## COMMUNICATION PROJECT RECORD

Although you may have participated in only one unit specifically, learning in other areas is encouraged. Check all the activities you did, even if they are in units you did not take.

| It's | All   | In | The | Fa | mily |
|------|-------|----|-----|----|------|
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Scheduled family meetings

Set ground rules for your family meetings

Learned the five steps for dealing with conflict

Practiced the five steps for dealing with conflict

Played the "How well do you know each other" game

Read books aloud to your family

Listened to other family members as they read books aloud

Made a habit of saying "thank you" when a person does something you appreciate

Keep track of the negative things you said and try to change them to positive

Made a point of trying to help out others in the family with their chores

Remembered to compliment others for little things as well as big

Left little surprise notes to brighten someone's day

Created a bulletin board for a Compliment Corner

Had an Unbirthday party

## **Voices from The Past**

Visited you area's historical center

Watched movies that deal with life in earlier times

Interviewed an older person in your family or community

Put together a scrapbook that includes photos of the person you interviewed

Made a collage or photo exhibit that illustrates special customs, traditions, foods or other

| More things I have learned:              |  |
|--|--|
|  |  |
|  |  |
|  |  |
| My favorite thing about this project is: |  |
|  |  |
|  |  |
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You may enhance your record with a story, photos with captions, and/or newspaper clipping.