

UPHAM WOODS

Upham Woods



Outdoor Learning Center

“These lands are to be used as an outdoor laboratory and camp for youth, such as 4-H clubs and other people cooperating with the University of Wisconsin in the advancement of conservation, of agriculture and rural culture.”

—Elizabeth and Caroline Upham, 1941

For more information, please contact Upham Woods at:
608-254-6461 or uphamwoods@ces.uwex.edu
<http://fyi.uwex.edu/uphamwoods/>

UW
Extension
University of Wisconsin-Extension

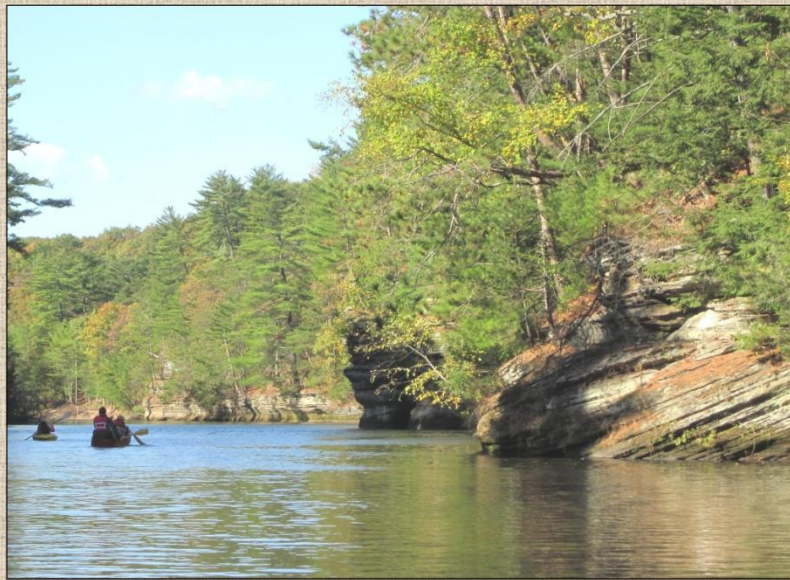
UPHAM WOODS — BY THE NUMBERS

- ◆ 1941 — the year Upham Woods was founded
- ◆ 310 wooded acres, including 210-acre Blackhawk Island
- ◆ 200 beds (cabins and dormitory)
- ◆ Over 9,000 students, scouts, 4-H members, and other youth and adults from over 36 Wisconsin counties served every year
- ◆ 40+ different educational and recreational activities
- ◆ 4 1/2 miles of Wisconsin River shoreline
- ◆ Year-round operation
- ◆ 12 staff
- ◆ 14 buildings
- ◆ Countless smiles



EXPERIENCE NATURE AT UPHAM WOODS

... Nestled on 310 beautiful acres along the Wisconsin River near Wisconsin Dells



- ◆ Paddle the Wisconsin River in a canoe or kayak
- ◆ Explore the trails and sandstone caves of 210-acre Blackhawk Island, a Wisconsin State Natural Area



- ◆ Discover a hidden world of aquatic invertebrates at the pond study area, now with a wheelchair-accessible path and platform





OUR PROGRAMS

Upham Woods has a wide variety of programs to serve different groups:



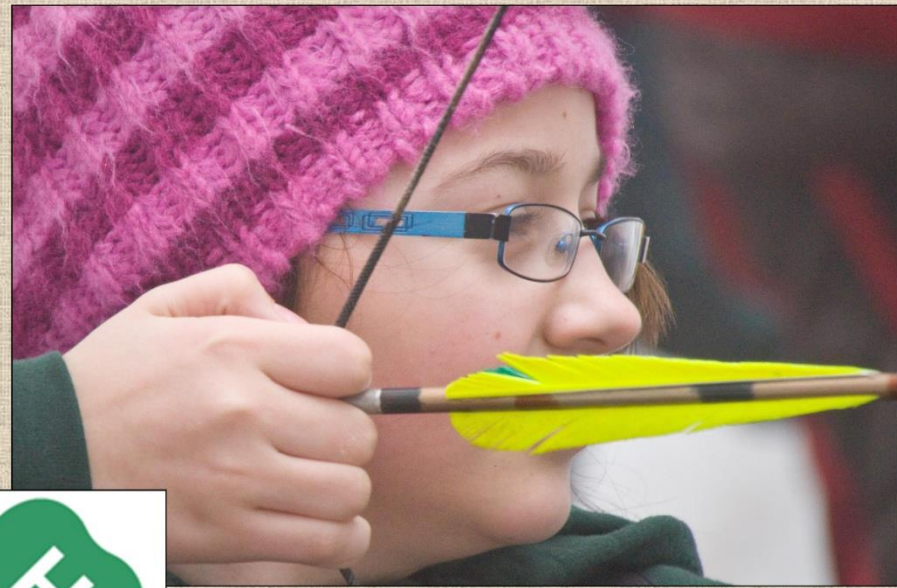
Residential Environmental
Education Programs
Day Programs
Outreach Programs
Conferences & Retreats
Adventure Education
Summer 4-H Camp
Family Camps & Public Days



4-H

AT UPHAM WOODS

4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.



Upham Woods is a state 4-H youth camp and offers many ways to partner with 4-H:

- ◆ Summer camps
- ◆ Weekend art camps
- ◆ Winter activity camps
- ◆ IFYE trainings and retreats
- ◆ Adult leader trainings

OUR ACADEMIC PROGRAMS

- Hands-on, field-based learning experiences
- Programs in science inquiry, geology, water ecology, physical education, social studies and reading
- Standards alignment with NGSS, Common Core and state standards
- Prepares students for college and career readiness
- Ideal environment for team building facilitation



- Accessible facilities
- Safe and comfortable teaching spaces
- Year-round operation
- Experienced staff



FUN IN THE SUN



Make the most of the warm summer months at Upham Woods with swimming, kayaking, and canoeing in the Wisconsin River!



For a taste of the wilderness, Outpost experiences are available:

- ◆ Explore and camp at nearby Mirror Lake State Park or Devil's Lake State Park
- ◆ Paddle down the Wisconsin River on a three or four day canoe adventure
- ◆ Set up a rustic base camp on Upham's very own Blackhawk Island





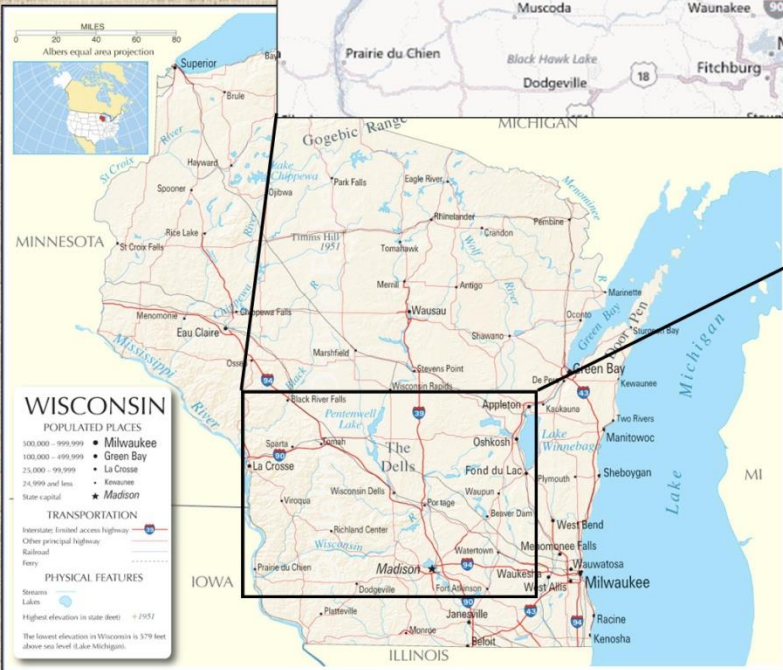
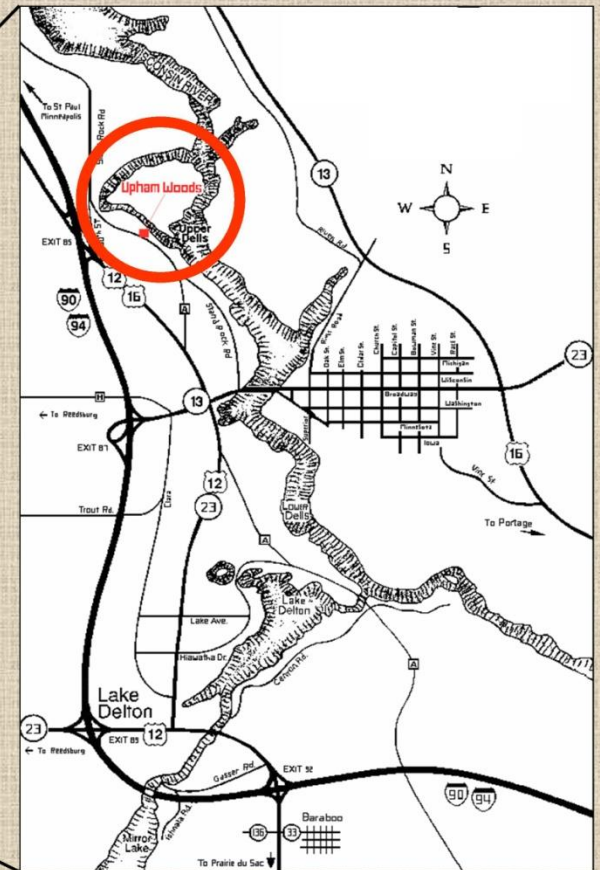
WINTER ADVENTURE

There is plenty of fun to be had at Upham Woods
in the snowy months:

- ◆ Cross-Country Skiing
- ◆ Snowshoeing
- ◆ Tobogganing
- ◆ Broomball
- ◆ Outdoor Survival
- ◆ Animal Tracking



WHERE IS UPHAM WOODS?



Driving Times:

Madison — 1 hour
Milwaukee — 2 hours
Stevens Point — 1 ½ hours