



# Quick Projects To Do

Project  
**8**

## Soda Can Insulators

(Decorated with 3-1/2" quilt square - optional)

### Materials:

- Scraps of fabric - to cut one piece 10-1/2" long by 4" wide and another piece 12" long by 5" wide.
- Batting
- Matching thread
- Hook & Loop tape
- 3-1/2" quilt square with 1/4" seam allowance - optional

### Techniques:

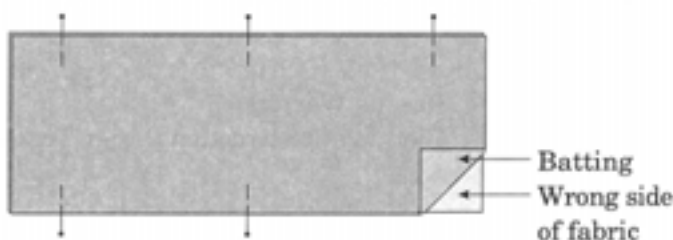
- Working with batting
- Attaching hook & loop tape
- Stitch in the ditch

### Equipment:

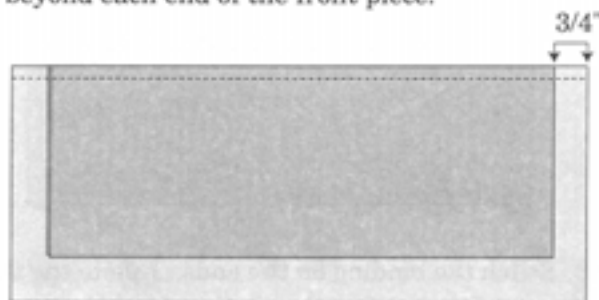
- Sewing machine
- Measuring gauge
- Scissors, Pins
- Iron, Ironing board

### Directions:

1. Prepare the material by prewashing before cutting. Press if needed.
2. Cut fabric and batting.
  - a. Front - cut 1 piece 10-1/2" long by 4" wide. \*\*
  - b. Back - cut 1 piece 12" long by 5" wide.
  - c. Batting - cut 1 piece 10-1/2" by 4" wide.
3. Pin batting piece to wrong side of front piece.



4. Pin front piece to back piece along one lengthwise edge, right sides together. Center the front piece onto the back piece so 3/4" of the back piece extends beyond each end of the front piece.

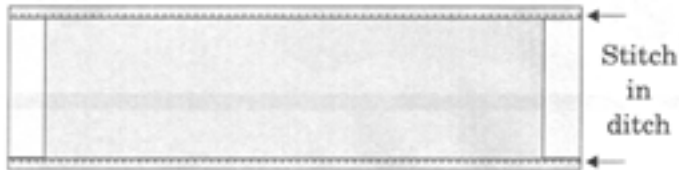


5. Stitch the three layers together using 1/4" seam allowance.
6. Pin the other lengthwise edges together of the front and back, keeping the front centered so there is 3/4" of the back extending beyond each end of the front piece.



7. Stitch the three layers together using 1/4" seam allowance.
8. Press the seams only.
9. Turn the insulator so the right sides are out and the batting is between the two.
10. Lightly press the insulator. Check that the back overlaps onto the front edges evenly by 1/4". Press the back pieces down 1/4" along the stitching lines on the 3/4" extensions.

11. Stitch in the ditch from the front to make the overlapped fabric from the back look like binding. Start stitching in the ditch from the same end for each edge to keep the fabric from pulling and forming wrinkles.



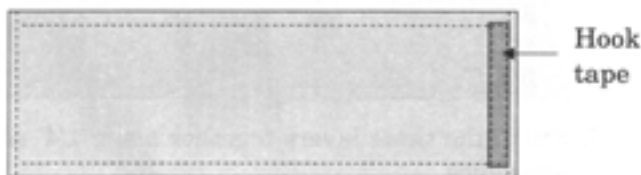
12. Press the ends of the back piece under  $\frac{3}{8}$ ", wrong sides together. Press under  $\frac{3}{8}$ " again. This will form the binding at the ends of the insulator.



13. Stitch the binding on the ends. Due to the thickness of the batting, the binding should be the same width as that along the long edges.



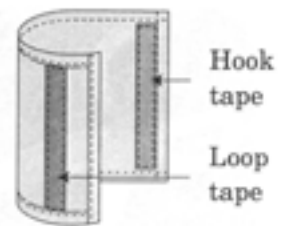
14. Stitch the 3" hook tape on the back side of one end of the insulator. Stitch along all four sides of the hook tape.



15. Wrap the insulator around a soda can with the hook tape overlapping the other end to determine where to position the loop tape piece. Mark with pins or a fabric marker along the edge of the overlapped piece. This line will be the placement of the edge of the loop tape.



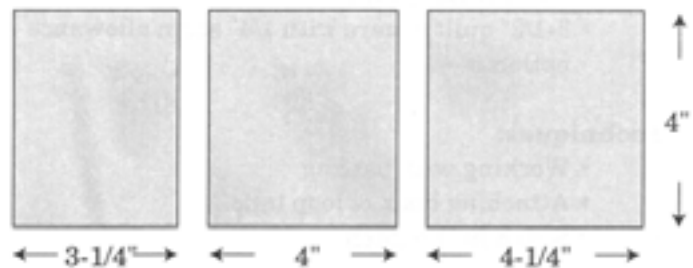
16. Position the loop tape along the marked line so the loop tape will be completely covered by the overlap when lined up with the hook tape. Stitch around all edges of the loop tape.



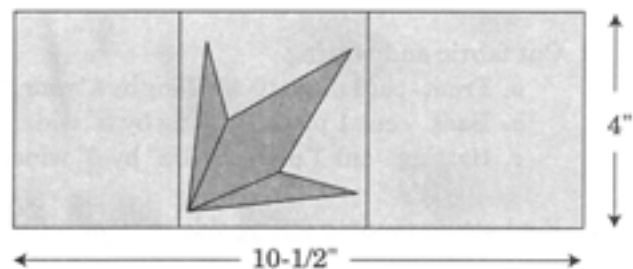
17. The soda can insulator is ready for use.

\*\* If you choose to use a 3-1/2" quilt square to decorate the can insulator, it needs to be added to the front piece at this step. The rest of the instructions can be followed as above.

- A. The quilt square will be 4" square because of the  $\frac{1}{4}$ " seam allowance around the piece.  
 B. Cut the left front side piece 3-1/4" long and 4" wide.  
 C. Cut the right front side piece 4-1/4" long and 4" wide.



- D. Stitch the left front side piece to the left side of the quilt square using  $\frac{1}{4}$ " seam allowances.  
 E. Stitch the right front side piece to the right side of the quilt square using  $\frac{1}{4}$ " seam allowances.  
 F. The finished front piece should measure 10-1/2" long by 4" wide.  
 G. Continue with step 2 above.



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