

## **Tips for County Fair Exhibitors – Winter Travel**

The county fair . . . what a great time it is! Every summer, families flock to county fairs to see the latest 4-H project exhibits. Exhibiting is a fun way for you to showcase your project work. When you enter a winter travel exhibit at the county fair, you'll be showing the public, and the judge, what you've learned in the project. Make your exhibit the best it can be. Here are some tips:

1. This project only covers the "silent" winter sports of cross-country skiing, snowshoeing and hiking. It does not cover snowmobiles, which is a project in the mechanical sciences.
2. Any exhibits showing or listing winter travel trip plans should include food, water, clothes, shelter, destination, time frame, safety and emergency plans on the list.
3. Any exhibits showing or listing winter travel equipment should indicate that equipment varies with the conditions, locale and length of the trip, as well as the planned activities. These exhibits should also note that equipment must be clean, dry, in good repair and safe for the trip.
4. Any exhibits showing or listing winter travel trip meals and nutrition should indicate the need for basic food groups and high energy food.
5. Any exhibits dealing with outdoor survival should indicate use of the STOP Rule when lost. STOP stands for Sit, Think, Observe and Plan.