ages 3–8)

Do I Have a Daddy? Jeanne Warren Lindsay. Buena Park, CA: Morning Glory Press, 1991.

This story provides a model for how to respond to children's questions about a parent they have never seen. (Ages 4–8)



Let's Talk About Living with Grandparents. Susan Kent. Powerkids Pr. 2001.

What it's like to live with a grandparent and some hints for ways to make it pleasant. (Ages 6–10)

Into the Great Forest: A Story for Children Away from Parents for the First Time. Irene Wineman Marcus, Paul Marcus, and Susan Jeschke (illustrator). Washington, D.C.: American Psychological Association Publications, 1992.

Explores the insecurity and anger children may experience when away from their parents for the first time. The book uses the tale of a prince's adventures to gently suggest ways to resolve children's feelings by relying on their own strengths. (Ages 4–8)

The Kissing Hand. Audrey Penn, Ruth E. Harper (illustrator), and Nancy M. Leak (illustrator). Child Welfare League of America, 1993.

This beautifully illustrated children's book helps children cope with separation from parents. It gives children a way to feel connected with those they love, even when apart. (Ages 4–8)

Love is a Family. Roma Downey and Justine Gasquet (illustrator). Harper Collins, 2001.

Lily worries that she will be the only kind in her class who brings just one person to Family Fun Night. It turns out that there were many kinds of families, including grandparents raising a grandson. (Ages 4–8)

The Magic Box: When Parents Can't Be There to Tuck You In. Marty Sederman, Seymour Epstein, and Karen Stormer Brooks (illustrator). Washington, D.C.: American Psychological Association Publications, 2002.

This upbeat and wonderfully illustrated book helps children cope when parents are often away from home. Contains a wealth of tips for families. (Ages 3–7)

Robert Lives With His Grandparents: A Concept Book. Martha Whitmore Hickman and Tim Hinton (illustrator). Morton Grove, IL: Albert Whitman & Company, 1995.

Robert's parents are divorced and he lives with his grandparents. When his grandmother decides to attend Parents Day at his school, he is afraid of what the other kids will think of him. (Ages 5–8)

What Grandmas Do Best/What Grandpas Do Best. Laura Numeroff and Lynn Munsinger (illustrator). New York: Simon & Schuster, 2000.

Grandparents can do many things but best of all, they give you lots of love. (Ages 3–6)

Web resources

AARP Grandparent Information Center (www.aarp.org/confacts/programs/gic.html)

Has several links related directly to grandparents raising grandchildren, including how to find a support group in your area, local resources, information on legal issues, and much more.

American Psychological Association (www.apa.org/psychnet/)

Provides helpful information and links on topics relating to families and mental health. Includes links for help finding a psychologist plus recent publications for families, children, and professionals.



Child Trauma Academy
(www.childtrauma.org)

This site is dedicated to improving the lives of high-risk children. Includes a paper discussing the issues of attachment in maltreated children (www.childtrauma.org/CTAMATERIALS/Attach_ca.asp).

Cyfernet (www.cyfernet.org)

A national network of all the public land-grant universities in the country. The website contains a wide range of research-based information on child development, parenting, and issues facing grandparents raising grandchildren.

Generations United (www.gu.org)

An extensive website on healthy intergenerational strategies, programs, and policies. Specifically focuses on public policy and kinship care issues.

Grand Parent Again

(www.grandparentagain.com)

Offers valuable information on education, legal support, support groups, and other organizations for grandparents raising grandchildren.

Grandparenting Today

(www.uwex.edu/ces/flp/grandparent/)

Provides information and resources for grandparents raising grandchildren as well as links to numerous other sites. Developed by Dr. Mary Brintnall-Peterson, one of the coauthors of this series.

GrandsPlace (www.grandsplace.com)

This site is dedicated to supporting grandparents and other relatives raising others' children. It provides opportunities for grandparents gather and share information in a supportive and helpful environment.

Helping Children Cope with Stress

(www.nncc.org/Guidance/cope.stress.html)

This article discusses children's reactions to stress as well as strategies for helping them cope.

National Sleep Foundation

(www.sleepfoundation.org)

People experiencing significant changes often find their sleep is disrupted, making it harder to cope. This site provides a wealth of useful resources related to sleep. It also gives information about what to expect about children's sleep at different ages and how to help children cope with sleep problems.

Zero To Three (www.zerotothree.org)

A national organization dedicated to helping parents and professionals care for young children. The website contains information about a range of child development and parenting related topics for grandparents.

Finding Internet sources on your own

There are a wide variety of additional resources on the web for grandparents raising grandchildren. Often, finding information is the easy part. Finding reliable, accurate information is not so easy. The following is a list to consider when you're evaluating a web site:

- Who is the author of the site and what are their credentials?
- Who maintains the site?
- Is the site affiliated with a reliable organization, such as a university or government-run establishment?
- Does the site list other resources or a guide for finding more information?
- Does the site reference, or list, where their information is from?
- When was the site last updated?



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This fact sheet is part of a series. To obtain the rest of the set, visit the University of Wisconsin-Extension grandparenting web site at www.uwex.edu/relationships/. For more information about this series, contact Mary Brintnall-Peterson, University of Wisconsin-Extension or Julie Poehlmann, University of Wisconsin-Madison.