

Find the **heart** of 4-H

Save these dates for the 2015 North Central Region 4-H Volunteer e-Forum:

- THE **heart** OF BELONGING
 - 10/8/2015, 6:00-7:30 p.m. (CT) or 10/13/2015, 7:00-8:30 p.m. (CT)
- THE **heart** OF COMMUNITY
 - 11/5/2015, 6:00-7:30 p.m. (CT) or 11/10/2015, 7:00-8:30 p.m. (CT)
- ENCOURAGING THE **heart** OF LEADERSHIP
 - 12/3/2015, 6:00-7:30 p.m. (CT) or 12/8/2015, 7:00-8:30 p.m. (CT)



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Join other 4-H volunteers and focus on the heart of 4-H with these sessions:

The Heart of Belonging

OCTOBER 8 or OCTOBER 13, 2015

4-H leaders will learn how to guide youth in developing a list of club or group expectations that accommodates all members, learn how to support youth with special needs, and discover resources to help them in their role as caring adults. In addition, volunteers will learn new activities to take back to their clubs and groups to foster positive behavior, belonging, and inclusion.

The Heart of Community

NOVEMBER 5 or NOVEMBER 10, 2015

Preparing 4-H volunteers to help youth find their voice as they become actively engaged in their communities. The session will include resources and models to incorporate mastery, belonging, generosity and independence as you include citizenship activities in 4-H settings.

Encouraging the Heart of Leadership

DECEMBER 3 or DECEMBER 8, 2015

Young people do not magically become leaders at age 13. Leadership is nurtured from their first 4-H experience. Volunteers in this session will receive tools to help inspire youth of all ages to discover and develop independence and mastery.

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