## Raising a Thinking Child class starts Monday, September 8th

Offered by Sue Allen and Mary Ann Schilling, UW-Extension Marquette and Waushara Counties Family Living Educators

## The "I CAN PROBLEM SOLVE" approach for parents and caregivers of children ages 4-7.

The words that parents and caregivers use with children help children think and independently solve problems, reducing conflict and stress, and teaching lifelong skills.



## Parents and caregivers will:

- Learn to use the "I Can Problem Solve" discipline ladder
- Use word pairs to build a vocabulary for problem solving
- Give children skills to solve problems
- Help children take into account their own and other's feelings

The 12-hour class is spread over eight Monday evenings: September 8, 15, 22, 29, October 6, 13, 20, and 27, 2014.

- **Light family meal:** 5:00-5:30 p.m.
- Class: 5:30-7:00 p.m.
- Location: Forest Lane Elementary School, Room 151, 222 Forest Lane, Montello
- Free child care in Room 119 (4K classroom)
- **Fee or Scholarship:** \$25 per individual or couple pays for class and materials. Please request partial or full scholarship if \$25 is a hardship. \$10 gas reimbursement per family each week, if helpful.

Class is limited to 12 adults. Registrations are accepted with payment or scholarship request on a first-come, first-serve basis by Wednesday, September 3, 2014.

Parent Name(s):	
Parent Address:	
Phone with area code:	Do you text? Yes No
Email address:	
Ages of your children:	

Register by Wednesday, September 3rd to: UW-Extension Family Living

480 Underwood Avenue, PO Box 338 Montello, WI 53949

 $\label{thm:equations} \mbox{Email registrations, scholarship requests and questions:}$ 

susan.allen@ces.uwex.edu 608-297-3139 maryann.schilling@ces.uwex.edu 920-787-0416 UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA. To ensure equal access, please make requests for reasonable accommodations as soon as possible prior to the scheduled program. If you need material in another format or language, please contact UW-Extension office, 608-297-3141.

## More about Raising a Thinking Child

Children as young as 4 years of age can learn to think for themselves in ways most of us never thought possible.

The program helps shy children to become more assertive and impulsive children to cope with frustration when things don't go their way.

The skills children learn through this program can prevent and reduce early behaviors that predict later problems such as violence, abuse, and depression.

Parents can teach young children . . .

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- To explore alternative solutions and their consequences
- ⋄ To consider their own feelings and the feelings of others

This program is brought to you by:

**Quad-County Family Resource Center Network** 



Forest Lane Elementary School 4K Classroom, Montello School District

> "There is much less barking commands and much more helping my child think through a problem. Now when there is a conflict, instead of it turning into a power struggle, we both stop, think and resolve."