## YPCL 2019 – Tentative Schedule

# Friday, November 8th

1:00-3:00 PM Check in & Icebreakers- Get Checked In & Settled In

3:00 PM: Welcome- Welcome & Group

introductions

3:30-4:30 PM: Culture Snack Potluck- Get to

know other Youth groups

4:30-6:00 PM: Camp Tour Scavenger Hunt- Get

familiar with the camp

4:30-6:00 PM: Adult Leaders

Orientation/Meeting 6:00-7:00 PM: Dinner

7:15-8:15 PM: Advocacy Roundtable

8:15-9:15 PM: Healthy Living Roundtable

9:15-11:00 PM: Recreation Time- Dance, board

games, bonfire, networking space

11:00-11:30 PM: Cabin Talks- Setting the Norms

of the cabins

11:30 PM: Curfew

12:00 AM: Lights Out



# Saturday, November 9th

8:00-9:00 AM: Breakfast & Morning assembly-

Review the day ahead

9:15-10:15 AM: Workshop #1 (Healthy Living)

10:15-10:45 AM: Mindfulness break -

Relaxation in cabins

10:45-11:45 AM: Workshop #2 (Social Justice)

12:00-1:00 PM: Lunch

1:00-2:00 PM: Rec Time #1- Choose an activity

2:15-3:15 PM: Rec Time #2- Choose an activity

3:30-5:00 PM: Action Planning- Work within your groups on projects in your youth groups.

5:10-6:00 PM: Round Tables #2 (Social Justice)

6:00-7:00 PM: Dinner

7:00-7:30 PM: Talent Show Preparation-Relax

in cabins & prepare for the talent show

7:30-9:00 PM: Talent Show

9:00-11:00 PM: Recreation Time- Dance, Bored

games, Bonfire, networking space

11:30 PM: Curfew

12:00 AM: Lights Out

## Sunday, November 10th

7:00-8:00 AM: Clean & Move out of cabins

8:30-9:30 AM: Morning Assembly- Action plan presentation, Youth Panel registration & 2020

theme ideas

9:40-10:00 AM: Leadership election-

Introduction of 2020 Leadership Council w/ 1 representative from each group that wants to participate.

10:00-11:00 AM: Brunch

11:00-11:30 AM: Closing assembly- Slideshow

recap of YPCL 2019 & goodbye/depart

#### **YPCL 2019 Call for Workshops and Roundtables**

"Focus on **YOU**th, help yourself before you can help others." Learn to make mindful life decisions, expand your horizons, learn to be the impossible & deal with social problems of today.

Healthy Living Focused Roundtables- this is a group discussion focused on a specific topic and that allows all to share thoughts and feelings about that topic. Very organic in nature often with a youth facilitator (to keep track of time). Below you will find some broad topics that could fall under healthy living.

- Mindfulness
- Dieting
- Mental Health
- Sexual Health
- Spiritual Health
- Healthy Relationships
- Emotional Health

Healthy Living Focused Workshops- this is a seminar that focuses in more specifically on a topic then our roundtables, these allow a facilitator (primarily youth) to <u>teach about</u> a specific topic. Ideally these are engaging and active so that we can address all learning styles. Some examples include:

- Be More Yoda-Mindfulness from a Galaxy Far Far Away
- Be YOUnique-focused on selfacceptance
- Yoga/Meditation
- Taoism of Pooh-Lessons from the 100 Acre Woods-Eastern Philosophy
- Ketosis vs Whole 30 (specific diet workshop)

**Advocacy in Social Justice Workshops**- this is a seminar that focuses in more specifically on a topic then our roundtables, these allow a facilitator (primarily youth) to <u>teach about</u> a

specific topic. Ideally these are engaging and active so that we can address all learning styles. Some examples include:

- Preferred Pronouns
- Storytelling and Messaging for your Mission
- Tactical Urbanism
- Authentic Allies

Advocacy in Social Justice Roundtables- this is a group discussion focused on a specific topic and that allows all to share thoughts and feelings about that topic. Very organic in nature often with a youth facilitator (to keep track of time). Below you will find some broad topics that could fall under Social Justice Issues.

- Privilege (physical ability, gender, race, class, age, sexual orientation)
- LGBTQ
- Politics (Immigration, Gun Violence, Voting)
- Culture
- Youth Leadership

Submit your ideas and questions to ypclwisconsin@gmail.com