

Wow...the summer is here already! Before you know it, Family Camp at Upham Woods will be here and gone. We are so excited that you will be joining us. Please make sure to read EVERYTHING. Included in this document are directions to Upham Woods, a "to bring list," camp schedule, and some information about camp staff. If you have any questions about summer camp, please contact us.

In case of any emergencies, there are several numbers you may use to contact us. We will also be posting regular updates to our social media account.

8 am- 4:30 pm Main Office (608) 254-6461

24/7 Admin On-Call (608)-432-1387

facebook.com/uphamwoods

This information should answer most of your questions. If not, please feel free to contact me. If for any reason you cannot attend the trip anymore, please contact us as soon as possible. We may be reached by phone or email. Our staff and we are extremely excited about this camp; it's going to be a great time!

Cheers!

Rachael Lewandowski Sarette On-Site and Accessibility Coordinator lewandowskis@wisc.edu Johanna Desprez Program Planning and Outreach Coordinator desprez@wisc.edu

Check-in Information:

Location: N194 County Rd N, Wisconsin Dells, WI 53965

Check-in: Friday, July 14th 3:30-7 pm **Departure:** Sunday, July 16th 2:30 pm

Directions to Upham Woods

From I-90/94: Use exit 87. Turn left at the second stoplight onto Hwy 12/16 West. Drive ½ mile from stoplight, turn right onto County A. County A becomes N beyond the railroad underpass. Upham Woods is on the right, 0.6 mile beyond the railroad.

From the EAST on WI-16 or 23: Follow Hwy 16/23 through the city of Wisconsin Dells. Cross the Wisconsin River. Turn right onto Hwy 12/16 West. Drive ½ mile from stoplight, turn right onto County A. County A becomes N beyond the railroad underpass. Upham Woods is on the right, 0.6 mile beyond the railroad.

From the South on Hwy 12: Follow Hwy 12 north through Lake Delton. Do **NOT** turn at the 1st County Road A (Old Newport Road – directly across from "Top Secret", the upside down White House amusement park). Proceed through the major intersection of Hwy's 12/16/13/23 in Lake Delton/Wisconsin Dells. Continue 0.5 miles north and turn right onto County Road A. County Road A becomes County Road N beyond the railroad underpass. Upham Woods is on the right 0.6 miles beyond the underpass.

Packing List:

There's one rule to successful camping and that's be prepared! Parents for generations have learned one thing that can help keep the lost and found items to a minimum: PUT YOUR NAME ON EVERYTHING! Upham Woods is not responsible for any property brought to camp that is lost, damaged, or stolen during your stay.

Clothing:

- Rain gear
- Sturdy tennis shoes or hiking boots
- Hat or cap
- Extra pair of shoes
- Warm jacket
- Changes of outer clothing including long pants and long sleeves
- Changes of inner clothing
- Several pairs of socks
- Sandals for the beach

Personal gear:

- Sleeping bag, and pillow
- Towel, toothbrush, and toothpaste
- Shampoo, conditioner, and soap
- Medications
- Refillable water bottle
- Sun block
- Insect repellent
- Flashlight
- Camera (inexpensive and labeled) and film
- Swimsuit and beach towel
- Journal or diary
- Book to read

Do not bring to camp:

- Alcohol or drugs
- Firearms or explosives
- Candy, chewing gum or other snacks
- Non-recyclable containers
- Electronic Games

Upham Woods *does not* sell souvenirs, commercial snacks, soda, stamps or film so please plan accordingly.

Each family will be in their own dorm room or cabin, but the rooms do not lock. Restrooms are shared between families. If you have any concerns, feel free to get in contact with us.

Camp Schedule:

During each session you will be able to choose which activity you want to do.

Friday, July 14th

3:30 pm check-in starts, move into Cabin or Dorms

4:00-5:15 Upham Amazing Race

5:30 Dinner

6:30 Rec time

7:00 Orientation

7:30 Ground initiatives/get-to-know-you games

8:00 Campfire

9: Family time/Cabin time

Saturday, July 15th

8:00 Breakfast

9:00-11:30 Session 1

- Outdoor Survival + Archery
- Blackhawk Island Hike

12:00 Lunch

1:00 Rest Hour

2:00-4:00 Session 3

- Canoeing
- Wacky Water Critters

4:15-5:15 Session 4

- Swimming
- Craft time

5:30 Dinner

6:30 Rec time

7:00 Bat Ecology

8:00 Campfire

8:30 Night Hike

9: Family time/Cabin time

Sunday, July 16th

8:00 Breakfast

9:00-11:30 Session 5

- Teambuilding (low ropes course)
- Meet the Reptiles and Archery

11:30 Get ready for Lunch/Break

12:00 Lunch

1:00-1:30 Cleaning and Cabin

1:30-2:30 Final Activity

2:30 Check-out

Meals: We will post meals closer to your visit on our website. Please let Johanna know if you have any dietary restrictions to accommodate.

Camp Naturalists:

- Matt Becraft
- Ava Copple
- Zoe Cook
- Rebecca Emans

- Mark Helminski
- Sunny Morrow
- Hannah Nawrot
- Brandon Springer

Trained in leading activities and safety. These full-time staff are ready to help campers of all ages learn and grow throughout all our planned activities. These staff hold various certifications including Red Cross Lifeguarding, First Aid and more!

