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| Resource | Type | Topic/Content | How to Access |
| The 5 C’s of Positive Youth Development – PDF; Project Everlast | PDF | Identifies the 5 C’s plus Contribution, addition by Richard M. Lerner, Tufts University, 2007 | <http://dhhs.ne.gov/publichealth/MCAH/Documents/HYN2015-FiveCs_YouthDevelopment.pdf> |
| The Good Teen: Rescuing Adolescence from the Myths of the Storm and Stress Years  Richard Lerner, PH.D Tufts University. New York: Crown Publishing, 2007 | Book | Presents the five characteristics of teen behavior, proven to fuel positive development. Strategies for fostering development | New York: Crown Publishing, 2007 |
| 4-H Essential Elements of Positive Youth Development Fact Sheet Series and Training | Video and PDF documents | Review of the essential elements and BIG-M. | <https://4h.extension.illinois.edu/volunteers/training> |
| Roll ‘Em: Positive Youth Development Activity | PDF Document | PYD/BIG-M Reflective Activity | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development - University of Vermont Extension |
| Essential Elements of Positive Youth Development Sorting Activity – RESOURCE FOR FUTURE TRAINING OPPORTUNITY | PDF Document | Activity for volunteer leaders and teens in leadership roles to explore how Essential Elements align with BIG-M categories | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development – University of Illinois, Extension |
| Balloon Fun Activities | PDF Document | Strategies for engaging members in brainstorming and decision making in the club setting. | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development – University of Illinois, Extension  NOTE – one resource describes activity used during the live training; second resources describes an additional activity which is a RESOURCE FOR FUTURE TRAINING OPPORTUNITY |
| Listening Skills Best Practices | PDF Document | Handout highlighting Best Practices associated with Listening Skills | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development - University of Vermont Extension |
| Listening Skills Activity – RESOURCE FOR FUTURE TRAINING OPPORTUNITY | PDF Document | Activity for a group training to give volunteer leaders and teen leaders an opportunity to recognize the importance of listening and how it contributes to the development of a sense of belonging and leadership | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development - University of Vermont Extension |
| Masks of 4-H Activity Handout | PDF Document | Demonstrates the importance of how volunteers talk with youth about 4-H experiences | Posted with 2017 National 4-H Volunteer e-Forum Resources; Development – Michigan State University, Extension |
| Targeting Life Skills Model | PDF Document | Identifies life skills developed by 4-H members through project learning and club focused experiences | <https://fyi.uwex.edu/wi4hvolunteers/files/2016/06/Life-Skills-Wheel.pdf>  IOWA STATE UNIVERSITY Targeting Life Skills Model. Extension and Outreach. © Iowa State University Extension. Targeting Life Skills Model – 1996. |
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