

THE CLOVER LINE

September - October 2024

September	
2024 - 2025 4-H Reenrollment Year OPEN!	
23	Shawano County 4-H Leaders, Inc Meeting, 7:00pm, Courthouse Rooms A & B
26	Livestock Committee Meeting, 7:30pm, Courthouse Rooms A & B
30	4-H Youth Leader Games n S'more Night at the Shawano County Park, 6 - 8 p.m.
October	
6-12	National 4-H Week
7	Lawn Display Pictures are due to the Extension Office
11	Shawano 4-H is on WTCH's Breakfast Club
13	4-H Fall Fun Day at Doc's Harley Davidson
18	Shawano County 4-H at Trunk-or-Treat, 5pm-8pm, Shawano County Fairgrounds
24	Livestock Committee Meeting, 7:30pm, Courthouse Rooms A & B
31	Early Enrollment Deadline!

**YOUTH AND ADULT
VOLUNTEERS:
PLEASE RE-ENROLL
TODAY**

Enroll by October 31st to stay in the loop about important communication regarding future 4-H programs and activities. Check out more information in the reenrollment guide, located at:

<https://fyi.extension.wisc.edu/shawano4h/2024/09/13/2024-2025-shawano-county-4-h-enrollment-guide/>



SHAWANO COUNTY COURTHOUSE HAS RESUMED REGULAR OFFICE
HOURS: MONDAY - FRIDAY 8:00AM - 4:30PM

Are you wanting to share an event, a spotlight, or a meeting in the weekly 4-H Minute? Please submit your news using this link: <https://tinyurl.com/4HMinuteShareTheNews>.



As a reminder, the 4-H Minute comes out every Tuesday to your e-mail inbox with the most up to date 4-H events, news, and registrations.



4-H FALL FUN DAY

Annual Achievement Program

SUNDAY, OCTOBER 13

4:00 p.m. Registration & Projects

5:00 p.m. Food & Program

-Bake Off - Bike Build -

-Raffle Baskets- Prizes -

Location: Doc's Harley Davidson

**DONATION DRIVE:
LOCAL NURSING HOMES**

Nursing Home

Wish List*

2024 Theme:

FUN THROUGH THE AGES!

Register by Oct. 7th at:

<https://tinyurl.com/4HFunFest101324>

or call the office at 715-526-6136.

Cost is \$5 per person.

An EEO Affirmative Action employer, the University of Wisconsin - Extension provides equal opportunities in employment and programming including Title IX and ADA requirements.



COSTUME COMPETITION: DRESS LIKE YOUR FAVORITE DECADE!





4-H FALL FUN DAY

DONATION DRIVE: LOCAL NURSING HOMES

Nursing Home Wish List

- Board games
- Puzzles
- Crossword & Sudoku books
- Writing supplies: pens, pencils, highlighters, pencil sharpeners
- Large print reading items: books, magazines, Bibles
- Greeting card stationary set: envelopes, cards, address keeper, postage stamps
- Homemade cards
- Keep warm items: throws, shawls, robes, cardigans, scarves & blankets
- Fleece lap tie-blankets (for nursing home residents who utilize a wheelchair)
- Manicure & pedicure supplies: nail polish, foot soaks, nail files, nail clippers, etc.
- Craft and hobby supplies
- Painting supplies: paint, paintbrushes, canvases, paint by color books, ceramic/3-D paintable items
- Coloring supplies: adult coloring books, markers, colored pencils
- Scrapbooking supplies: scrapbook kit, scissors, stickers, tape rollers, scrapbook paper, paper punches
- Non-slip and/or diabetic socks
- Make your own greeting card set: blank greeting cards, stamps, ink, stickers
- Crochet & Knitting supplies: crochet needles, knitting needles, yarn, circle looms
- Cross-stitch or other needle-point kits
- Hair items: hairbrushes, combs, barrettes, clips, etc.
- Tooth & denture supplies: soft-bristled toothbrushes, toothpaste, denture wash
- Stuffed animals - must be new/unused
- Towels in fun prints or patterns: bath & hand towels
- Journaling supplies: fun-colored pens, notebooks, journals, reflection devotionals
- Bladder protection undergarments
- Hygiene products: lotions, shampoo, bodywash, chapstick, light perfumes/colognes
- Facial tissues: boxes and individual packs
- Fanny packs, crossbody bags or wheelchair/walker bags
- Birthday & Christmas gift supplies: gift bags, tissue paper, wrapping paper, tape, birthday cards, gift tags

NATIONAL 4-H WEEK LAWN DISPLAY CONTEST

CASH PRIZES

Club Entry-

1st - \$25

2nd - \$15

3rd - \$10

Family Entry

1st - \$15

2nd - \$10

3rd - \$5

Displays Should:

- Be appealing, showing 4-H enthusiasm and creativity
- Must include: "Contact the Extension Office, Shawano 4-H at 715-526-6136 for more info."
- Be located outside for public to see (via front yards, club corners, etc.) for the entire week (10/6/24-10/13/24).

Judging Details:

- A color photo of the display must be e-mailed to tgoers@wisc.edu by October 7th. Please list whether it is a club entry or a family entry.
- One display per family and/or club is allowed. (A family may create their own, and still assist with the club entry.)
- Entries are judged on appeal, neatness, originality and conveying a clear message about 4-H.

Shawano County 4-H Leaders, Inc. Executive Board serves as the judging entity for this competition.

Extension receives federal funding from USDA's National Institute of Food and Agriculture (NIFA) and other sources. As a result, Extension is accountable for compliance with specific federal nondiscrimination laws and policies. These laws and policies prohibit discrimination in Extension programs and activities on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

This letter serves as a notification and periodic reminder that the UW-Madison Division of Extension does not discriminate in the treatment of individuals in admission or access to its programs and activities, in the provision of services, or in employment. In accordance with federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, Extension is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Therefore, as an institution receiving federal financial assistance through the USDA, Extension cannot partner with any organization that intentionally discriminates on the basis of any of the legally prohibited categories of discrimination outlined above.

A partner organization is defined as a group of people that Extension works with or anticipates working with that:

- Participates in the planning, development and/or delivery of an educational program or service;
- Provides access to a specific audience;
- Provides a facility or physical space at which an Extension program or activity is held; or
- Sponsors or provides any sort of financial or in-kind support for an Extension program or activity.

The University of Madison-Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.

For communicative accommodations in languages other than English, please contact

languageaccess@wisc.edu For communicative accommodations based on a disability, please contact oedi@wisc.edu

NATIONAL 4-H WEEK

October 6th	Spotlight Sunday	<ul style="list-style-type: none">• Showcase how you love 4-H• Shout out to someone who you look up to or enjoy spending time with in 4-H
October 7th	Member Monday	<ul style="list-style-type: none">• Lawn Display pictures due• Try out a profile frame on social media to share your 4-H passion.• Talk to one person about becoming more involved or joining 4-H
October 8th	Try It Tuesday	<ul style="list-style-type: none">• Wear a 4-H T-shirt for T-shirt Tuesday!• Try a new 4-H SPARK or project.• Share a picture of how you stay healthy for better living.
October 9th	Wear It Wednesday	<ul style="list-style-type: none">• How green are you? Wear GREEN today.
October 10th	Thankful Thursday	<ul style="list-style-type: none">• Give a thank you or appreciation to someone who has supported your 4-H journey (as a youth or adult)• Share a picture of a 4-H experience you are glad you've had.
October 11th	Flashback Friday	<ul style="list-style-type: none">• WTCH Radio Breakfast Club Broadcast• Post a picture of 4-H from the past - tag your friends!
October 12th	Service Saturday	<ul style="list-style-type: none">• Think about how YOU are making a difference in your community. Share your call to action with friends and family.
October 13th	Celebration Sunday	<ul style="list-style-type: none">• Join us for lunch and fun while celebrating the successes of 2023-2024 at Doc's Hog Barn (Bonduel). Pre-registration required (see previous pages.)

SHAWANO COUNTY FAIR

DON'T LITTER

DONATE LITTER

BRING YOUR UNUSED AND UNOPENED DONATIONS OF CAT LITTER TO THE SHAWANO COUNTY EXTENSION OFFICE THROUGH OCTOBER 1ST.

DONATIONS WILL GO TO THE JOY'S PLACE ANIMAL RESCUE GRESHAM, WISCONSIN

ROCK THE FAIR

IGNITE YOUR SPARK FOR NATIONAL 4-H WEEK

Join the Wisconsin 4-H Leadership Council for a statewide service project

We invite your 4-H club to give back to your community. Start thinking about ways your club can volunteer.

Sign up for Service Projects:



<https://go.wisc.edu/n8v617>



Stay tuned for more National 4-H Week activities



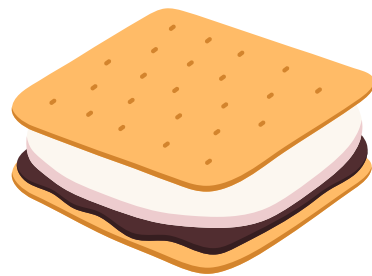
SHAWANO COUNTY YOUTH LEADERS



Games, Prizes, Fire and Friends

What more could we want in a Monday night?

Join the Shawano County 4-H as we welcome all Youth Leaders to our Fun Night on Monday, September 30th!



Play games, try 4-H trivia, eat snacks, and enjoy a campfire (weather permitting.) We will also be planning future outings with the group, so grab your calendar/phone as well.

**Open to ALL 4-H youth in Grade 6 - 13.
Bring a 4-H friend!**

**Monday, September 30th
6:00 p.m. - 8:00 p.m.**

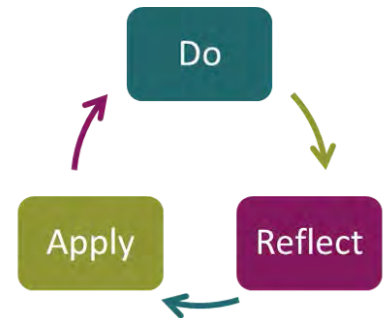
Please register by noon on Sunday, September 29th by e-mailing msuehring@wisc.edu or calling the office at 715-526-6136.

Keep your eyes open for more opportunities, dropping soon! 4-H Youth Leaders have big plans that include hands-on community service, recreational opportunities like roller skating and kayaking, social events for youth in grades 6 - 13, and learning more about leadership. We hope you'll join us!

RECORD BOOKS

It is highly recommended that each 4-H member take the time to reflect on their learning in the projects they chose this year.

Our Experiential Learning Model is: Do. Reflect. Apply.
We want youth to take the time to think about what skills they gained, as well as what goals they would like to set for the year to come.



In 2024, you will have 3 options to choose from:

- **Traditional Record Book:** You may choose to do the record book as you have in years past, requiring the “Record Book Cover Page”, “Picture Page & Project History” sheet, “Activity Record” and “Project Plan and Evaluation” Form for each project youth were enrolled in, as well as suggested project-specific pages listed per the links. You may use the sheets from last year or this year. If you want to compete for a record book award, consider this method.
- **Basic Book:** Complete the “Record Book Cover Page”, “Picture Page & Project History” sheet, “Activity Record” and a “Project Plan and Evaluation” Form for each project youth were enrolled in. Youth do not need to add specific project sheets unless they want to.
- **Resume & Debrief:** Youth may choose to submit a 4-H resume and sign up for a short debriefing session (ten to fifteen minutes) with 4-H educator Megan (over the phone, in person, or through zoom). Read more about the Life Skills Wheel here: <https://ucanr.edu/sites/AC4H/files/241209.pdf> and here: <https://currituck.ces.ncsu.edu/2019/01/life-skills-and-developmental-competencies-what-are-they-and-why-are-they-important/>.

Please find additional support materials at:

<https://fyi.extension.wisc.edu/shawano4h/project-areas/>. If you need help, please contact a local club leader, or contact the office.

There will be awards distributed during the 4-H Fun Fall Day of October 13th.



ONE OF THE SKILLS THAT 4-H TEACHES 4-H MEMBERS IS THE ART OF SETTING GOALS AND RECORD KEEPING. BY COMPLETING THIS BOOK, MEMBERS WILL GAIN SKILLS SUCH AS WRITING GOALS, DOCUMENTING A PLAN AND RECORDING ACCOMPLISHMENTS.

4-H HAPPENINGS

4-H LEADERS, INC.

All 4-H Volunteer Leaders and older youth are invited.

Be a part of the direction of 2025 Shawano County 4-H. Review the food stand operations. Put new ideas into motion.

We want to hear your input and suggestions to help make our program even more successful.

Please join us on Monday, September 23rd at 7:00pm in rooms A & B of the Courthouse.

FALL FORUM 2024

SAVE THE DATE



November 2-3

Sparking New Connections!

FUN

NEW IDEAS

NETWORKING

LEARNING

Open to youth (7th grade and up), and adult volunteers

Stevens Point

Get ready to Spark New Connections at this year's 4-H Fall Forum, November 2-3 in Stevens Point!

Open to youth in grades 7 & up and adult volunteers; we hope you'll consider joining to learn new ideas for your club, spark some new project ideas, and meet other members from around the state!

Registration is open September in 4-H Online.

For more information on Fall Forum, visit the 4-H Fall Forum website:

<https://4h.extension.wisc.edu/.../statewide.../fall-forum/>

Visit us at the 4-H foodstand!

2024 TRUNK OR TREAT

OCTOBER 18 - Shawano County Fairgrounds
- Music by Badger State DJs
- Tricks and alot of Treats
5:00 - 8:00pm - FREE EVENT

Presented By:

- Shawano County FAIR
- BADGER STATE DJs
- EDS Restoration LLC
Emergency Disaster Services
Restoring Homes & Businesses
SERVING THE WORLD SINCE 1978
715-853-8165
- SHAWANO SPEEDWAY

and downtown!

SATURDAY, OCTOBER 5
SHAWANO DOWNTOWN MAIN STREET · 10AM-3PM

OCTOBERFEST

SPONSORED BY: TOTAL FITNESS SHEET LIFE EATERY

4-H EDUCATIONAL EXPERIENCES

Upham Woods
Oct. 5-6

REMINDER!
*Grades 6-8

**SIGN UP FOR
4-H ARTS CAMP**

Registration
due: Sept. 16

The graphic features the 4-H logo and UW-Madison Extension logo. It includes two photos: one of children working at a table with art supplies, and another of children in a wooded area. The text is set against a green and white background with decorative arrows and a location pin icon.

Registration is open to youth in grades 6-8 who are interested in exploring and learning about art or simply want to try something new! Youth will have the opportunity to experiment in different types of art such as, theater, music, visual arts, dance, and more.

If you are interested, visit our website to see information about registration and scholarship opportunities:
<https://4h.extension.wisc.edu/.../statewide.../arts-camp>

Wisconsin 4-H is excited to announce details for the 2025 Advanced Space Academy! Advanced Space Academy will take place from February 15-22, 2025, and youth will travel to Huntsville, AL via coach bus and get the opportunity to train like an astronaut, learn team building skills at the Space Camp Challenge Course, participate in SCUBA diving at the underwater astronaut trainer, and learn a ton more about Space and STEM! You can see additional program details on Space Camp's website. Registration is open to youth in grades 10-12 for the 24-25 4-H year, and the cost is \$2,700/per person. Registration will be open in 4HOnline from September 4-30, 2024. We hope to see you when we blast off in February!

ADVANCED SPACE ACADEMY!
U.S. SPACE & ROCKET CENTER
2025!

GRADES:
10-12

REGISTER:
SEPT. 4-30

TRAVEL DATES: FEB. 15-22

A MINIMUM OF 36 YOUTH
ARE REQUIRED FOR THE
EXPERIENCE

The poster features a central image of an astronaut standing on the moon. It includes the 4-H logo and UW-Madison Extension logo at the bottom left.

The Shawano 4-H Leader's Inc. has several scholarships available. Please contact Megan when you register for Educational Experiences for next steps. Please e-mail msuehring@wisc.edu.

Youth-In-Action Books

Youth-In-Action is young people contributing to the world around them and developing a life-long commitment to active citizenship. Community involvement is essential to 4-H. Youth-In-Action Record Books allow clubs to showcase their community involvement, discuss the benefits of those action, and then evaluate those activities in a scrapbook of sorts. Youth-In-Action Plan Books are not required by Shawano 4-H, but are highly recommended.

Clubs completing a Youth-In-Action Plan Book may receive a monetary awards for their effort!

Club Youth-In-Action Books due to the Extension Office by October 7th!

Camp MarOcoSha 2024

We would like to thank everyone that helped make 2024 Camp MarOcoSha a wonderful week:

- ~Campers
 - ~Counselors
 - ~4-H Adult Volunteers
 - ~Camp Bird & Caretakers Phil & Joan
 - ~Lifeguards, Cooks, Medics, and Craft Specialists
- We're excited for what's in store for 2025!
Official dates coming soon.



4-H EDUCATIONAL EXPERIENCES

2024-2025 Wisconsin 4-H State & National Educational Experiences

What?	When?	Where?	Who?	How much?	How to register:	Adult volunteers:
Arts Camp go.wisc.edu/ArtCamp	October 5-6, 2024	Upham Woods, Baraboo, WI	Grades 6-8	\$120	Registration via 4Honline open until Sept 16. Capacity is limited.	1 adult / 10 youth + track leads & advisory support
Fall Forum go.wisc.edu/4Hfallforum	November 2-3, 2024	Stevens Point, WI	Grades 7-12 & 4-H Volunteers	\$65 (day only) - \$185 (2 nights)	Registration via 4Honline open now until September 30.	Youth must identify a chaperone or will be assigned to one. All 4-H volunteers welcome to attend.
National 4-H Congress go.wisc.edu/4HCongress	November 29-December 3, 2024	Atlanta, GA	Grades 10-12; maximum age 18 on January 1 of program year.	\$1500.00 (approximate)	The application process will open in July. Full payment due to the State 4-H office in October.	1 adult / 10 youth + 2 adult advisors selected to support a two-year term
Advanced Space Academy go.wisc.edu/AdvancedSpace	February 15-22, 2025	Huntsville, AL	Grades 10-12	\$2700.00	Registration via 4Honline. opens early September. 36 youth participant minimum.	1 adult / 10 youth + staff leads
ArtsBEAT! go.wisc.edu/ArtBeat	March 14-16, 2025	Upham Woods, Baraboo, WI	Grades 3-5	\$120.00 (approximate)	Registration via 4Honline. opens early December. Capacity is limited.	1 adult / 10 youth + track leads & advisory support
National 4-H Conference go.wisc.edu/NationalConf	April 11-16, 2025	Washington, DC	Grades 10-12	\$2000.00 (approximate)	Applications available in Nov. Space is limited to 4 or 5 youth, selected through the application process (National limit)	2 adult advisors selected to support a two-year term
Space Camp go.wisc.edu/SpaceCamp	May 1-5, 2025	Huntsville, AL	Grades 6-8	\$1300.00 (approximate)	Registration via 4Honline. opens early November. Capacity is limited. Full payment due to the State 4-H office in March.	1 adult / 10 youth + 2 adult advisors selected to support a two-year term
Summer Academy go.wisc.edu/4Hsummeracademy	June 16-19, 2025	Madison, WI	Grades 8-11	\$600.00 + bussing (if needed) (approximate)	Registration via 4Honline opens in March. Capacity is limited.	1 adult / 10 youth + track leads & advisory support
Citizenship Washington Focus (CWF) go.wisc.edu/CWF	June or July, 2025 (exact dates tbd; typically a Sat. to Sat.)	Washington, DC	Grades 10-12 (at time of registration)	\$2500.00 (approximate)	Registration via 4Honline opens in January. Capacity is limited.	1 adult / 10 youth + 2 adult advisors selected to support a two-year term
American Spirit East go.wisc.edu/AmericanSpirit	1 week in June or July 2025, TBD	East Coast	Grades 8-10 (at time of registration)	\$2200.00 (approximate)	Registration via 4Honline opens early November. Full payment due in January.	1 adult / 10 youth + Staff Lead

*Dates are subject to change. All experiences may have participation limitations and/or may require an application process to be considered. UW-Madison Extension staff who are interested in supporting in an advisor role should contact justin.leck@wisc.edu

To apply for an adult volunteer position:



Last updated 9/13/24

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The Shawano 4-H Leader's Inc. has several scholarships available. Please contact Megan when you register for Educational Experiences for next steps. Please e-mail msuehring@wisc.edu.

SAVE THE DATE: MAROCOSHA 4-H CAMP IS PLANNED FOR JUNE 24 - 27, 2025.



2024 Shawano County Fair



We had a wonderful week of seeing what the youth in Shawano County learned about this past year. Youth - GREAT JOB on your exhibits, animals, and cakes. The demonstrations of skills by youth with animals was incredible.

We are also thankful for the MANY volunteers who spent time setting up, cleaning up, clerking, hanging up, arranging, watching the buildings, working the 4-H Food Stand, and supporting the youth in the millions of other ways. THANK YOU TO ALL OF YOU FOR YOUR HELP AND SUPPORT.

JUNIOR FAIR EXHIBITORS

If you did not pick up your premium at the Shawano County Fair, the check will be sent to you. Please cash this check by November 1st. Thank you



JUNIOR FAIR MARKET RABBIT & POULTRY EXHIBITORS

Processed animals need to be dropped off at their buyers with the buyer thank you letters no later than October 1, 2024. Be sure to have your buyer sign their delivery acknowledgment form. Then bring a copy of the delivery acknowledgement form and your thank you to the 4-H office to pick up your market rabbit & poultry check.

2024 Herdsmanship Results

Small

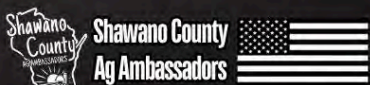
1. Bonduel FFA
2. Bonduel 4-H
3. Country Korner 4-H

Medium

1. Bowler 4-H
2. Tri-County 4-H
3. County Line 4-H

Large

1. Angelica 4-H
2. Tiger Tribe 4-H
3. Belle Plaine 4-H



Congratulations to 4-H Member Amelia Sikorski who was named the Shawano County Farm Bureau's 2024 Herdsman of the Year!



2024 Herdsman OF THE Year

4-H Clubs Invited to Create New Cedar Crest Ice Cream Flavor: Entries Now Being Accepted

Cedar Crest Ice Cream, headquartered in Cedarburg, Wisconsin, and the Wisconsin 4-H Foundation have teamed up again to present the “Cedar Crest Ice Cream 4-H Flavor Creation Contest” for Wisconsin 4-H clubs. All Wisconsin 4-H clubs are eligible to submit their idea for a new ice cream flavor, along with a flavor description and interesting flavor name. Entries are accepted September 1, 2024, through November 15, 2024.



Five finalists are selected by a panel of Cedar Crest Ice Cream flavor experts from all entries received. One flavor is awarded top honors and a \$500 gift. The winning flavor makes its debut in parlors in the summer of 2025. All five finalists receive an ice cream party for their 4-H club.

“Cedar Crest Ice Cream is known for its variety of flavors,” says Robert Kohlwey, Vice President of Sales for Cedar Crest Ice Cream. “It is a real joy to see the imaginative flavor ideas submitted by our creative 4-Hers across the state.”

According to Brenda Scheider, Executive Director of the Wisconsin 4-H Foundation, the contest is a great opportunity for 4-H youth to work together to develop and name their flavor. “The most exciting part of the contest is the winning flavor will be available in parlors that scoop Cedar Crest Ice Cream next July.”

The contest has been an annual tradition for over ten years. Recent winning flavors of the annual contest include Haystack, created by the Knellsville 4-H Club of Ozaukee County, and Wisconsin Campfire S’mores, created by the Springbrook 4-H Club of New Richmond. The winning flavor for 2024 was Paul Bunyan, created by the Pesobic Pathfinders 4-H Club of Lincoln County.

More information and the entry form are available at www.cedarcresticecream.com/4H-Flavor-Contest. Entries are due by November 15, 2024.

Cedar Crest produces more than 80 flavors of ice cream, along with frozen custard, sherbet, and sorbet at its Manitowoc, Wisconsin, plant, and distributes products in parlors and retail locations in Wisconsin and beyond. Several of the flavors now in regular production, including Wisconsin Campfire S’mores and Big Muddy, are a result of the contest.

Based in Madison, WI, the Wisconsin 4-H Foundation provides essential funding for 4-H programs throughout Wisconsin. By partnering with individuals, corporations and foundations, the Wisconsin 4-H Foundation supports more than 150,000 youth who take part in various 4-H leadership, development and community-building activities throughout the state. Learn more about the Wisconsin 4-H Foundation at www.Wis4HFoundation.org.

LOCAL OPPORTUNITIES FROM OUR PARTNERS

CPR & AED TRAINING



THIS TRAINING IS A DEPARTMENT-APPROVED COURSE THAT FULFILLS THE REQUIREMENT MANDATED IN STATE OF WISCONSIN LICENSING RULES & REGULATIONS 250, 251, AND 252. 4 HOURS OF CONTINUING EDUCATION. TRAIN AT OUR LOCATION OR YOURS!



TRAIN AT OUR LOCATION (COST \$30):

Wed., October 9th	6:00 PM
Thurs., October 24th	6:00 PM
Thurs., November 14th	6:00 PM
Wed., December 11th	6:00 PM

[CLICK HERE TO REGISTER OR SCAN QR CODE!](#)
(PAY UPON REGISTRATION)



FAMILY & CHILDCARE RESOURCES
201 W. WALNUT ST., GREEN BAY
WWW.FCRNEW.ORG
920-391-5811

TRAIN AT YOUR LOCATION (COST \$40):

[CONTACT](#) Bob@fcmew.org

BOHEMIAN FEST

FUN FOR THE FAMILY
OCTOBER 12, 2024

FOOD: 11 A.M.–1 P.M.
PARADE: 12 P.M.
RAFFLE BASKET
DRAWING: 1 P.M.

At Lunds Corner
Organized by Waukechon
Wildcats 4-H Club

Parade Participants
Needed: Tractors,
ATVs, Businesses,
Friends & Family



Great Lakes ROTARC

Rural opioid Technical Assistance Center
funded by Substance Abuse and Mental Health Services Administration

Hosted by University of Wisconsin-Madison, Division of Extension

Mental Health Stigma in Rural Communities

Tuesday, October 8, 2024
12:00 – 1:00 PM CST / 1:00 – 2:00 PM EST



Zoom registration: <https://go.wisc.edu/9h1834>

Dairy farmer and Rural Minds Founder and Chairman Jeff Winton will highlight the unique challenges around mental health for those living in rural America. He will address how the stigma surrounding mental health affects rural communities and provide strategies to help address the stigma. Growing up on his family's dairy farm, he discovered that many of the families in his small, 500-person town had a relative or friend living with some form of untreated mental illness—depression, bipolar disorder, anxiety, schizophrenia. But their struggle was met with silence. There were few or no resources in the community for treating them or conversations about helping them. The stigma attached to mental illness was palpable. In response to the suicide of Jeff's nephew in 2012, he founded Rural Minds, a nonprofit organization to serve as the informed voice for mental health in rural America, and to provide mental health information and resources.



Presenter: Jeff Winton

Jeff Winton is founder and chairman of Rural Minds™, the only national 501(c)(3) nonprofit organization focused solely on providing the 46 million people in rural America with free information and resources to confront rural mental health challenges and the stigma that surrounds mental illness.

Jeff devotes a significant portion of his time and energy to sharing his personal lived experience to fight the stigma, suffering and silence that surrounds mental illness. His presentations often serve as a catalyst to help fellow rural Americans share their own personal stories about similar journeys, thereby expanding the conversation and breaking down the stigma. In addition to being the founder and chairman of Rural Minds, Jeff is the founder and owner of Wall Street Dairy LLC, a working family dairy farm in Chautauqua County, New York, and a member of a multigenerational farm family.

For more information, contact:
Amanda Coorough,
amanda.coorough@wisc.edu

Continuing Education:
Certificates of attendance for CE contact hours will be available after the event.



Great Lakes Rural Opioid Technical Assistance Program (GROATAP) is funded by SAMHSA to serve rural areas through technical assistance, education, and outreach. This University of Wisconsin-Madison Extension (UW-EXT) is in partnership with the University of Illinois, University of Minnesota, Purdue University, Michigan State University Extension, University of Missouri Extension, and Ohio State University Extension. Learn more at our website: <https://go.wisc.edu/9h1834>



MORE FUN COMING SOON!



A slogan or theme is a short phrase or sentence that makes people remember them. In 2024, the "Rock the Fair" theme that was used to promote events before and at the fair.

We're looking for YOUR ideas for the Shawano County 4-H theme for 2024 - 2025!

Submit them to: msuehring@wisc.edu by October 7th.

The National 4-H slogan is "Learn by Doing".
The 4-H motto is "To Make the Best Better".

This catchy phrase or saying will be used year round in marketing, as well as in the Huntington Family 4-H Youth Junior Fair Building for the 2025 Shawano County Fair.

Top 5 themes will be voted on during the 4-H Fall Fun Day on October 13th!



Thank you to the many youth, families, and volunteers who took the time to help set up and take down the Shawano County Fairgrounds for the 2024 Shawano County Fair. Your hard work is so appreciated!



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An EEO/AA employer, Extension Shawano County provides equal opportunities in employment and programming, including Title IX, Title VI and ADA requirements.