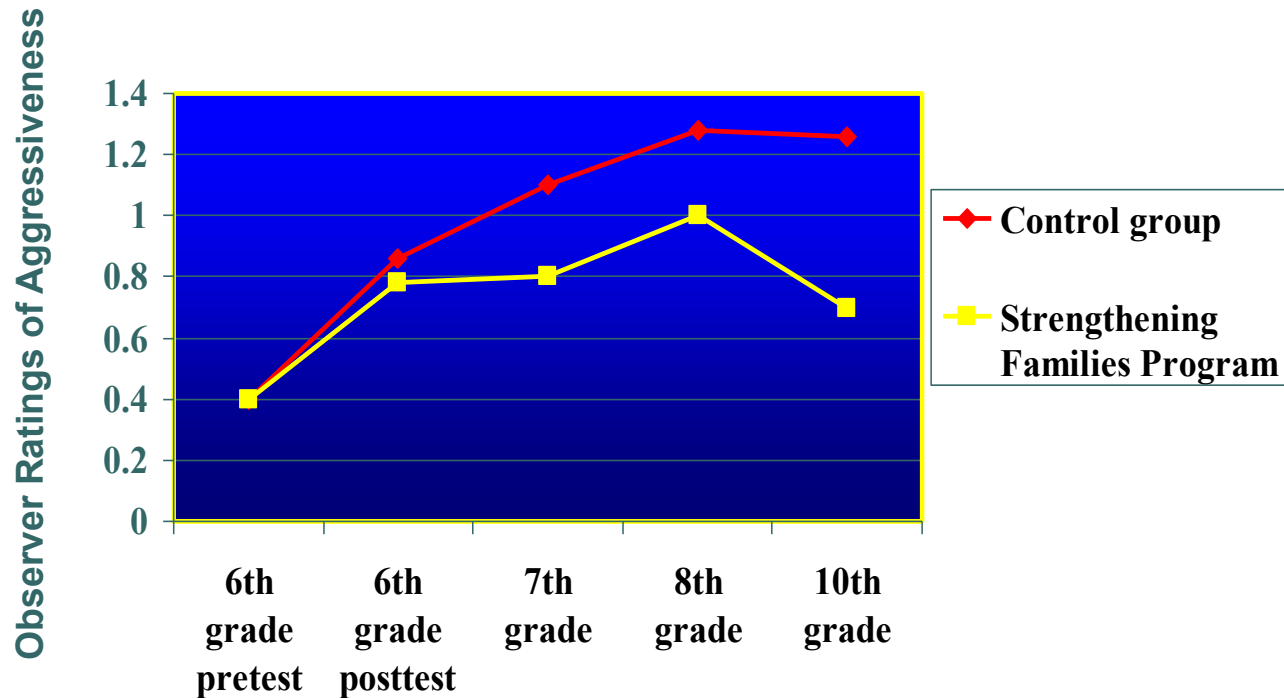
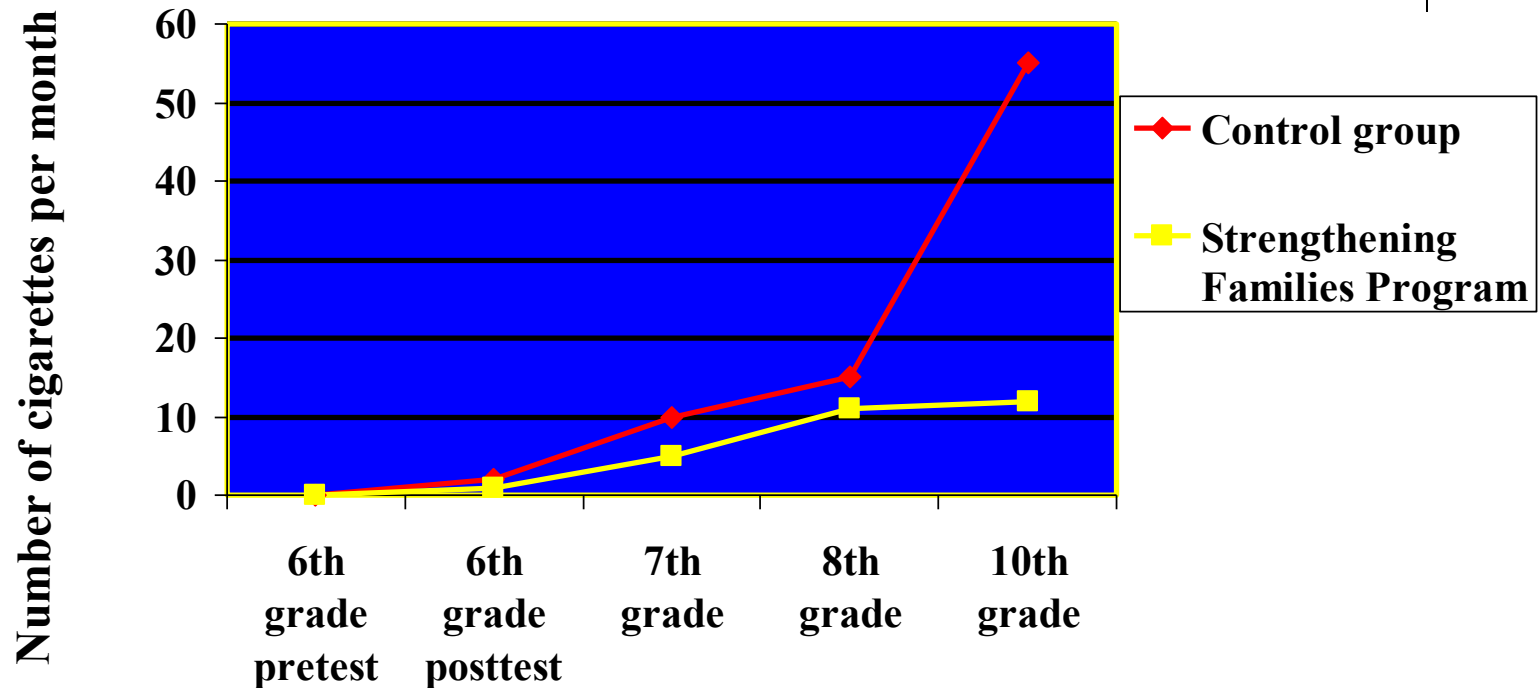
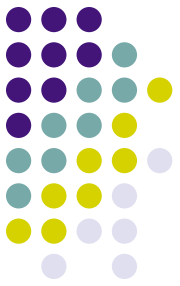


# Strengthening Families Program Reduces Aggressive & Hostile Behaviors in Youth



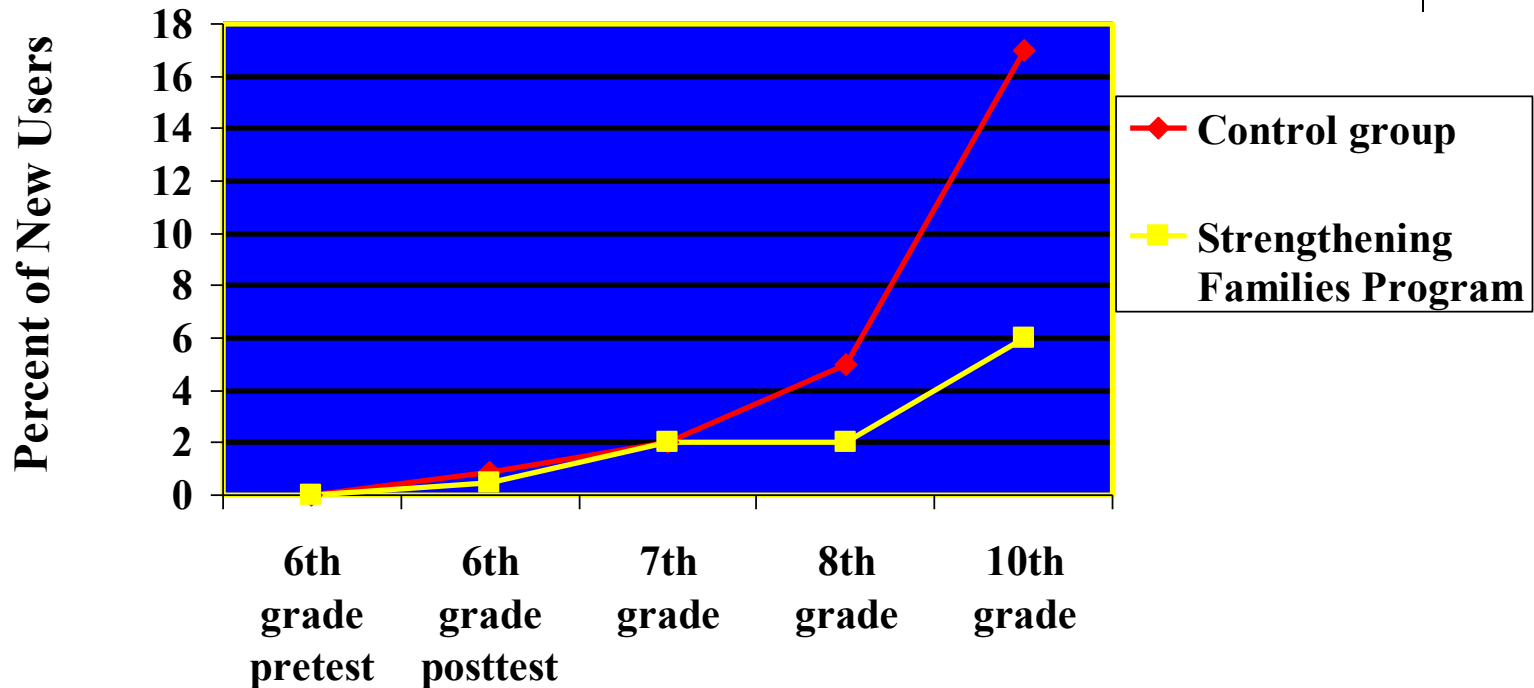
SOURCE: Spoth, R., Redmond, C., & Shin, C. (2000) Reducing adolescents' aggressive and hostile behaviors: Randomized trial effects of a brief family intervention four years past baseline. *Archives of Pediatrics and Adolescent Medicine* 154, 1248-1257

# Strengthening Families Program Leads to Lower Adolescent Cigarette Use



Spoth, R.L.; Redmond, C.; and Shin, C. Randomized trial of brief family interventions for general populations: Adolescent substance use outcomes 4 years following baseline. *Journal of Consulting and Clinical Psychology* 69(4):627-642, 2001.

# Strengthening Families Program Reduces Rates of Marijuana Initiation

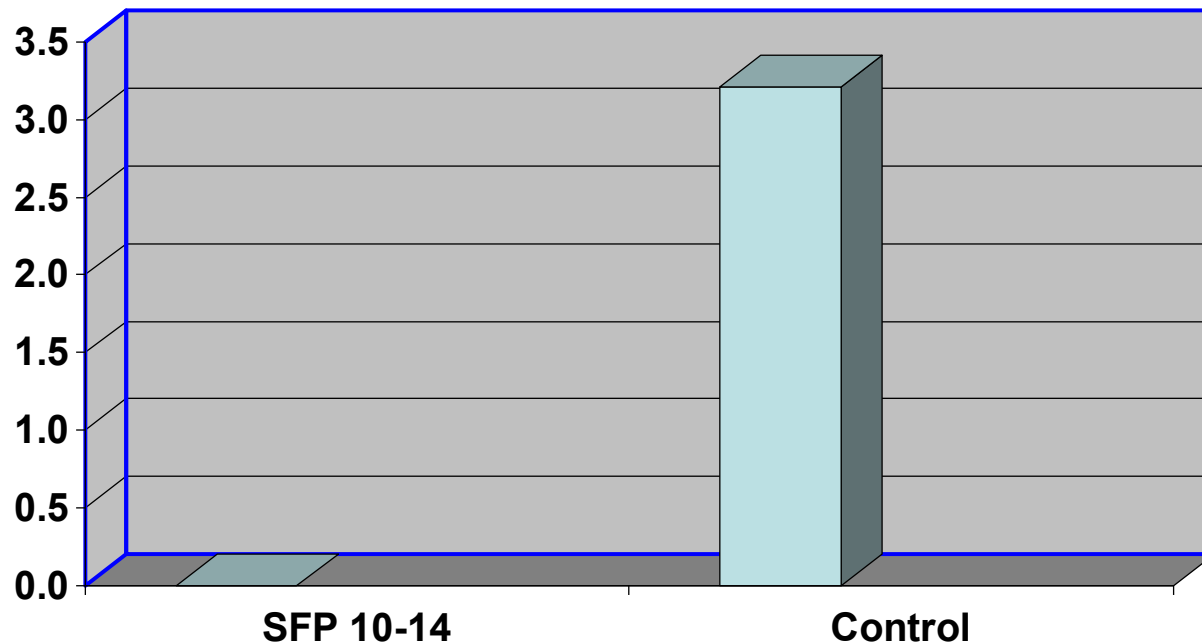


Adapted from Spoth, R.L. Redmond, C. & Shin, C. (2001). Randomized trial of brief family interventions for general populations: Adolescent substance use outcomes 4 years following baseline. *Journal of Consulting and Clinical Psychology* 69(4):627-642.

# Strengthening Families Program 10-14 Reduces Meth Use

(2 randomized studies of 1,300+ students in rural Iowa)

**Study 1: Among 12<sup>th</sup> graders who received SFP 10-14 in 6<sup>th</sup> grade, 0% reported meth use whereas 3.21% of the control group reported meth use**

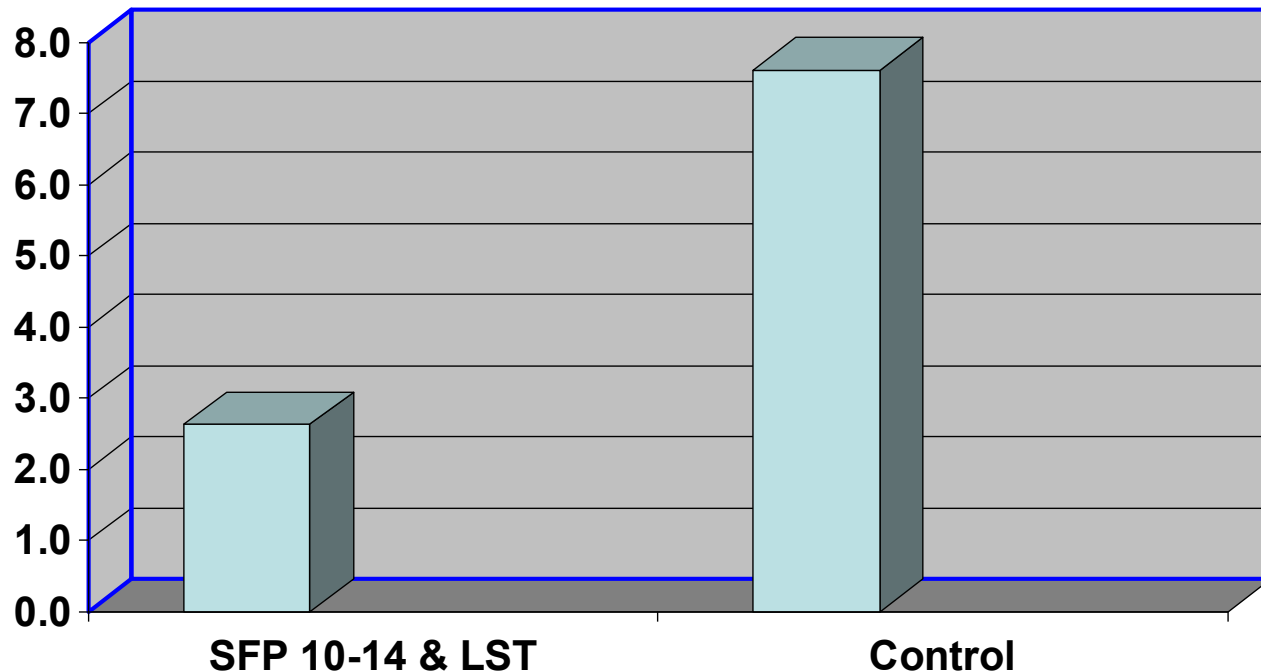


Spoth, R., Clair, S., Shin, C., & Redmond, C. (2006) Long-term effects of universal preventive interventions on methamphetamine use among adolescents. *Archives of Pediatrics & Adolescent Medicine*, 160, 876-882.

# Strengthening Families Program 10-14 Reduces Meth Use

(2 randomized studies of 1,300+ students in rural Iowa)

**Study 2: Among 12<sup>th</sup> graders who received SFP 10-14 and Life Skills Training as 7<sup>th</sup> graders, 2.63% reported meth use whereas 7.61% of the control group reported ever using meth**



Spoth, R., Clair, S., Shin, C., & Redmond, C. (2006) Long-term effects of universal preventive interventions on methamphetamine use among adolescents. *Archives of Pediatrics & Adolescent Medicine*, 160, 876-882.

## Long Term Cost Saving\$ of SFP 10-14

**\$**

For every \$1 dollar  
invested...

**\$\$\$\$ \$\$\$\$**  
**\$\$ \$**  
**\$9.60 saved**