

_____ has been assigned to _____ hours of interactive family time.
(First / Last Name)

This said interactive family time is to be completed by _____
(date)

Specific guidelines for interactive family time:

- Does NOT include watching T.V.
- Can be done at little or no cost (do not need to plan a special trip to have quality interactive family time)
- Examples include: Board and card games, cooking and having a family meal together, basketball or other sports, outdoor activities such as hiking, or an interactive video game system like Nintendo Wii.

Date	# of Hours	Activities Participated in	Signature of Participants

What did you learn from this experience?