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**Spring 2018 UW Global Health Field Course**

*“Exploring Ecology, Culture, and Health in the Wisconsin Lake Superior Region”*

*8 students*

*Course Director: Heidi Busse, UW Madison; plus additional staff driver for field course*

*Field Course Co-Director: Cathy “CAT” Techtmann- UW Extension*

**I. COURSE DESCRIPTION AND OBJECTIVES**

This course will combine classroom instruction with a field course immersion experience to introduce students to the culture, communities, and landscapes of the Lake Superior Region of northern Wisconsin. The course will help students consider the role of culture, ecology, and spirituality in shaping human health and community well-being, and engage students in discussions about the course themes. Students will be introduced to basic principles of public health, critical ecology, cultural definitions of health, community development, and civic responsibility to support integrating academic coursework with students’ personal lived experiences and professional development goals. This course will challenge students to reflect on their current assumptions and worldviews and be changed by new ideas, viewpoints, and perspectives that they will be exposed to during the Lake Superior Region field course. In addition to preparing students for their field experiences in the Lake Superior Region of northern Wisconsin, this course will introduce students to community-academic partnerships with Wisconsin First Nations tribes, and help students explore ways they can take what they learned and apply for future engagement with First Nations communities and in their own culture.

**II. Field Course Itinerary on page 2**

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| **Wednesday, 5/30****UW Madison Global Health Course Itinerary****Sovereignty & Wellness****Location: Bad River** | **Thursday, 5/31** **Food Sovereignty Bad River** | **Friday, 6/1****Cultural Lifeways****Bad River** | **Saturday, 6/2****Regional Economies****Iron County** | **Sunday, 6/3****Culture & Environment Apostle Islands** | **Monday, 6/4****Food and Health****Red Cliff** | **Tuesday, 6/5****Weaving Indigenous Perspectives****Red Cliff** |
| **9:00 AM** **Opening Ceremony: Paula Maday- GLIFWC Public Information Assistant****9:30-10:30 Welcome: Mike Wiggins-Bad River Tribal Chair, Conference Room****10:30-10:45 Break****10:45-11:30 Treaty Rights: Paula Maday****11:30-12 noon: Nibi: Sue Lemieux**  | **9:00 AM Bad River Food Sovereignty Program: Joy Schelble- UW Extension Bad River 4H Youth Educator** **Harvester Panel (optional)****11:00 Manoomin** **Cook-Off (Uncle Ben’s vs. Bad River wild rice!)****Cat Techtmann** | **9:00-11:00 AM Manoomin Cultural Discussion and demonstration: Naomi Tillison-Bad River Natural Resource Dept Director & Edith Leoso-Bad River THPO Director, Bad River Tribal Hatchery-Kakagon Sloughs****11:00 Bad River Community Tour: Paula Maday** | **9:00 AM**  **Rooted in Resources:** **Tour of how natural resources shaped economic foundations and their evolution- case study of Iron County. Amy Nosal- UW Extension Community Educator. Locations: Plummer Mine Montreal, and downtown Hurley.** | **Time TBD, check out of Bad River Lodge. Drop off luggage/possible check in at Legendary Waters-Red Cliff.** **8:45 or 10AM, Depart Bayfield Dock for Madeline Island****10:30, Madeline Island Cultural Walk- Madeline Island Museum** | **9:00 AM: Opening and Welcome:** **Welcome: Richard Peterson-Red Cliff Tribal Chair, Marvin DeFoe THPO Director****10:00** [**Red Cliff**](http://redcliff-nsn.gov/resources/food.htm) **Community Health Center, Diane Erickson-Director Red Cliff Tribal Health Center**  | **Check out of Legendary Waters.** **8:30 AM Meet Marvin DeFoe at Legendary Waters depart for** **Raspberry Bay -Frog Bay National Tribal Park Experience and Service Learning****Reflective Time****Closing Ceremony** |
| **Lunch- Indian Tacos (commodity food story) Blackbird Tribal Center** | **Lunch- Bad River Food Sovereignty (Native & food sov. lunch)** | **Lunch-Bad River Lodge** | **Local Foods Lunch-Taiga Farm- Ironwood, MI** | **Lunch- Madeline Is.**  | **Lunch-Legendary Waters** | **Lunch-Legendary Waters** |
| **2:00** [**Bad River Health and Wellness Center**](http://badriverhealth.org/)**: learning about programs such as:****- Mental health****- Diabetes/NCDs****- Elder programs****3:00 Service Project Health Kit Assembly: Aurora Conley- Bad River Health Center****Students: Journal Time** | **Bad River Food Sovereignty Service Project at Bad River High Tunnels: Joy and UW Students****Lacrosse & Wellness:** **Joy & Bad River Youth****Students: Journal Time** | **GLIFWC Presentations** **1:00-1:45 GLIFWC Tour & Work Overview-Paula Maday & Staff****1:45-2:30 Mino Wiisinidaa! Project- Owen Maroney, GLIFWC Traditional Foods Project****2:45-3:45 Integrating Indigenous Perspectives for Health & Wellness: Steph Jillian-Bad River Education Director & Paula Maday****Students: Journal Time** | **Local food systems: Darrin Kimbler****Asset-Based Community Development: Meet with community partners, practice asset-based community development strategies****use the Native medicine wheel to articulate field course experiences and insights. Amy Nosal-UW Extension****Students: Journal Time** | **4:00, 4:30, or 5:00PM, Depart Madeline Island for Bayfield****Arrive Bayfield****Free time in Bayfield****Students: Journal Time** | **1:00: Rotations: Importance of fish and natural resources to tribal health-Tribal Natural Resource Dept. Boats / alternating with Mino Bimaadiziiwin Gitigaaning Red Cliff Farm Tour, Chad Abel-Director Red Cliff Natural Resource Dept.**  ***(If lake inclement: Service learning project instead of boat trip)*****Students: Journal Time** | **Afternoon**: **Northern Great Lakes Visitor Center- G-WOW and weaving indigenous perspectives- Cat Techtmann** **Depart for Madison** |
| **Dinner: Bad River Lodge****Emergency Numbers:** **Cat Techtmann: 715.360.6170 (cell) 715.561.2695 (home) Heidi Busse: 608-333-5833 (cell)** | **Dinner in Ashland or Bad River Lodge** | **Dinner: Locally sourced dinner. Lodging: Bad River** | **Dinner (Location TBD)****Lodging: Bad River** | **Dinner: TBD****Lodging: Red Cliff** | **4:30 Red Cliff Tribal Council Mtg.** **Dinner- Legendary Waters** |  |