

## First Aid Coordinator Requirements

This information is provided to Group Leaders to assist in selecting a qualified First Aid Coordinator while at Upham Woods. The regulations for this requirement are dictated by the State of Wisconsin Code of Administrative Rules regarding Recreational and Educational Camps (specific citations are given in italics). The requirements listed below pertain to the “on-site health services staff” (*DHS 175.19-5c*). This means that more than one adult can be used to meet the requirements, but if more than one adult is needed, BOTH staff members must remain on-site with the group as co- First Aid Coordinators. The same applies to off-site Outpost groups. DHS regulations define an adult as 18 years of age or older.

The state code makes a distinction between camp programs lasting **3 nights or fewer** and camp programs lasting **4 nights or longer**. If your camp program lasts **3 nights or fewer**, the following MINIMUM requirements apply:

(*DHS 175.19 -5b3*) Persons holding a current certificate for the completion of the American Red Cross Community First-Aid and Safety Course or equivalent, and a current certificate for the completion of a course for Adult, Child and Infant Cardiopulmonary Resuscitation may serve as health services staff.

Many lifeguarding courses include First Aid certification, so in addition to the above the First Aid requirement can be met by any first aid courses that are components of approved lifeguard training courses, including:

- American Red Cross Lifeguard Training Course (ARC)
- Young Men’s Christian Association Course (YMCA)
- International Lifeguard Training Program Course (Ellis & Associates)
- National Aquatic Safety Company Lifeguard Training Program (NASCO)
- City of Milwaukee Lifeguard Training Course
- Starguard Lifeguard Training Course (Human Kinetics)
- Boy Scouts of America (BSA) Lifeguarding Course

An approved list of courses for the Adult, Child and Infant Cardiopulmonary Resuscitation is as follows:

- A person currently certified as completing the American Red Cross CPR for the Professional Rescuer Course, or
- The American Heart Association – CPR for the Healthcare Professional Course, or
- Equivalent age-appropriate cardiopulmonary resuscitation.

Many lifeguarding courses include CPR certification, so in addition to the above the CPR requirement can be met by any of the following CPR-AED Courses for lifeguards in Wisconsin:

- American Safety and Health Institute – CPR Pro – Professional Level CPR/AED Course
- Emergency Care and Safety Institute - American Academy of Orthopedic Surgeons (formerly National Safety Council) – Professional Rescuer CPR Course
- EMS Safety Services – CPR and AED for Professional Rescuers Course
- Medic First Aid (formerly EMP America) – Basic Life Support for Professionals Course

If your program lasts **4 nights or longer**, the CPR certification requirement is identical (see above), but the First Aid qualifications are more rigorous. To meet the **First Aid certification requirement**, the First Aid Coordinator’s qualifications shall include at least one of the following:

- Physician, Registered nurse, Physician assistant or LPN (licensed in Wisconsin)
- National athletic trainers association certified trainer
- Emergency medical technician or paramedic
- A person currently certified as completing the American Red Cross Emergency Response Course, or
- The American Red Cross Wilderness and Remote First Aid Course, or
- The American Red Cross Responding to Emergency Course, or equivalent\*.

Many lifeguarding courses include First Aid certification – see the above list of approved lifeguard training courses.