Dig-in Form for Parents/Guardians



		Parent/Guardian	Parent/Guardian
		Name	Name
	The 4-H Program includes regular activities in which parents can help. Please check any of the following areas in which you would be willing to help if asked.		
	a) leading a short game or song		
	b) driving your children to and/or from 4-H activities		
	c) providing refreshments		
	d) helping members complete a simple craft		
	e) telephoning		
	f) fund-raising activities		
	g) typing		
	h) helping to prepare program materials		
	i) preparing mailings		
2.	What parts of the activities that you do at home or in your job would be of interest to members?		
	a) tours:		
	b) workshops:		
	c) presentations:		
	d) skills or activities:		
3.	Please list any hobbies or interests you would like to share with the club.		
	a)		
	b)		
	c)		
4.	Would you like to help with the club?		
	a) weekly (1-2 hours per week)		
	b) monthly (2-4 hours per month)		
5.	Can you recommend other people who would have interesting experiences or activities to share with the club for about 15 minutes?		
	Topic that could be covered:		
	Contact name: Phone, fax, e-mail:		

Source: Government of Alberta, "Involving 4-H Parents", Terri Potter. Originally Published: June 28, 2003. Revised by Steve McKinley, 1/10

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.