Voyageur Canoe

Program Purpose:
The purpose of this program is to introduce students to the fur trade era and the lives of some of its most colorful participants, the voyageurs. Students will engage in a role play by paddling a Voyageur canoe and learning about the Voyageur way of life.

Length of Program: 1½ - 3 hours (1 ½ minimum)

Age: Grades 1st - adult

Maximum Number of Participants: 20 (19 youth + 1 adult)

Objectives:
After completion of all activities, students will be able to:

- Describe the rugged life of the Voyageur
- Identify the four major players in the fur trade era: the bourgeois (rich European investors), the voyageurs, (the “truck drivers” of the fur trade), the Native Americans (the trappers and guides through the new territory), and the beaver (the “plu” or pelt being the standard of currency), and describe their roles.
- Interpret the role the fur trade had on the exploration and development of the North American continent.
- Trace the flow of goods from Fort Michilimackinac across the Great Lakes to the Wisconsin River.
- (Voyageur on Land only) Demonstrate fire starting techniques using flint and steel.

Wisconsin Standards:
A.8.7 Describe the movement of people, ideas, diseases, and products throughout the world
B.8.7 Identify significant events and people in the major eras of United States and world history
B.8.10 Analyze examples of conflict, cooperation, and interdependence among groups, societies, or nations
B.8.12 Provide examples of how different cultures use natural resources reflecting the economic, aesthetic, and other values of that culture
D.8.7 Identify the location of concentrations of selected natural resources and describe how their acquisition and distribution generates trade and shapes economic patterns

Preparation:
Before the class arrives:

- Take the cover off the Voyageur Canoe and bail if necessary.
- Unlock the boathouse, canoe paddles, and Voyageur canoe.
- Set up materials including trunk and contents, wool blanket, beaver pelt, basket backpack and l’Avant paddle on a picnic table.
- Don Voyageur garb and character.
- (Voyageur on Land only) Collect the fire starting trunk from the Nature Center and set up by the campfire ring.
- (Voyageur on Land only) Get additional birch bark from the wood shed and bring to the campfire ring.
- (Voyageur By Land & Sea only) Make sure orange crate is in the canoe.

Basic Outline (Voyageur Canoe):
I. Introduction (25 minutes)
II. Prep for Departure (20 minutes)
III. Loading the Voyageur Canoe (10 minutes)
IV. Paddling the Canoe (25-60 minutes)
V. Unloading the Canoe (10 minutes)
VI. Conclusion (10 minutes)

Basic Outline (Voyageur on Land):
I. Introduction (25 minutes)
II. Flint & Steel fire starting (25 minutes)
III. Voyageur Games (25 minutes)
IV. Conclusion (15 minutes)

Basic Outline (Voyageur by Land & Sea):
I. Introduction (25 minutes)
II. Prep for Departure (20 minutes)
III. Loading the Voyageur Canoe (10 minutes)
IV. Paddle to Black Hawk Island (25 minutes)
V. Unloading the Canoe (10 minutes)
VI. Farewell (5 minutes)
VII. Welcome new Voyageurs (20 minutes)
VIII. Loading the Voyageur Canoe (15 minutes)
IX. Paddling the Canoe (35 minutes)
X. Unloading the Canoe (10 minutes)
XI. Conclusion (15 minutes)

Materials:
Beaver pelt
Trunk - containing pot, dried peas and corn, Voyageur mess kit, hatchets, woven ribbons, knife and sheath, seashells, and iron spear point)
Wool blanket
Top hat
Toques
Voyageur dress components (linen shirt, leg and waist sashes, silk scarf or toque, clay pipe)
L’Avant canoe paddle
4-H flag (summer only)

Introduction:
Greetings
You are a gruff, bossy Voyageur whose name is your choosing. Immediately yell at and intimidate your new engages (employees). Tell them they do not look like Voyageurs to you. Ask them what they can do for you as a Voyageur:

“Can you sing? Show me. Can you do this: la, la, la, la? I’ll pay you more for a good voice.” (When you find someone with a good singing voice, preferably an adult, tell them to hold L’Avant paddle.)

“Are you strong? Show me your muscles. Pick me up. Pick him/her up. Your muscle feels like a wet noodle.” (When you find someone sufficiently strong, throw them a toque.)

“Are you smart? If you were, you wouldn’t want to be a Voyageur.”

“Are you short. I like short voyageurs, they take up less room in the canoe.” (When you find someone sufficiently short, throw them a toque.)

“Do you like frost bites? Mosquito bites? Black flies? You’ll learn to love them.”

“Are you afraid of hard work? Let me see the callouses on your hands. Your hands are as smooth as a baby’s butt.” (When you find someone with rough hands, throw them a toque.)

“Do you like to get up before dawn and paddle all day ’til after dark? You’ll have to if you are going to be a Voyageur.” (If someone says yes, throw them a toque.)

“Do you want to be rich? If you do, then go away. No such thing as a rich Voyageur.”

“Can you read and write? If you can, why would you want to be a Voyageur? Get a real job. Go be a clerk or something.”

“Are you a whiner? Go away, I hate whiners!”

“Can you swim? Swimmers are no good to me, they take too many risks with the rapids. Better to be afraid of the water and not abandon the cargo.” (When you find someone who cannot swim, throw them a toque.)

“Are you in trouble with the law? Fine with me.”

“Are you vain and uncouth? You’ll fit right in.”

“Can you cook? I’ll pay you more money if you can cook.” (When you find someone who can cook, give them the metal pot to hold.)

“Let me see your feet. I hate Voyageurs with big feet, they take up too much cargo space.” (When you find someone with small feet, throw them a toque.)

“Will you obey me? I want obedient Voyageurs. Stick your finger in your ear. Stick your finger in her/his ear.”

“Are you religious? It helps to trust in God, you’ll learn not to trust in me.”

“Do you know any French? You need to understand French my friend since that is the language we all speak.”

“Can you shoot a rifle? Are you a good hunter? You can help the cook put game into our food.”

Who We Are

“Bonjour, Messieurs (bon-zhoor, may-sieur)! I said BONJOUR! That means hello, now you say it back to me. Ah, tres bien (tray bee-en), that means very good. Je m’appelle (zhe ma-pell) (insert name here.) My name is _________. My new engages (en-gauze-zhay), welcome to the brigade! That means that you all now work for me. You are employees of the same fur trade company as me, and I am your gouvernais (goo-ver-nay). That means I am the boss and you do what I say. My friends, it is the enlightened year of 1762, and we work for the best fur trade company in the world, the Northwest Company, Vive la compagnie (veev lah comp-pahn-nyee)! I can see you are a little slow, so we’ll try it again. When I say ‘Northwest Company, you shout, ‘Vive la compagnie! Okay? We work for the best fur trade company in the world, the Northwest Company, Vive la compagnie! (This time the kids should shout with you. Tres bien, very good, my voyageurs. If you are going to be a voyageur, you must act like one. We are loud and proud of our life and work as voyageurs. We are French, metis (mixed Indian and French blood), or full-blooded Indian. We practice the Catholic faith, we gamble, work like beavers and sing like larks! Later on I will teach you one of my favorite songs about a lark, Allouette.”

The Route

“Since you are new, I will explain how your life will be with the brigade. Our route travels between Fort Michilimackinac (mee-chee-mackinaw), through the Great Lakes, down the Fox and Wisconsin River to several Indian encampments along the Wisconsin River.
We are called *hivernants* (e-verb-nant), or “winterers,” because we live and trade with the Fox, Sauk, Kickapoo, and Mascoutin, who live along the Wisconsin River, during the winter. Then, as soon as the ice is free from the rivers, we paddle up the Wisconsin River to Portage, named for the great *portage* (poor-tozh) that takes place there. We must leave the river, unload all the cargo, and carry it and the canoe over land to the put-in at the Fox River. Then we paddle up the Fox to Lake Michigan. We must paddle up Lake Michigan to the strait that joins Lake Michigan with Lake Huron. That is where Fort Michilimackinac is located. We will arrive there sometime in June. Before you arrive at the fort, you will take your one bath for the year and put on your finest clothes, and we will join in the celebration of the *rendezvous* (rahn-day-voo)! PARTY! We will stay there about two weeks while we unload our furs, traded to us by the Indians, and load up our new cargo of trade items for the Indians. Then we will say *au revoir* (oh ri-vwaehr) to the fort, (wave goodbye) and retrace our path back down Lake Michigan, down the Fox River to the portage, onto and down the Wisconsin to your Indian encampments by the fall.”

**The Portage**

“Sound good? You see why you have to be strong and a good paddler. You will be expected to paddle 40-60 strokes per minute, and paddle 12-15 hours a day. Oh, and I did I tell you how much you are expected to carry over a portage? You must each carry six 90-lb packs of cargo over a portage, two at a time. So you are carrying 180 lbs, balanced on your back by a head strap.”

“You are allowed to stop to rest, called a *posé* (poh-szay) every 1/3 or ½ mile. Then you will run back, get 2 more bundles, and carry them to the *posé*, put them down, and run back for 2 more. Understand? Then about 4 of you must run back and carry the canoe! I once heard from a friend about a 45 mile long portage that required 122 *posé!*”

**The Cargo**

“What is all this cargo we are carrying? Well, it depends on what season it is. In the spring, when we are traveling toward Fort Michilimackinac, we are carrying all the fur that the Indians trapped, prepared, and traded to us over the winter. The most important, of course, is the beaver pelt (show stretched pelt.) The beaver pelt is the most valued of all pelts because it is used to make something every rich *bourgeois* (boozh-wah) or gentlemen in Europe needs. A top hat, of course! (Put the top hat on someone’s head.) A gentlemen cannot go anywhere without his top hat. But you look ridiculous - you are a voyageur, not a gentlemen! Instead we wear a *toque* (tuke), and if you are very experienced, like me, you may wear a silk scarf. But we carry other furs as well:

- Coyote
- Mink
- Fox
- Marten
- Fisher
- Muskrat
- Skunk

At the end of the rendezvous at the fort, we load up all the cargo that the Northwest Company (check to make sure they shout here!) has brought from Montreal for us to trade to the Indians. Some items may be (hold up the examples, if available):

- Tobacco
- Kegs of rum and wine
- muskets
- bars of lead and bullet molds
- gunpowder
- flint
- iron spear points
- hatchet heads
- knives
- wool blankets
- colored cloth
- boxes of needle and thread
- silk ribbons
- awls
- clay pipes
- beads of colored glass
- metal pots

Without these items, the Indians must rely solely on the bone from animals, and pots or baskets made from wood or bark. It is much easier and faster to cook over a fire using a metal pot!”

**The Food**

“If you are lucky enough to be the cook for our canoe brigade, you will get paid more. You will make us a delicious and filling breakfast called *rubaboo*! Sound tempting? The cook will boil dried peas or corn, and mix in a lot of pemmican (dried pounded buffalo meat mixed with lard and Saskatoon berries.) You know it is done when the spoon sticks straight up in the pot. You will consume 4000-5000 calories a day! Is anyone here a good shot with a rifle, or good with a fishing line? If possible, we’ll add fish, turtle, muskrat, wild bird eggs, and beaver tail to the *rubaboo*.

**The Daily Routine**

“Voyageurs wake up to shouts of “Levez, levez!” (la-vay) or “Get up!” at about 3 or 4 AM. You will load the canoe and paddle for 5 hours or so, then have breakfast at about 9 am. You get back into the canoe, paddle all day, maybe *portage*, until sunset, when you will have dinner (more *rubaboo*). We usually skip lunch unless you have endured a particularly challenging *portage*. To sleep, you will unload the canoe, overturn it on shore and sleep underneath it. Tomorrow, you get up and do the same thing.”
Prep for Departure:
“Before we can leave, you must take the Voyageur oath and pledge your life in service to la compagnie. Raise your right hand and repeat after me:

‘On my honor as a voyageur, I pledge to serve, obey, and faithfully carry out all that the bourgeois require me to do, to work to their profit, to prevent losses, to inform him if I have any knowledge of such losses, and to do all that a good hired man should and is obliged to do without being allowed to do any personal trading.’
Tres magnifique (tray mag-nif-eeek), my voyageurs! Now you are ready to receive your most important tool as a voyageur – your paddle.

Take the group to the boathouse. Assign an adult to do the check-in/check-out procedure. Say to the voyageurs that in this enlightened year of 1762, since none of them can swim, all are required to wear PFD’s, or personal flotation devices. Give every student and adult an appropriately sized PFD, then send them to the adult in charge of check-in/check-out. Afterwards, demonstrate the correct use of a paddle. Rules for the paddles are:
1) The blade should never touch the ground. If they want to rest, they should place the blade on top of their foot.
2) When you hand them a paddle, they should respond ‘Merci beaucoup’, (mayr-see bow-coo), or thank you very much.
3) Only 14 can paddle at a time, but voyageurs may switch paddlers during travel.

Loading the Canoe:
Have all the students line up facing the canoe while you introduce it. Our canoe is a Canot de Maitre or Montreal Canoe. It is 35 feet long and capable of carrying 4 tons of cargo, yet it weighs only 300 lbs (600 when wet). When fully loaded, the gunwales of the canoe are only 6 inches above the surface of the water. There is another type of canoe that is sometimes used for traveling shorter distances, the Canot du Nord or North Canoe. That canoe is 25 feet long, but still capable of carrying 1 ½ tons of cargo.

The canoe is made solely of materials found in the forest: the bark of yellow birch trees, cedar ribs for the frame of the canoe, pine logs for the gunwales. The birch bark was sewn together using wattape (the roots of the spruce tree), and the seams were sealed with pitch. Birch bark was the ideal material because it is waterproof and very lightweight. But canoes were notoriously easy to capsize. One bourgeois wrote after riding in one, “You really had to keep your tongue in the middle of your mouth; otherwise the canoe would capsize.”
Canoes were so fragile that they were never loaded on land, and were sometimes sunk to the bottom of lakes for the winter, to prevent the canoe from snapping in the cold winter air.

Stress to the students that when entering the canoe, the following procedure must be used:
1) grasp the gouvernais’s forearm,
2) step onto the seat,
3) step onto the floor of the canoe,
4) sit and slide.

They should never sit or stand on the thwart of the canoe. It is not meant to bear weight and will break. In 1762 this canoe costs $100 (about $9,000 currently). Load the middle of the canoe first, then go to the ends and work toward the middle. The Avant sits in front and has special duties – they must lead the songs, set the paddling cadence, and watch for rocks, logs, and other hazards. The gouvernais sits in back and steers. Once all the students are seated, tell them that they must kiss the canoe (see how many do). Then say, “You silly voyageurs, I knew you were not so smart! Don’t kiss the canoe with your lips, kiss with your hips!” Have the students slide to the edges of their seats so their hips are near the gunwales. Ask them which is the bow (front), stern (back), starboard (right), and port (left) on the canoe. Untie the ropes, hop in, and paddle away. (In summer, place the 4-H flag in the stern).

Paddling the Canoe:
Let the students flounder for awhile, then teach the following commands:

En avant (on-ah-voahn) – paddle forward
Arretez (ah-reh-tay) – stick the paddle blade into the water, blade perpendicular to the canoe. This will stop or ‘arrest’ the canoe.
En arriere (ohn are-ree-air) – paddle backwards
Reposez (ray-poh-say) – rest or repose
Saluez (sal-you-aye) – give the voyageur salute.
Quiz them on the commands. Practice turning the canoe. Then head around Beaver and Blackhawk Islands.

Encourage the Avant to lead songs. Teach them a few of the French songs (see Appendix 1). Practice paddling to a cadence (one, two, stroke, one, two, stroke, etc.). Once in awhile, reposez and take out your pipe. Voyageurs could rest 10 minutes every hour to smoke a pipe. In addition to the cargo, voyageurs also carried a large oil cloth in the canoe. In periods of high wind, the voyageurs would rig the oil cloth to form a sail, and shout, “Souffle, soufflé, la vieille (vee-aye)!” (Blow, blow old women of the wind). Use this time to point out natural features and allow them to ask questions about their lives as voyageurs.
To dock the canoe, you must paddle past the dock, then turn the canoe around, and dock bow first.

Unloading the Canoe:
The gouvernais should exit the canoe first, tie both ends, and assist the voyageurs in exiting the same way they entered. Try to have an adult exit first and grab the clipboard at the boathouse for check-in/check-out procedure. The students should hang up their own paddles on the rack. They may not take off their PFD’s until they are standing on the paved path in front of the boathouse.

**Conclusion:**
Once all PFD’s are hung, gather the voyageurs one last time to read the voyageur quote and conclude class. To the Europeans and fur trading company managers the fur trade was a business; a chance to develop commerce in the wilderness. They lived in European capitals and Montreal and rarely ventured into the wilderness. To many the voyageur simply provided the transportation and the Native Americans the pelts. To the voyageur and the Native Americans it was something more. For the voyageur it was a lifestyle in which they took pride and found honor. To the Native Americans, trading was an exchange of gifts and cultures that brought honor to both the giver and the receiver. Though, neither knew the changes that European settlement would eventually bring. Read the voyageur quote from appendix 3 to illustrate their embrace of the voyageur life.

Ask the new recruits some questions and/or see if they have any final questions about their lives as voyageurs. Common questions are:

- What is the life expectancy of a voyageur? (Usually only to mid-thirties to forties)
- Most common cause of death? (hernias, heart attacks, and drowning)
- Annual pay? (100-400 livres per year, equivalent to $80-$250/year)

Some questions for the voyageur recruits are:

- Why was the life expectancy of a voyageur so short?
- Why was the typical voyageur so proud of the voyageur life?
- What happened to the beaver populations in North America with so many getting killed for the fashion industry?
- Can they think of other examples of overuse or over harvesting of a resource that leads to a decline in its availability?
- What needed to be done between then and now to return beaver population levels back to normal?
- What is good about using a resource? Bad?
- What are some practices that can be used to keep from overusing or over harvesting a resource?
- Why do we teach a class like voyageur life at Upham Woods?

Bid your voyageurs *au revoir.*

**Option #1: Voyageur on Land (Winter/High Water option)**

Introduction is the same. You may show them the Voyageur canoe and give all related info, but they will not paddle. Instead, split the group in half. Half will practice fire starting with flint and steel; the other half will play Voyageur games with the gouvernais.

**Flint and Steel Fire Starting**
Bring all students and adults to the campfire ring. Tell them you will demonstrate how to safely start a fire using flint and steel. In the trunk are the contents listed:

- 8 tin plates
- 4 eye goggles
- tin with charcloth
- tin with 3 flint rock pieces and 3 handle shaped steel pieces
- extra steel strikers
- birch bark
- roll of jute string
- bag of tow linen

Put on eye goggles. Tell the Voyageurs that in this enlightened year of 1762, anyone wishing to start a fire or watch someone else start a fire must wear eye protection. This is because if a piece of steel gets in your eye, you don’t have an eye anymore and there’s nothing a doctor can do for you. (One-eyed voyageurs were not unheard of).

Place a piece of birch bark on the tin plate. Cut a piece of jute and shred it to make a mouse nest, or put a handful of tow linen on the birch bark. Place a piece of charcloth on top of the mouse nest. The tricky part is to get a spark to land on the charcloth. Show them how to strike the flint against the steel to create sparks (think “peel steel.”) Remind the students that it takes practice to get the technique right, so they shouldn’t get frustrated if they can’t create sparks right away. The charcloth will glow orange if a spark catches. Fold the birch bark over, hold up the bundle and blow gently. Smoke should rise up, and if you’re lucky, the birch bark will ignite. If the students successfully start a fire, they should let it burn out on their tin plates. Half the group will remain with an adult to practice fire starting. The other half will follow the gouvernais to a clearing for some voyageur games.

**Voyageur Games**
The typical voyageur was found of games, though there wasn’t much time for it. See Appendix 2 for a list of Voyageur games. You can also add in strength contests (who can you pick up?) and the “Game of Graces.”

**Game of Graces**
The game of graces uses sticks and hoops. Every person gets two sticks. These are used to catch and throw the hoops. You can play this game in a circle, or in two lines facing each other.
When done with the games, the groups will switch. When both groups are finished, conclude the class.

**Option #2: Voyageur by Land & Sea (3 hour option)**
This class combines Voyageur canoeing with a Blackhawk Island Hike. Up to 40 people total can participate. Half paddle over to Blackhawk Island on the barge, led by a Naturalist. They hike across the island, explore the caves, and conclude in Indian Valley. The other half start with the Voyageur Canoe program. The introduction, prep for departure, loading the canoe, and paddling instructions are the same with one addition: the voyageurs should actually load the “cargo” into the canoe before departure. The voyageurs paddle to Indian Valley, where the Blackhawk Island hikers are waiting.

The *gouvernais* steers the canoe to the sandy beach. Using the crate, the *gouvernais* hops out and ties off the bow of the canoe. The voyageurs exit the canoe using the same procedures as loading, except that everyone exits near the bow and steps onto the crate before stepping ashore. The voyageurs give their PFD’s to the Blackhawk hikers. Another introduction is given to this new group of voyageurs, showing the trade items brought along as cargo. The *gouvernais* follows the same procedure for prep for departure and loading as before. This new group of voyageurs can either continue paddling down the main channel of the Wisconsin River, or retrace their path along the original route. (In summer, do not enter the main channel). Unloading the canoe and conclusion procedures are the same.

**References:**
White Oak Society, Inc. “White Oak Learning Centre & White Oak Fur Post”
Wolf Ridge “Voyageur Life” lesson plan.
Appendix 1

**Alouette (LARK)**

“Alouette” is still a very popular children’s song whose melody could very well have filled the air during the voyageur era. Not many people realize that they are singing about pulling feathers from the head, beak, wings, back and feet of a nice little lark!

Refrain:
Alouette, gentille alouette,  
Alouette, je te plumerai  
Alouette, gentille alouette,  
Alouette, je te plumerai  
Je te plumerai la té’. (Head)  
Et la té’, et la té’.  
Alouette, Alouette, oh!  
Refrain

Lark, nice lark,  
Lark, I pluck you  
Lark, nice lark,  
Lark, I pluck you  
I pluck a feather from your head  
I pluck a feather from your head  
From your head, from your head  
Refrain

Je te plumerai le bec. (beak)  
Et le bec, et le bec,  
Et la tête, et la tête.  
Cigarette, cigarette  
Vous’re all wet, you’re all wet  
Alouette, Alouette, oh!  
Refrain

I pluck a feather from your beak  
From your beak, from your beak  
From your head, from your head  
Cigarette, cigarette  
You’re all wet, you’re all wet  
Lark, Lark, Oh!  
Refrain

Je te plumerai le cou. (neck)  
Et le cou, et le cou,  
Et la tête, et la tête.  
Cigarette, cigarette  
Vous’re all wet, you’re all wet  
Alouette, Alouette, oh!  
Refrain

I pluck a feather from your neck  
From your neck, from your neck  
From your beak, from your beak  
Cigarette, cigarette  
You’re all wet, you’re all wet  
Lark, Lark, Oh!  
Refrain

Je te plumerai les ailes. (wings)  
Et les ailes, et les ailes  
Et le cou, et le cou,  
Et le bec, et le bec,  
Et la tête, et la tête.  
Cigarette, cigarette  
Vous’re all wet, you’re all wet  
Jumbo jet, Jumbo jet  
Alouette, Alouette, oh!  
Refrain

I pluck a feather from your wings  
From you wings, from your wings  
From your neck, from your neck  
From your beak, from your beak  
Cigarette, cigarette  
You’re all wet, you’re all wet  
Jumbo jet, Jumbo jet  
Lark, Lark, Oh!  
Refrain

Je te plumerai les patt’s. (feet)  
Et les patt’s, et les patt’s  
Et les ailes, et les ailes  
Et le cou, et le cou,  
Et le bec, et le bec,  
Et la tête, et la tête.  
Alouette, Alouette, oh!  
Refrain

I pluck a feather from your feet  
From you feet, from your feet  
From you wings, from your wings  
From your neck, from your neck  
From your beak, from your beak  
From your head, from your head  
Lark, Lark, Oh!
Vive L'Amour

Let ev'ry good fellow now join in a song, Vive la compagnie. Success to each other and pass it along, Vive la compagnie. Vive-la, Vive-la Vive l'amore, Vive-la, Vive-la Vive l'amore, Vive l'amour, Vive la compagnie.

Vive L'Amour

Let every good fellow now fill up his glass, Vive la compagnie!
And drink to the health of his glorious class, Vive la compagnie!

Chorus:
Vive la, vive la, vive l'amour!
Vive la, vive la, vive l'amour!
Vive l'amour, vive l'amour,
Vive la compagnie!

Let every married man drink to his wife, Vive la compagnie!
The joy of his bosom and plague of his life, Vive la compagnie! (Chorus)

Let's fill up our glasses and we'll have a toast, Vive la compagnie!
A health to our friend, our kind worthy host, Vive la compagnie! (Chorus)
Appendix 2

It is important to convey to students that the voyageur’s life was unbelievably hard, but most were fun-loving and care-free men. Introduce them to some of the things they did for entertainment.

**Thumb Wrestling**

Players hook the four fingers of their right (or left) hands together such that both hands are clasped tightly. Then a short starting chant is repeated, the most frequent variant as follows:

One, two, three, four,
I declare a thumb-a-war;
Five, six, seven, eight,
Try to keep your thumb straight.
Nine, ten, let's begin.

Or:

Four, three, two, one,
Who will be the strongest thumb?

Next, the opponents proceed to attempt to pin their opponent's thumb for four or more seconds, often chanting:

One, two, three, four,
I have won the thumb-a-war!

**Leg Wrestling**

2 players lay down on the floor or the ground head-to-toe and line up their hips. They then raise their inside leg straight up and then lower it three times, saying "1,2,3!" After the "3!" the combatants link their legs together at the knee and try to flip the other "wrestler" over into a forced backwards somersault.

**Hand Slap #1**

Two voyageurs face each other hands outstretched one person palms-up, the other palms-down. The palms-up voyageur should place hands directly underneath (but not touching) the palms-down voyageur. The object of the game is to have the lower hands reach up and slap the upper hands before the upper hands jerk away. The winner’s hands remain on the bottom and keep slapping the upper hands until the hands are missed. Then the lower becomes the upper.

**Hand Slap #2**

Two voyageurs face each other, one with hands outstretched palm to palm as if in prayer. The other voyageur keeps hands at the side. The object of the game is for the non-praying voyageur to reach out and try to slap the praying hands. If the praying hands escape by jerking up or down then the roles are reversed.

**Indian Arm Wrestling**

Two voyageurs grab right hands and touch right feet. Spread the back legs out for balance. The object of the competition is to push and/or pull the other voyageur off balance so that the back leg moves.

**Tall Tale Contest**

This should come as naturally to young children as it did to the voyageurs. Get in a circle. Start a story… about a bear or rapids. Go around the circle and each person embellishes the story by adding a new sentence. Expect the next person to top it. Continue around the circle until everyone has contributed and the story is ended.

**Cat and Mouse**

As described by White Oak Society, Inc. in “White Oak Learning Centre & White Oak Fur Post”:

Two voyageurs stand on two slightly raised surfaces such as wooden planks or low stumps (when the voyageurs played this game they would stand on either side of the canoe on the gunwale facing one another). The planks should be about 10-12 feet apart. You also need a rope that is at least twice as long as the distance between the planks. Each voyageur should have one end of the rope. On the count of 3, each player begins to gather the rope until there is no slack. Each will then try to pull the other off balance. Each player stands on top of one of the stumps and grasps an end of the rope with all the slack lying between them. The object of the game is to force your opponent to fall off the stump by pulling him or her off with the rope or by tricking him into falling off by losing his or her balance when he pulls on the rope. The may also choose to let some slack out while the other person is pulling to allow them to be unbalanced.
Appendix 3

A voyageur well past the age of seventy years once summed up his life this way:

I have now been 42 years in this country. For 24 years I was a light canoeman; I required but little sleep, but sometimes got less than I required. No portage was too long for me; all portages were alike. My end of the canoe never touched the ground 'til I saw the end of it. Fifty songs a day were nothing to me. I could carry, paddle, walk and sing with any man I ever saw. During that period, I saved the lives of 10 Bourgeois and was always the favorite, because when others stopped to carry at a bad step, and lost time, I pushed on - over rapids, over cascades, over chutes; all were the same to me. No water, no weather ever stopped the paddle or the song. I had 12 wives in the country; and once possessed of 50 horses and six running dogs, trimmed in the first style. I was then like a Bourgeois, rich and happy: no Bourgeois had better-dressed wives than I; no Indian chief finer horses; no white man better-harnessed or swifter dogs. I beat all Indians at the race, and no white man ever passed me in the chase. I wanted for nothing; and I spent all my earnings in the enjoyment of pleasure. Five hundred pounds, twice told, have passed through my hands; although now I have not a spare shirt to my back, nor a penny to buy one. Yet were I young again, I should glory in commencing the same career again, I would willingly spend another half-century in the same fields of enjoyment. There is no life so happy as a voyageur's life; none so independent; no place where a man enjoys so much variety and freedom as in the Indian country. Huzza, huzza pour le pays sauvage!
### Appendix 4

<table>
<thead>
<tr>
<th>French</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bonjour</td>
<td>Desole</td>
</tr>
<tr>
<td>Bohn-zhoor</td>
<td>day-zoh-lay</td>
</tr>
<tr>
<td>Hello/ Good day</td>
<td>Sorry!</td>
</tr>
<tr>
<td>Je m’appelle</td>
<td>zhuh mah-pell</td>
</tr>
<tr>
<td>Bonsoir</td>
<td>Pardonnez-moi!</td>
</tr>
<tr>
<td>Bohn-swahr</td>
<td>pahr-dohn-nay-mwah</td>
</tr>
<tr>
<td>Good Evening</td>
<td>Excuse me!</td>
</tr>
<tr>
<td>My name is …</td>
<td></td>
</tr>
<tr>
<td>Salut</td>
<td>Allons-y!</td>
</tr>
<tr>
<td>Sah-lew</td>
<td>ah-lohn-zeed</td>
</tr>
<tr>
<td>Hi / Bye</td>
<td>Let’s go!</td>
</tr>
<tr>
<td>Monsieur, Madame</td>
<td></td>
</tr>
<tr>
<td>Mademoiselle</td>
<td></td>
</tr>
<tr>
<td>Muh-syuh, mah-dahm</td>
<td></td>
</tr>
<tr>
<td>Mahd-mwah-zell</td>
<td></td>
</tr>
<tr>
<td>Au Revoir</td>
<td>Comment allez-vous?</td>
</tr>
<tr>
<td>Ohr-vwah</td>
<td>kow-mawn tahl-ay-vo</td>
</tr>
<tr>
<td>Goodbye</td>
<td>How are you? (Formal)</td>
</tr>
<tr>
<td>Mesdames et Messieurs</td>
<td></td>
</tr>
<tr>
<td>Meh-dahm eh meh-syuh</td>
<td></td>
</tr>
<tr>
<td>S’il vous plait</td>
<td>Ca va?</td>
</tr>
<tr>
<td>Seel voo pleh</td>
<td>sah vah</td>
</tr>
<tr>
<td>Please</td>
<td>How are you? (Informal)</td>
</tr>
<tr>
<td>Vous etes d’ou?</td>
<td></td>
</tr>
<tr>
<td>Voo zet doo</td>
<td></td>
</tr>
<tr>
<td>Merci (beaucoup)</td>
<td>Tres bien/ mal/ mas mal</td>
</tr>
<tr>
<td>Mair-see boh-koo</td>
<td>treh bee-ahn/ mah-l/ pah mahl</td>
</tr>
<tr>
<td>Thank you (very much)</td>
<td>Very good/ bad/ not bad</td>
</tr>
<tr>
<td>Where are you from? Formal</td>
<td></td>
</tr>
<tr>
<td>Tu es d’ou?</td>
<td></td>
</tr>
<tr>
<td>Tew ay doo?</td>
<td></td>
</tr>
<tr>
<td>De rien / Je vous en prie</td>
<td>Je vais bien</td>
</tr>
<tr>
<td>Duh ree-ahn/ zhuh voo</td>
<td>zhuh vay bee-ahn</td>
</tr>
<tr>
<td>zawn pree</td>
<td>I’m fine</td>
</tr>
<tr>
<td>Where are you from?</td>
<td></td>
</tr>
<tr>
<td>Je suis de…</td>
<td></td>
</tr>
<tr>
<td>zhuh swee duh</td>
<td></td>
</tr>
<tr>
<td>You’re welcome</td>
<td>Ca va</td>
</tr>
<tr>
<td>Bienvenue</td>
<td>sah vah</td>
</tr>
<tr>
<td>I am from…</td>
<td></td>
</tr>
<tr>
<td>Bee-ahn-vuh-new</td>
<td>I’m fine</td>
</tr>
<tr>
<td>Welcome</td>
<td>Oui/ non</td>
</tr>
<tr>
<td>J’habite a…</td>
<td></td>
</tr>
<tr>
<td>Ah too tah luhr/ ah plew tahr</td>
<td>Yes/ no</td>
</tr>
<tr>
<td>A tout a l’heure/ a plus tard</td>
<td>wee/ nohn</td>
</tr>
<tr>
<td>See you later</td>
<td>Quel age avez-vous?</td>
</tr>
<tr>
<td>A Bientot</td>
<td>kell ahzh ah-vay voo</td>
</tr>
<tr>
<td>Ah bee-ahn-toh</td>
<td>koh-mawn voo</td>
</tr>
<tr>
<td>See you soon</td>
<td>zah-play voo</td>
</tr>
<tr>
<td>Parlez-vous francias?</td>
<td></td>
</tr>
<tr>
<td>What’s your name? (formal)</td>
<td></td>
</tr>
<tr>
<td>Do you speak French?</td>
<td></td>
</tr>
<tr>
<td>A demain</td>
<td>Tu t’appelles comment?</td>
</tr>
<tr>
<td>Ah duh-mahn</td>
<td>tew tah-pell koh-mawn</td>
</tr>
<tr>
<td>See you tomorrow</td>
<td>What’s your name? (informal)</td>
</tr>
<tr>
<td>Tu parles angalais?</td>
<td></td>
</tr>
<tr>
<td>tew parl on-glay</td>
<td></td>
</tr>
<tr>
<td>Do you speak English</td>
<td></td>
</tr>
</tbody>
</table>
Voyageur Life Lesson Plan

**Social Studies**

**Geography: People, Places and Environments**

**A.4.7** Identify connections between the local community and other places in WI, the U.S. and the world

**A.8.7** Describe the movement of people, ideas, diseases and products throughout the world

**A.8.8** Describe and analyze the ways in which people in different regions of the world interact with their physical environments through vocational and recreational activities

**History: Time, Continuity and Change**
B.4.1 Identify and examine various sources of information that are used for constructing an understanding of the past, such as artifacts, documents, letters, diaries, maps, textbooks, photos, paintings, architecture, oral presentations, graphs and charts.

B.4.3 Examine biographies, stories, narratives and folk tales to understand the lives of ordinary and extraordinary people, place them in time and context and explain their relationship to important historical events.

B.4.4 Compare and contrast changes in contemporary life with life in the past by looking at social, economic, political and cultural roles played by individuals and groups.

B.4.9 Describe examples of cooperation and interdependence among individuals, groups and nations.

B.8.7 Identify significant events and people in the major eras of U.S. and world history.

Economics: Production, Distribution, exchange and Consumption
D.4.3 Identify local goods and services that are part of the global economy and explain their use in WI.

D.4.4 Give examples to explain how businesses and industry depend upon workers with specialized skills to make production more efficient.

D.8.3 Describe WI’s role in national and global economies and give examples of local economic activity in national and global markets.

D.8.7 Identify the location of concentrations of selected natural resources and describe how their acquisition and distribution generates trade and shapes economic patterns.

D.12.3 Analyze and evaluate the role of WI and the U.S. in the world economy.

The Behavioral Sciences: Individuals, Institutions and Society
E.4.1 Explain the influence of prior knowledge, motivation, capabilities, personal interests and other factors on individual learning.

E.4.8 Describe and distinguish among the values and beliefs of different groups and institutions.

E.8.3 Describe the ways in which local, regional and ethnic cultures may influence the everyday lives of people.

E.8.6 Describe and explain the influence of status, ethnic origin, race, gender and age on the interactions of individuals.

E.12.10 Describe a particular culture as an integrated whole and use that understanding to explain its language, literature, arts, traditions, beliefs, values and behaviors.

Environmental Education
Natural Resources and Environmental Quality:
B.8.12 Provide examples of how different cultures use natural resources reflecting the economic, aesthetic and other values of that culture.

B.12.16 Analyze how natural resource ownership and trade influences relationships in local, national and global economies.