Every 4-H member should keep a file of 4-H experiences (for grades 4-8).


Below are the projects which I have carried:

| Year |  |
| :---: | :---: |
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## This Year's Record

## Project Summary

Give name of project and include major accomplishments. Include scope, such as number of animals, articles made, things learned or done, income and exhibits. (For additional projects, include additional pages.)

## Project 1:

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## Project 2:

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## Project 3:

## Activities Summary

Speaking and Demonstrating
Did you prepare and give a talk or demonstration this year? Give titles and tell where given.

## Group Activities

Tell what group activities (such as music, drama, recreation, community development, conservation, health and safety) you took part in. Tell what you did in each.

## Leadership

What 4-H offices did you hold in your club? What committees did you serve on? Did you help other members in any way?
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## Personal Growth

In your own words, tell about good changes in yourself that happened during this 4-H year, e.g., skills, abilities and selfconfidence.
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#### Abstract

My 4-H Story


