

SFP Materials List

Session 1 – Parent

- Video/DVD 1
- Name tags
- Attendance list
- Flip chart & markers
- Sticky notes
- Things I do Well as a Parent/Caregiver worksheet
- Love & Limits Magnets
- Parent Creed magnet cards
- Poster Parent Creed
- Questions for Treasure Map cards
- Photo Release form

Session 1 – Youth

- Blanket
- Flip Chart
- Markers
- Scrap paper
- Example of Treasure Map
- Tape
- Poster of Treasure Map topics
- Poster Board (18"X24") 1 per youth
- Glue sticks
- Scissors (1 for every 2 youth)
- Magazine pictures
- When You Were My Age cards
- Poster Youth Creed

Session 1 – Family

- Empty pop bottles
- Spin Bottle & Knot Game instructions
- 20 sheets blank paper (8 ½ X 11")
- Poster Closing Circle Phrase
- Poster Family Creed

Session 2 – Parent

Attendance List
Name tags
Video/DVD 2
Flip chart & Markers
Sticky notes
Rules and Responsibilities for My Youth worksheet
I Statement magnet cards
Poster Making an I Statement Situations
Practice Using I Statements worksheet
Poster Family Tree
Poster different family trees
Poster Parent Creed

Session 2 –Youth

4”X6” cards (1 per youth and leaders)
Masking tape
Flip charts & markers
Pencils
Props for parent and youth teams
It’s Hard to be a Kid cards (5 per team)
It’s Hard to be a Parent/Caregiver cards (5 per team)
M&M’s (optional)
Concerns if Parent/Caregiver cards (1 set)
Things Your Parent/Caregiver says or Does cards (1 set)
Poster of Gifts
Gifts worksheet (1 per youth)
Poster Youth Creed
Thanks You Cards

Session 2 – Family

Poster of Jolly Ranchers
Jolly Ranchers candy
Hat or box
Family Strengths worksheet (1 per family)
Strengths of Whole Family worksheet (1 per family)
Strengths Rectangles (copied on tan paper, 1 per family)
Strengths Leaves (copied on green paper, 1 per family)
18 x 24” tag board (1 per family)
Glue sticks
Markers
Scissors
Poster Closing Circle Phrase
Poster Family Creed

Session 3 – Parent

- Attendance List
- Name tags
- Video/DVD 3
- Flip chart & markers
- Scrap paper
- 3" X 5" cards
- Poster Earning Points for Rewards
- Earning Points for Rewards cards (2 per parent)
- Ways to Show Love magnet card
- Poster Parent Creed

Session 3 – Youth

- 6 sheets colored construction paper
- Tape
- Flip chart & markers
- Sticky notes
- Scrap paper
- Empty pop bottle
- Coping Techniques that Work for Me worksheet (1 per youth)
- Poster Youth Creed

Session 3 – Family

- Video/DVD
- Family meeting Ground Rules card (1 per family)
- Fun Things to do As a Family worksheet (1 per family)
- 12 balloons
- Poster Closing Circle Phrase
- Poster Family Creed
- Concentration & Go Fish instructions
- Decks of cards

Session 4 – Parent

- Attendance List
- Name tags
- Video/DVD 4
- Flip chart & markers
- Small Penalties for Misbehaviors worksheet
- Big Penalties for Big Problems worksheet
- Remember...magnet card (1 per parent)
- Poster Parent Creed

Session 4 - Youth

- Traffic Jam cards (1 set)
- Location cards
- Driving Game cards
- Dice
- Flip chart & markers
- 25' rope
- Blindfolds
- Adult Rules and Responsibilities cards
- Poster Family Meeting Ground Rules
- Example Family Shield
- Poster Youth Creed

Session 4 – Family

- Poster Family Values
- Family values cards (1 set)
- Family Values Scenario cards (1 set)
- 18 X 24" tag board (1 per family)
- Markers
- Magazine pictures
- Glue sticks
- Pencils
- Poster Closing Circle Phrase
- Poster family Creed

Session 5 – Parent

Name tags
Attendance List
Video/DVD 5
Flip chart & markers
All People need magnet card
Poster Parent Creed

Session 5 – Youth

Construction paper (12)
Additional TV & VCR/DVD Player
Youth video/DVD 5 & 6
Flip chart & markers
Sticky notes
Road signs 1 – 4
Poster Youth Creed
Situation Cards
Poster Setting Up the Situation
Plastic banana or ball

Session 5 – Family

Payday or 100 Grand candy
Scrap paper & hat or box
Listening game cards (1 – 12)
Ground Rules for Family Meeting cards
Referee caps/whistle
Joint Problem Solving Game cards (set of 4 per family)
Poster Closing Circle Phrase
Poster Family Creed

Session 6 – Parent

Attendance list
Name tags
Video/DVD 6
Flip chart & markers
Poster Who, What, Where, When
I Love You and Want Good Things for You worksheet
Pencils
Posters Tools & Skills for Parenting Youth
Tools to Use with Your Youth card (1 per parent)
Who, What, When, Where magnet card
Handling Peer Pressure card (1 per parent)
Poster Parent Creed

Session 6 – Youth**Additional TV & VCR/DVD Player**

Video/DVD 5 & 6
Flip Chart & markers
Road signs 1 – 9
Poster Setting Up the Situation
Situation cards
Fish cards/bucket pole/cat food bag/stringer
Gummy worms
Poster Youth Creed

Session 6 – Family

Video/DVD
Masking tape
4” fabric strips
Parent/Caregiver cards (1 set)
Youth Goal cards (1 set)
I’ll Save You Cards (1 set)
Treats i.e. popcorn/candy (optional)
Poster Closing Circle Phrase
Poster Family Creed

Anti Smoking materials – bookmarks, stickers, pamphlets

Session 7 - Parent

Attendance List
Name tags
Flip chart & markers
Getting Families the Help they Need worksheet
Community Resource Directory
Poster Personal and Community Resources for Families
Looking Close to Home worksheet
Strong Families magnet card
Poster Parent Creed

Session 7 – Youth**3 panel members**

What Do I do When... worksheet
4 X 6" cards
Box for question cards
Poster Youth Creed

Session 7 – Family**PowerPoint slide presentation – projector, laptop & screen**

Pencils/pens
Parent survey
Youth survey
Letter to Youth
Letter to Parent
Envelopes
Family Graduation Certificates (w/ picture & frame)
Graduation cake & ice cream
Poster Closing Circle Phrase
Poster Family Creed