



Adaptive Kayaking

Wisconsin 4-H and Upham Woods Outdoor Learning Center work together to facilitate inclusive programming for all youth.

If you or your child would like to use this adaptive equipment during an upcoming Extension program, please connect with us as early as possible! All of this equipment has been purchased thanks to the Dean's Innovation Grant. We also want to accommodate youth with disabilities in other ways including:

- Arranging ASL interpreters
- Creating social stories
- Modifying program schedules

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. In certain situations, information related to requests may be shared with staff or units necessary to help coordinate an appropriate accommodation.

Fully Outfitted Kayak

This Solara 120 kayak with outriggers and a supportive seat helps people with low trunk stability kayak independently.



Solara 120 kayak with stabilizing outriggers (left) and supportive seat (right)

Transfer Bench

While UW-Madison Division of Extension employees are not allowed to assist with transfers, we have a **Kayak Chariot Transfer Bench** to help you get into the kayak.



Kayak Chariot Transfer Bench



Back-of-Hand adaptation



Two-part wrist slide adaptation

Paddle Adaptations

Creating Ability's back-of-hand adaptations are designed to relieve the stress of holding the paddle from the fingers and move it to the arms. If the paddler has the ability to grasp the paddle, but lacks endurance or tires easily, this is the correct adaptation.

For those who are not able to grasp the paddle shaft, a **two-part wrist slide adaptation** is available.

Finally, this **Paddle Pivot with Pedestal** completely takes the paddle weight out of the arms of the paddler. It is perfect for people who need support with the paddle weight and individuals who need to control the paddle with only one arm. It can also be combined with the above adaptations.



Paddle Pivot with Pedestal

Accessible Exploration

Beach Wheelchair

This sturdy, lightweight, all-terrain beach chair allows easier access in the sand, snow, and other soft soils. It includes balloon flotation tires for extra stability and easy rolling. This wheelchair can be used to get you to the water but is not floatable.



All-Terrain Beach Wheelchair (not floatable)

Kiwi Sit Ski

This **Kiwi sit ski** is suitable to be used by both adults and children and can be maneuvered independently by pushing with arms or with assistance when tethered to another skier. It is also low to the ground which helps skiers with balance concerns.

Kiwi Sit Ski



PHOTO BY SPOKES 'N MOTION

How To Borrow

Adaptive Kayaking and Beach Wheelchair

To borrow this equipment please connect with your group leader, your 4-H educator, or

Rachael Lewandowski-Sarette

Upham Woods On-Site and
Accessibility Coordinator
Phone: 608-254-6461
Email: lewandowskis@wisc.edu

SOUTHERN WISCONSIN EQUIPMENT LOCATION

Upham Woods Outdoor Learning Center,
Wisconsin Dells

NORTHERN WISCONSIN EQUIPMENT LOCATION

Lake Superior Reserve
Superior, Wisconsin

Kiwi Sit Ski

It is currently being stored in Iron County for use during their 4-H adaptive cross-country ski club. To join the club or use the ski at another location, please contact:

Neil Klemme

4-H Youth Development Educator
Email: neil.klemme@wisc.edu



UW-MADISON EXTENSION

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



Accessible Equipment Guide



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