



UW-MADISON EXTENSION

## 4-H Ice Breakers & Get Acquainted Activities

June 2020

1. Have each person describe him/herself by using the first letter of his/her name. For example: My name is Steve and I like Spaghetti, my favorite candy is Sugarbabies and my favorite animal is a Snake.
2. Say your name and what object in a Sears/JC Penney catalog that you are most like and describe why. (I.e. My name is Jeni and I am most like a pair of slippers boots because I like to be comfortable and don't really care about whether others like the fashion statement I make with them).
3. Split the group up into pairs. Give them a few minutes to interview each other and then have them introduce one another to the group. This allows two people to get to know each other quickly and form a friendship. It's often easier for people to talk about others than themselves.
4. Find a nice bouncy ball. First player says her name and quickly bounces the ball to another while saying his or her name. See how fast people can keep the ball moving. Try it with two balls if it's not already too confusing.
5. Sentence from a name. Have everyone pair up with someone they don't know. Each person writes his first name on a piece of paper and exchanges it with his partner. After a minute or two getting to know each other, each person makes up a sentence with words starting with the letter of the other person's name. For example: KEVIN: Koalas Enjoy Vegetables In November.
6. Write out names of famous people on name tags. As people enter the room, place one on each person's back without them knowing who it is. They then go around and ask people to look at their name tag and then ask them yes or no questions to figure out who they are.
7. Pass around a bag of M&M's and have each person take as many as they want. For each color of the M&M's have a question that they have to answer. For instance, red can be, "Something I love to eat." You can pass this with Skittles or other colored candies.
8. Two truths and a lie. Have each person write 2 truths and a lie about themselves. They then share it with the group and have others guess which the lie is.
9. Paper Roll. Each player takes a few sheets of toilet paper, taking only what he/she thinks they will need. After all have taken their paper, each person will tell something about themselves. For each sheet of paper, the person will say one thing.
10. Every player must use pantomime to act out his name using a word for each letter of his name. Example: D= detective, A= angel, S= Sun, etc. The others must guess the players name. If all of the players know each other well, the leader will whisper in the player's ears whose name they should pantomime.
11. Every player receives a card. On the card, he will write his name and 4 to 5 things that describes him. Then, all the cards will be collected. New blank cards will be passed out. On these cards, each player writes the names of the people being described by the leader. The player who has the most correct answers is the winner.
12. The team leader says a sentence "If I won 1 million dollars in the lottery, then I would...!" Everyone then writes his answer on a piece of paper. The papers are then collected, mixed-up and passed out again. Every player reads the answer on the paper he just got. The group then tries to guess who wrote it.
13. When introducing themselves, it is difficult for some people to tell the others something about themselves. It usually ends in each person telling the same things as the last person. It is a good idea to choose 2-3 questions from a hat which have to be answered together with the normal introductions.

- a. What is the loudest noise you have ever heard?
- b. What is your favorite 4-H project?
- c. What would you wish for, for our group?
- d. Name all of the places where you have already lived!
- e. What is the funniest film scene you have ever seen?
- f. What was your nickname as a child?
- g. What was your worst experience with bad weather?
- h. What was your best experience as a 4-H leader?
- i. Where is your favorite place in nature?
- j. What is your favorite meal?
- k. What is your favorite music?
- l. What was the strangest experience in your life up until now?
- m. What was the scariest experience in your life up until now?
- n. What was the nicest experience in your life up until now?
- o. What was your best result in school and in which subject?
- p. Which celebrity living or deceased would you like to be?

Compiled by Kyli Brown, Wood County 4-H Program Advisor