



4-H Cabin Fever Friday!

May 29, 2020

4-H is an opportunity to try new activities and learn new skills. If you're looking for an idea to pass the time and want to try something new, check out the projects below. 4-H Cabin Fever Friday will be created weekly with a

variety of projects and skill levels highlighted each week. Please remember the social distancing and Safer at Home guidelines while doing these projects. If you would like to take a picture of you or your family doing one of these 4-H projects, feel free to email it to me at holly.luerssen@wisc.edu, with the subject line: 4-H Cabin Fever Friday Photo and each family will be entered into a drawing at a later date for some special gifts!

NATURE RUBBINGS

Did You Know?

- Each leaf has its own texture and each feels different when we touch it. After feeling the texture of the leaves, document your leaves with texture rubbings.
- As you take a walk pick up a few different leaves. Try to identify each leaf type using its shape and texture. You can use a leaf identification book or search online.

What to do...

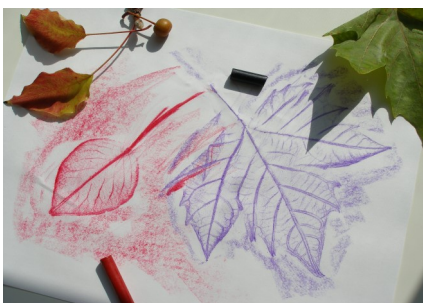
1. Take a walk and gather nature items.
2. Spread newspaper onto the work area.
3. Place plant on to the newspaper.
4. Hold crayon on top of leaves or wildflowers.
5. Hold crayon sideways and rub over the object.
6. Watch the leaves and wildflowers appear as you rub them.

Variations:

Take paper outside and make rubbings from surfaces such as brick walls, tree trunks, or anything else with texture. Make different patterns by arranging leaves, etc, in rows, circles, or other shapes.

Helpful Hints:

Leaves that have fallen recently are the best to use, but make sure they aren't wet. To keep the leaves from sliding around between the two sheets of paper, tape the leaves to the bottom paper. For more vibrant colors, try using oil pastels instead of crayons. Colored pencils work too



UW-MADISON EXTENSION

Langlade & Lincoln Counties

4-H Project Area: Natural Resources

Life Skill: Learning to learn

Time: 20-25 minutes

Supplies:

- Newspaper
- Crayons
- Fresh green leaves, wild flowers, weeds, grasses or reeds
- White paper



Cloverbuds Activities Packet—University of Minnesota



Treats for Birds

Supplies:

- Bowl, spoon, knife
- Twine or thick string
- One-half rind section from grapefruit
- Suet
- Mixed birdseed

Objective: Creating food for birds

Instructions:

- Use an eaten grapefruit half for a seed and suet feeder.
- Take the empty rind and punch 4 holes at 1/2" in from the edge of the rind.
- Tie a piece of twine to each hole. Tie loose ends together in a knot.
- Place a piece of beef suet which has been rolled in seeds into the grapefruit rind.
- Hang the feeder to a tree branch with another piece of twine or string.



Critter Sandwiches



Time: 10-15 Minutes

Supplies:

- Bread
- Favorite spreads: cream cheese, squirt cheese, peanut butter, jelly
- Pretzel sticks
- Licorice
- Sliced tomatoes
- Raisins
- Cheese sticks
- Lettuce
- Cereal
- Sunflower seeds

What to "Do":

1. Put spread on a slice of bread.
2. Critter Legs: Put pretzel sticks, licorice, etc., on top of spread so they stick out of sandwich.
3. Critter Mouth: Lettuce or a tomato. Use pretzels or seeds for teeth.
4. Critter Tail/Eyes: Decorate top of sandwich with a blob of cream cheese. Make raisin eyes. You can make a spine down the back with a strip of cheese, peanut butter, etc.
5. Eat & Enjoy!



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