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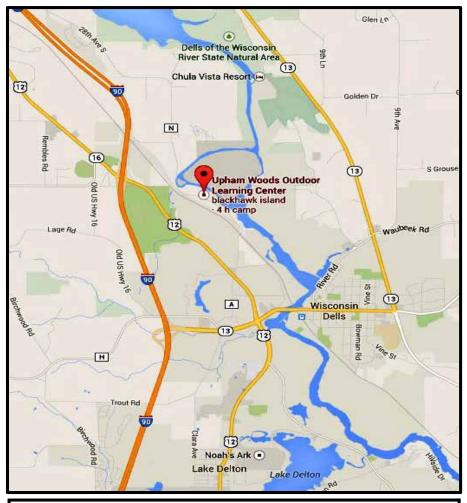






## **Upham Woods**

Upham Woods Outdoor Learning Center is a residential facility operated by the University of Wisconsin-Extension and located on the beautiful Wisconsin River, two miles north of Wisconsin Dells. The site consists of 14 buildings that supply lodging, meals, and environmental education resources year round for youth and youth leaders. The center rests on 310 acres of forested land including Blackhawk Island, a 210-acre designated State Natural Area. This wooded property is considered one of the few remaining "old growth" natural areas of the state. The rock cliffs, shady canyons, caves and sandy beaches feature a variety of plants, animals, and unique geological and cultural history.



### **Upham Woods Outdoor Learning Center**

#### Address:

N194 County Rd N Wisconsin Dells, WI 53965 Website:<u>http://www.fyi.uwex.edu/uphamwoods</u> E-mail: <u>uphamwoods@ces.uwex.edu</u> Phone: (608) 254-6461







### Activities



Your child's time at camp will be packed with a variety of fun and educational activities! Upham Woods offers an array of programs, from outdoor adventures like canoeing, shelter-building and archery, to learning about teamwork and developing leadership skills by completing fun challenge courses. Exploration of our unique property is encouraged through hiking, studying Wisconsin's unique freshwater ecology or using our D.O.T.S. kits. And at night, no camp is complete without a campfire, songs, and s'mores.















## **Our Staff**

Our Upham Woods staff is dedicated to giving your child the best camp experience possible. Comprised of a mix of college graduates and undergraduates, all of our educators are passionate about the environment and teaching. We carefully select staff on the basis of good character, leadership, their ability to make sound decisions and provide campers with a meaningful and safe camp experience. Staff participate in intensive training that focuses on ensuring the welfare and safety of your child, as well as professional development to make sure their lesson is interesting and engaging. Of course, having fun is a big part of life here at Upham Woods which is evident in our staff's daily interactions with campers. Above all, our staff strives to make sure that each camper has a meaningful and fun learning experience at Upham Woods.





Upham educators are ready to go-Rain or Shine!





### Food

Our capable cooks are here to offer a variety of kid-friendly meals to the campers that visit. From a nutritious breakfast to a hearty dinner after a long day of camp fun, we've got it all! We've even got a salad bar that is provided at lunch and dinner meals. We can meet most all dietary restrictions such as: vegetarian/ vegan, gluten-free, dairy-free, nut-free, etc.



# Lodging





Campers will enjoy sleeping in our beautiful cabins which have bunk-bed style beds. The cabins have electricity, fans, and a fireplace (run by an adult) should it get too cold. A bath house is nearby complete with toilets, showers and sinks.





## Camp Packing List

There's one rule to successful camping and that's BE PREPARED! To make your visit more enjoyable we have compiled a list of things to bring so you feel prepared for anything. Parents for generations have learned one thing that can help keep the lost and found items to a minimum: PUT YOUR NAME ON EVERYTHING! Upham Woods is not responsible for any property brought to camp that is lost or damaged during your stay.

### **Clothing:**

- Rain gear
- Sturdy tennis shoes or hiking boots
- Extra pair of shoes
- Warm jacket
- Changes of outer clothing
- Changes of inner clothing
- Several pairs of socks Sandals for the beach

#### **Personal gear:**

- Sleeping bag and pillow
- Towel, toothbrush and toothpaste
- Medications in original container with patient's name (if prescription) labeled, and given to first aid person
- Water bottle
- Sun block
- Insect repellent
- Flashlight
- Camera (inexpensive and labeled) and film
- Swimsuit and beach towel
- Journal or diary
- Book to read
- Pen and paper/ stamped addressed envelopes or post cards to write home

### Do not bring to camp:

- Alcohol or drugs
- Firearms or explosives
- Candy, chewing gum or other snacks
- Non-recyclable containers
- Electronic Games
- Money unless needed for off-site activities

Upham Woods *does not* sell souvenirs, commercial snacks, soda, stamps or film so please plan accordingly. Please do not let youth store personal money in the cabins, as it has a way of getting lost or stolen. We thank you for your understanding and cooperation.



### **Youth Expectation Agreement**



#### Dear Parent and Youth:

Upham Woods Outdoor Learning Center provides a positive learning experience for youth. Their health, welfare and positive development is our most important consideration.

Because youth represent a large number of families from a wide variety of backgrounds and family customs, we want to be sure that we have common expectations. Parent or guardian and youth are to read and discuss the following expectations:

- 1. Youth should be responsible and sufficiently mature to conduct themselves at all times in an appropriate manner. Youth are expected to respect the rights of others to hear speakers and others during the programs.
- 2. Youth are to participate in the scheduled activities related to their staff positions while at the camp experience.
- 3. Youth will abide by the safety and behavior guidelines of Upham Woods Outdoor Learning Center and their school or group.
- 4. Youth will accept that responsible behavior includes no possession or use of alcohol, tobacco and nonprescription drugs and weapons before, during or after this camp experience.
- 5. Youth will not leave Upham Woods without consulting the teacher or leader in charge.
- 6. Youth will abide by the camp policy that no food/candy, cell phones and radios/music players be brought to camp.
- 7. Youth will refrain from participating in initiation ceremonies, hazing, harassment, and other behaviors that involve humiliation or embarrassing another person. Such activities will not be tolerated.

#### I agree to meet these expectations.

Youth Signature

Date

I understand and agree with the camp guidelines that my son/daughter/ward has agreed to. If the agreements are broken, I understand that it is my responsibility as a parent to provide transportation home for my son/daughter/ward.

Signature of Parent/Legal Guardian