

Extension
UNIVERSITY OF WISCONSIN-MADISON
SHAWANO COUNTY

April-May 2022

April

- 4-H Resident & Day Camp registrations open
- 2 Super Saturday—Animal and Mechanical Sciences—Shawano Community High School, 8:30-noon
- 9 Cat Project Meeting, 9:00am at the Shawano County Humane Society
- Horse Project—Basics of Roping Clinic, refer to your packet for more information
- 11 Camp Counselor Training and Planning meeting, 6:30, Rm A/B, Courthouse basement
- 21 Livestock County Planning Committee meeting, Room A/B, 7:30pm, Shawano Courthouse basement
- 24 Dairy Judging practice 1pm, on the Tim and Brandon Smith Farm, W1982 Church Rd, Pulaski
- 24 Music and Communication Expo, 1pm, Wolf River Lutheran High School
- 4-H Leaders Meeting, 7:00 pm, In Person, Room A/B, Shawano Courthouse basement
- 30 Horse Project—Body Clipping & Show Clipping Clinic, refer to your packet for more information
- 30 Deadline for State Fair Dairy members—more information on page 10

May

- 3 Mandatory State Fair Dairy group meeting, 7pm, Rm A/B, Courthouse basement
- 7 Horse Project—Tack Clinic, refer to your packet for more information
- 14 Foods Revue, 9:00am—12:00pm; Richmond Town Hall
- 16 Tentative Camp Counselor Training and Planning meeting, 6:30, Rm A/B, Courthouse basement
- Dog Training begins at the Fairgrounds, 7:00pm (details inside)
- 19 Dog Training begins at Complete Canine, 6:00pm (details inside)
- 31 Resident 4-H Camp Registrations due for Early Bird Deadline

If you prefer to receive your newsletter differently than you received this issue, (mail or e-mail), please contact Tami at tami.goers@shawanocountywi.gov.

Flea Market 4-H Food Stand Updates

This committee will be meeting in early April to set the menu and open hours for scheduling. Those of you who have reserved a date be on the look out for that information to be released by mid-April. If you haven't signed up yet but still want to work it as a club or committee the open dates remaining are:

May 22, June 26, July 3, July 31, August 14 and August 28. To view the clubs scheduled and other food stand information, , click on: https://fyi.extension.wisc.edu/shawano4h/food-stand/

County Wide 4-H Events



Saturday, May 14, 2022

Registration deadline: Friday, May 6, 2022

Foods Judging— 9 a.m. - 12:00 p.m.

Richmond Town Hall, N510 County Road MM, Shawano WI

Face to face judging is an excellent experience to have! Everyone is encouraged to participate in the Foods Revue even if you are not enrolled in the project. Cloverbuds, there are options for you too! Register for the Foods Revue (including cakes) by going to: https://tinyurl.com/4-HFoodsRevue22 or calling the office at 715-526-6136.

Additional information about the Foods Revue will be sent to participants via e-mail on Tuesday, May 10th. Please call the office if you have questions or need additional clarification.

Shawano County 4-H Leader's Inc. Meeting: Monday, April 25th, 7 p.m.

Join the 4-H Leader's Inc. to learn about upcoming events, discuss support to specific efforts, and make decisions around fundraising and advocacy of the county program. Everyone is encouraged to attend.

WI 4-H Annual Leader Training: Monday, April 25th, 6 p.m.

Are you looking to fulfill the obligation listed on the charter of the "Annual Club/Leader Training" while having a ball chatting about Youth and Adult Partnership? Mark your calendar and plan to join us for an hour! Reminder: Each Shawano 4-H Community Club should have one adult and one youth attend. If you came to the Virtual Option in November or December, or attended the in-person option in January, your club is good to go. As usual, everyone is encouraged to join!

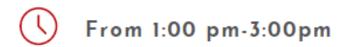






YOUTH FARM SAFETY







For children grades 4th -6th



This is a free event

Join us for a fun and educational afternoon on the farm learning how to stay safe!

18 TH

Matsche Farm Inc

W16550 County Rd N, Birnamwood WI 54414

RSVP to the Shawano County Extension Office at 715-526-6136 or kimberly.schmidt@wisc.edu. There is limited space.

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Residential and Day Camp Registration Open

MarOcoSha 4-H Camp for Youth in Grades 3 - 7: August 2-5, 2022

We are excited to be offering a four-day, three-night 4-H Camp for Marinette, Oconto and Shawano Counties to be held at Camp Bird near Crivitz, WI. Shawano County is bringing many of its traditional programming to this new location with some great tweaks and loads of excitement. We have a great staff of teens and adults this year that have already spent many hours in training and preparation for your child to arrive. This is a great chance to spend time outdoors, make new friends, and even learn a bit! Activities already in the schedule are swimming, Raccoon Circles (team building), campfires, hikes, lots of games, and canoeing or kayaking! Our camp food is awesome, just ask former campers. We also have a health supervisor and lifeguard on staff.

Campers will be transported by bus from one of several stops. The location of these stops will be determined where campers are registering from. We will contact you closer to camp to confirm which location your youth would like to board.

Register by the early bird deadline (May 31) and 4-H members only pay \$100, non-4-H members-\$110. June 1, if there is still room, the rates go up to \$110 for members and \$120 for non-members. If you are a Shawano County 4-H member and feel you may need assistance with this fee, please e-mail msuehring@wisc.edu.



Get started NOW:

https://tinyurl.com/4HMarOcoShaCamp

or call/stop in the office to register.

Mail in or drop off your payments: **Payable to:** "Shawano County" C/O Extension Shawano County

311 N Main St, Rm 109 Shawano, WI 54166



Shawano 4-H Day Camps for Youth in Kindergarten - Grade 5

We are excited to be offering three day/evening 4-H Camp for Shawano County youth to be held at several different locations throughout the county. This is a great chance to spend time outdoors, make new friends, and learn, while being guided by teenage camp counselors, and overseen by a trained adult staff.

You are responsible for the transportation to and from the location of the programs.

The cost for enrolled 4-H members is \$10 per experience, and \$15 for those not yet enrolled in 4-H. Head to: https://tinyurl.com/4-HDayCamp2022 or call/stop in the office to register.

Mail in or drop off your payments **payable to:** "Shawano County", C/O Extension Shawano County, 311 N Main St, Rm 109, Shawano, WI 54166.

Plan to join us for one, two, or all three of our programs:

- Saturday, June 25th from 9 a.m. 1 p.m. at Tigerton Community Park: "Back to Basics"
- Friday, July 15th from 5 p.m. 9 p.m. at Hayman Falls County Park, Pella: "Into the Outdoors!"
- Saturday, July 23rd from 9 a.m. 1 p.m. at the Shawano Historical Society, Shawano: "Century Celebration"

PROJECT UPDATES

Dog

Dog Project Members

Our dog project trainers are getting excited to start training in-person.

Susan Palmer— beginning MAY 16 at 7:00pm
Shawano County Fairgrounds (Beginning in June at 7:30, Sue will alternate weekly between showmanship or agility).

Terry Bruno—Beginning Thursday, MAY 19, 6pm at Complete Canine (offered Tues &/or Thurs)

It is recommended that you have had at least a year of obedience training to begin agility. But depending on interest, there MAY be room for you to observe if you are interested in learning more about this.

Also a reminder that in order to be eligible to show at the Shawano County Fair, you and your dog must participate in at least 75% of the obedience trainings. (Approximately 11 sessions throughout the summer)

You are also invited to the Rock County 4-H Fun Show on Sat, May 21, 8am-3pm. It will be held at the Craig Center on their fairgrounds, 1301 Craig Ave, Janesville. https://tinyurl.com/RCDogShow

Poultry and Rabbit

June 5: We are working the 4-H food stand at the flea market. Please look at your calendars and e-mail Shaina to sign up for a shift. E-mail is: shaina oakley@hotmail.com



Poultry Members:

- Be aware of the latest news regarding the Avian Flu by checking: https://datcp.wi.gov/Pages/Programs Services/ AvianInfluenza.aspx and be sure to follow good bio-security measures for the safefy of your own animals.
- If you are interested in participating in the Shawano County Fair, be aware that the Pullorum Blood Testing will be necessary in 2022. More information will be coming.

Rabbit/Poultry Dates for 2022	
May 21	Swap held at the Fairgrounds
June 5	Fundraiser—work 4-H Food Stand
July 16	Fun Show 9am at fairgrounds, tattooing offered from 7:00am—8:30 am
August 9	Pre-Fair meeting at 6:30pm, fair- grounds; Key Committee to follow
Aug 31-Sept5	Shawano County Fair

Horse

Horse Project Ed Events:

(contact the horse committee for more information, refer to the packet you received at the informational meeting)

April 10 - Basics of Roping Clinic

April 30 - Body Clipping & Show Grooming Clinic

May 7 - Tack Clinic

June 7 - Dressage Clinic w/Joan Leuck-Waak

June 11 - In-Hand Trail Clinic

June 11 - Riding Trail Clinic

Open Rides @ 5:00 - 7:00 pm - Shawano Fairgrounds	
May 22	June 6
May 29	June 26

PROJECT UPDATES

Webpage for Livestock Members

https://fyi.extension.wisc.edu/shawano4h/animal-sciences/livestock-project-information/

All the latest information will be found here.

Reminder

... we have our very own Facebook Livestock group: Check out our group on Facebook, "Shawano County 4-H Livestock Committee" which you can join. This will be another location where you can not only find the latest information but feel free to ask questions.

All-Star Shoot

Your Shawano County All-Star Shoot will be held on May 6th and 7th at the Crawford Center on the fairgrounds.

Set up will be on Thursday May 5th beginning at 5:00 PM. We ask all members to participate and parents to attend and become part of this outstanding event.

Please register at: <a href="https://4h.extension.wisc.edu/opportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/projects/shooting-sports/shooting-sports/competitive-popportunities/projects/shooting-sports/competitive-popportunities/shoot

shoots/



DAIRY

Dairy Judging practice - April 24th, 1pm, on the Tim and Brandon Smith Farm, W1982 Church Rd, Pulaski. Questions? Call Jay Jauquet at 920-639-6408









All club fundraisers must be pre-approved by the Positive Youth Development Educator. Contracts must go through the process to be signed by UW-Madison. Please e-mail Megan if you're planning something: msuehring@wisc.edu.

The Livestock Scholarship Committee has the up to date scholarship form listed on the website at: https://fyi.extension.wisc.edu/shawano4h/files/2021/05/2021-Shawano-County-Scholarship.pdf.

The scholarship deadline is May 31, 2022. Sheep, beef, and swine exhibitors in grades 11-13 should apply for the scholarship. A maximum of five scholarships are awarded; past recipients have received amounts between \$500-\$5000.

Belonging Together Recognize, understand, respect, and appreciate each other;



Come learn how to make Cake pops start to finish, while also learning the proper way to temper chocolate in the microwave! This session will be held on April 7 at 7 PM via Zoom. Youth in Grades 5-9 can register today via 4HOnline. Not a 4-H member? Register with this link: https://go.wisc.edu/h92980

June Dairy Month

June Dairy Month Display Contest sponsored by Shawano County Dairy Promotions, Inc.

4-H, FFA, individual families or nonprofit youth group will have the option to have a lawn display and/or a video clip of 2-5 minutes. The lawn display and/or video message should reflect a **positive educational message and promotion** of the dairy industry.

Video Clip:

To qualify for a \$20 reimbursement for participation in the video clip contest, each 4-H/FFA or nonprofit youth group must provide the below no later than **June 1st** to Heidi Pettis, Media Coordinator at Heidi.a.zahn@gmail.com



Video clip of 2-5 minutes in length uploaded to YouTube.

- 1. Email YouTube video link to Shawano County Dairy Promotion Inc. Media coordinator- Heidi Pettis
- 2. A copy of the completed Model Release form (scan, mail or electronic photo). https://fyi.extension.wisc.edu/shawano4h/current-registrations/

Lawn display:

- 1. Promotional displays must be in place by June 1st and remain in place until June 30th.
- 2. Display must be highly visible from a public road and located in Shawano County. (Please be careful to not place the lawn display in "legal" road right of way).
- 3. Permission must be obtained from the titled landowner/business to place the display on their property.

To qualify for a \$20 reimbursement for participation in the lawn display contest, each 4-H, FFA, individual families or nonprofit youth group must provide the following by **June 1st** to Mary Lou Kugel, kugmlou5@gmail.com:

- 1. One to four digital photos of the display. If you opt to mail in hard copy, please send to Mary Lou Kugel W5924 Porter Rd, Shawano, WI 54166
- 2. A copy of the thank you that was sent to the titled landowner/business, if using a family lawn this requirement is exempt.
- 3. A copy of the completed Model Release form. If there are no youth in the photo(s) being submitted, only a General Leader or Co-Leader need to complete the model release and provide a signature. (scan, mail or electronic photo page 1, page 2 if applicable) https://fyi.extension.wisc.edu/shawano4h/current-registrations/

Judging in each category will be based on a combination of "likes" and "shares" on the **Shawano County DAIRY Promotion Facebook page** from the time of posting by the event coordinators until midnight on June 30th along with the results from a panel of judges. 1st thru 3rd place cash prizes (\$50, \$40, \$30) in each category of lawn display and video clip will be named at the Annual 4-H

Experience. Any group not meeting **all of the criteria** listed for each category will forfeit the right to receive the \$20 participation funds and consideration of award placings.

^{*}Upon receipt of your submission the event coordinator will send an email confirming receipt.

Helpful Reminders for ALL

Three Parts of a 4-H Meeting

When planning 4-H club or group meetings, it's important to include the three parts of a meeting. Those three parts are most commonly known as Business, Education and Recreation. Sometimes it's challenging to think about meetings using those terms — so we'd like to introduce you to a different perspective — Leading (Business), Learning (Education) and Laughing (Recreation)!

Leading (Business, 15-20 minutes): This is the official club decision making part of the meeting, when you, as a club, decide what you're going to do as a club. This part of the meeting is led by the youth leaders (sometimes officers, but this is where YOUTH VOICE is important!)

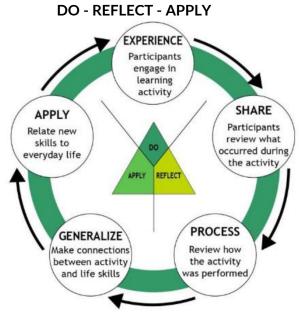
Learning (Education, 20-30 minutes): 4-H is all about

education. During this part of the meeting, you, as a club, learn something. This could be a guest speaker, a member demonstration, community service, or a project. Don't forget to use your youth members as teachers!

Laughing (Recreation, 15-20 minutes): If we are not having fun in 4-H, we are missing a huge opportunity! A name game, team builder, service project or activity is a great way to build relationships, get to know members and families, and make club memories. And don't forget the snack time – food brings people together! You may even have a youth member who is willing to lead these activities!

The Experiential Learning Model

The Experiential Learning Model is one of the most important building blocks of 4-H and positive youth development. The best way to engage youth in learning is to create experiential learning opportunities,

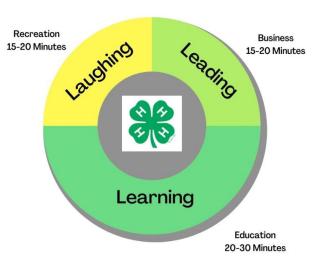


allowing youth to explore and discover rather than listen to lectures or read information. In fact, the science behind how we learn supports this theory. We are more likely to remember things that we do or teach other people rather than information that we read or hear.

The model is five simple steps that guide youth through a process of hands-on activities, critical thinking, and learning.

- 1. Experience: Participants engage in learning activity
- 2. Share: Participants review what occurred during the activity
- 3. Process: Review how the activity was performed
- 4. Generalize: Make connections between activity and life skills
- 5. **Apply**: Relate new skills to everyday life

THREE PARTS OF A MEETING



May is Mental Health Awareness Month





MENTAL HEALTH FIRST AID

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average,

130

people die by suicide every day.

Source-American Foundation for Suicide Prevention From 1999 to 2019,

841,000

people died from drug overdoses.

Source Centers for Disease Control and Prevention Nearly

1 IN 5

in the U.S. lives with a mental illness.

Source National Institute of Mental Health Trainings are offered through the Wisconsin Rural Opioid and Stimulant Engagement (WiROSE), funded by SAMHSA to address opioid and stimulant prevention, intervention, and recovery. WiROSE is a project of the Extension Health and Well-being Institute.

WHAT IT COVERS -

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- · How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

Join us on Wednesday, May 11th from 9 a.m. - 3 p.m. via Zoom Online

Register by going to: bit.ly/AMHFA2022

Learning experience will be Blended Learners complete a 2-hour, self-paced online course, and then participate in an interactive Instructor Led course via Zoom platform online on Wednesday, May 11th.

Learn how to respond with the Mental Health First Aid Action Plan (ALGEE):

- A ssess for risk of suicide or harm.
- isten nonjudgmentally.
- ive reassurance and information.
- ncourage appropriate professional help.
- ncourage self-help and other support strategies.

American Foundation for Suicide Prevention. (n.d.). Suicide statistics. https://afsp.org/suicide-statistics/

Centers for Disease Control and Prevention. (n.d.) Drug overdose deaths. https://www.cdc.gov/drugoverdose/deaths/index.html



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For questions, please contact facilitators Megan Suehring, msuehring@wisc.edu, Mandi Dornfeld, mdornfeld@wisc.eud or Jackie Carattini, jcarattini@wisc.edu.

Partners of 4-H

Shawano County Brunch on the Farm Sunday, June 26th

Plans are well underway for this year's Brunch on the Farm, sponsored by Shawano County Farm Bureau. This year's hosts are David & Connie Viergutz and Jacob of Triple D Dairy, LLC, N12098 County Road D, Clintonville, WI.

Like "Shawano County Farm Bureau" on Facebook and visit often for more information.

We are in need of help: If you would like to help with the kid's games, help on the serving lines, take a turn at washing dishes, we have a job for you! Please contact Tami by email at tami.goers@shawanocountywi.gov or call 715-526-6136.



Wisconsin State Fair: Attention Dairy members:

If you are interested in participating with your dairy animal at the state fair as part of the Shawano County exhibit group, you need to e-mail or text Lindsay Ard of your intent.

ard54107@yahoo.com or Text 715-853-9012

Deadline: April 30

There will be a mandatory meeting will be on **May 3rd** at the Courthouse - participants and at least 1 parent are required.

Courthouse - Room 109 311 N Main Street Shawano, WI 54166 Phone 715-526-6136 FAX 715-526-4875 711 (Wisconsin Relay)

https://fyi.extension.wisc.edu/shawano4h/





Megan Suehring, 4-H Positive Youth Development Extension Educator megan.suehring@wisc.edu

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Tami Goers, 4-H Office Assistant tami.goers@shawanocountywi.gov

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