



Parents and kids often feel like they are from different planets. Come back to earth with.....

Free: 7 session series
For: Parents/caregivers AND their kids (ages 10—14)
Free childcare for younger kids
Where: Prairie du Chien (Crawford County Administration Building)
What: 5:30 p.m FREE family supper
6-8 p.m activities
When: Tuesday evenings: Feb 4–
March 18, 2014

Strengthening Families Program

Weathering the teen years ...with ease!

It's free!

What's included?

- ◆ Family Meal
- ◆ Activities
- ◆ Games
- ◆ Prizes
- ◆ Family Bonding
- ◆ Fun



*Sign Up
by
January 30th*

**Pre-registration required
Space for 10 families**

To register
call Jane Schaaf at 326-0223 or
e-mail schaaf.jane@gmail.com

Topics to expect:

- ◆ Rules & rule-breaking:
How to set limits while supporting growth
- ◆ What kids and parents need from each other
- ◆ Emotions and moods
- ◆ The challenges of friends, curfews, alcohol, dating and more
- ◆ Keeping family love alive

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