

## Web Sites on Deployment, Return, and Reunion

### Parents/Families:

1. AMEDD Center & School Child (*Mr. Poe*) and Teen (*Coping with Separation*) videos  
<https://www.cs.amedd.army.mil/youth.aspx>
2. American Academy of Pediatrics (AAP) site dedicated to deployments, videos  
[www.aap.org/sections/unifserv/deployment/index.htm](http://www.aap.org/sections/unifserv/deployment/index.htm)
3. Sesame Street “*Talk, Listen, Connect: Helping Families Cope with Military Deployment*” video - [www.militaryonesource.com](http://www.militaryonesource.com), <http://www.sesameworkshop.org/tlc/index.php>
4. Military One Source  
<http://www.militaryonesource.com/>
5. Behavioral Health Site  
<https://www.cs.amedd.army.mil/Deployment/behavioralhealth.aspx>
6. Operation Purple Camps - hosted through the National Military Family Association  
[www.operationpurple.com](http://www.operationpurple.com)
7. America Supports You  
<http://www.americasupportsyoud.com/americasupportsyoud/index.aspx>
8. Army Reserve Child and Youth Services Sites (MyArmyLifeToo)  
<http://www.arfp.org/skins/ARFP/home.aspx?AllowSSL=true>
9. National Guard Child and Youth Services Sites  
<http://www.guardfamily.org/>
10. Army Child and Youth Services  
<http://www.armycysconnections.com/>
11. Family Readiness Groups  
<http://www.cs.amedd.army.mil/Deployment/familyreadiness.aspx>
12. Army Families Online  
<http://www.armyfamiliesonline.org/skins/WBLO/home.aspx?AllowSSL=true>
13. MEDCOM Deployment Information  
<http://www.cs.amedd.army.mil/medcomplans/Redeploy-DeMobConf.htm>
14. Website article on deployment stress  
<http://www.hooah4health.com/environment/deployment/emotionalcycle.htm>
15. The Help Guide to Guard and Reserve Family Readiness: A Key Component of Mission Readiness, Family Toolkit and Parent’s Guide for Deployment  
<http://www.defenselink.mil/ra>, <http://www.ausa.org/pdfdocs/YourSoldier.pdf>
16. Roadmap to Reintegration  
<http://www.per.hqusareur.army.mil/reintegration/>
17. *Reconnecting With Your Children*: National Mental Health Association  
[www.nmha.org/reunions/infoChildren.cfm](http://www.nmha.org/reunions/infoChildren.cfm)
18. Armstrong K, Best S , & Domenici P. Courage after fire: Coping strategies for returning soldiers and their families. (2005). Ulysses Press.
19. Deployment Link  
<http://deploymentlink.osd.mil/>

20. Center for the Study of Traumatic Stress  
<http://www.centerforthestudyoftraumaticstress.org/home.shtml>
21. Military Family Research Institute  
[www.cfs.purdue.edu/mfri/index.html](http://www.cfs.purdue.edu/mfri/index.html)
22. National Military Family Association – Operation Purple Summer Camps  
[www.nmfa.org](http://www.nmfa.org)
23. Military Child Education Coalition  
[www.militarychild.org](http://www.militarychild.org)
24. Supporting the Military Lifestyle  
<http://www.militarylife.com/>
25. HOOAH 4 Health  
*Deployment Guide For Families of Deploying Soldiers. Separation and Reunion*  
[www.hooah4health.com/deployment/familymatters/reunion.htm#](http://www.hooah4health.com/deployment/familymatters/reunion.htm#)
26. American Academy of Child and Adolescent Psychiatry  
[www.aacap.org](http://www.aacap.org)
27. American Psychological Association’s “Resilience in a Time of War”  
<http://www.apahelpcenter.org/featuredtopics/feature.php?id=43>
28. Zero to Three - How Childcare Providers Can Help Support Military Children  
[www.zerotothree.org](http://www.zerotothree.org)
29. The National Child Traumatic Stress Network  
[www.nctsnet.org](http://www.nctsnet.org)
30. PTSD – Children and War  
[www.ncptsd.va.gov/war/fs\\_children\\_war.html](http://www.ncptsd.va.gov/war/fs_children_war.html)
31. Military Family Research Institute  
[www.cfs.purdue.edu/mfri/index.html](http://www.cfs.purdue.edu/mfri/index.html)
32. Supporting Troops and Their Families  
[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)
33. Funds extracurricular activities for children of deployed Reservists/National Guard  
<http://www.ourmilitarykids.org/index.html>
34. TriWest for soldiers & their families - *Getting Home: All the Way Home*  
[www.triwest.com/triwest/default.html](http://www.triwest.com/triwest/default.html)
35. Pavlicin KM: Surviving Deployment: A Guide for Military Families Elva Resa Publishing Saint Paul, Minn 2003

### **Pre-schoolers**

1. *Daddy, Will You Miss Me*, by Wendy McCormick. (Aladdin Library. 2002). ISBN: 0689850638
2. *My Father is in the Navy*, by Robin McKinley and Martine Goubault. (Greenwillow. 1992).
3. *My Daddy is a Soldier (Sailor, Airmen) My Mommy is ....* by Hilbrecht K and Hilbrecht S:  
<http://www.newcanaanpublishing.com> 3<sup>rd</sup> ed 2003
4. *20 Good Things Kids Can Do In Times of War/ 20 Good Things Kids Can Do In Times of Peace* by Marsh C: 2003 [www.gallopade.com](http://www.gallopade.com)

5. *While You Are Away* by Spinelli E: Hyperion Books, New York 2004
6. *Daddy, You're My Hero*, by Michelle Ferguson-Cohen. (Little Redhaired Girl Publishing. 2003). ISBN: 0972926410
7. *Mommy, You're my Hero*, by Michelle Ferguson-Cohen. (Little Redhaired Girl Publishing. 2003). ISBN: 0972926429
8. *My Daddy is a Guardsman*, Kirk Hilbrecht and Sharron Hilbrecht. (New Canon Publishing Company Inc. 2002). ISBN: 1889658308
9. *My Daddy is a Soldier*, Kirk Hilbrecht and Sharron Hilbrecht. (New Canon Publishing Company Inc. 1996) ISBN: 1889658014
10. *The Magic Box: When Parents Can't Be There to Tuck You in*, by Marty Sederman, Seymour Epstein, Ph.D., Karen Stormer Brooks. (Magination Press. 2002). ISBN: 1557988064
11. *15 Reasons I Love My Dad: A Fill-in-the-Blank Book*, by Samantha Kappler, Cassidy Kappler, and Benjamin Kappler. (SBC Publishing. 2002). ISBN: 0966684311
12. *While You Are Away*, by Spinelli, Eileen & Graef, Renee (2004). [Picture book for children whose parents are deployed]
13. *Deployment Journal for Kids* by Robertson, Rachel (2005)
14. *Uncle Sam's Kids: When Duty Calls* by Sportelli-Rehak, Angela (2003)

#### **Children:**

1. Department Of Defense Office of the Military Child in Transition and Deployment <http://www.militarystudent.dod.mil>
2. Department of Defense (DoD) website for children dealing with the deployment of a loved one. The sections are divided according to grade level. [http://deploymentlink.osd.mil/kidslink/grade\\_select.htm](http://deploymentlink.osd.mil/kidslink/grade_select.htm)
3. Ferguson-Cohen, Michelle *Daddy, You're My Hero! // Mommy, You're My Hero!* (2005). [for kids ages 4-8]
4. LaGreca A et al *Helping Children Cope with the Challenges of War and Terrorism*. [for kids ages 7-12]. Download: [www.7-dippity.com/other/UWA\\_war\\_book.pdf](http://www.7-dippity.com/other/UWA_war_book.pdf)  
Supplement (for using with school classes or groups) [www.7-dippity.com/other/Supplement.pdf](http://www.7-dippity.com/other/Supplement.pdf)
5. Hardaway T: *Treatment of Psychological Trauma in Children of Military Families in Mass Trauma and Violence: Helping Families and Children Cope* (Webb NB-ed) The Guilford Press, New York, pp259-282
6. Spinelli, Eileen & Graef, Renee *While You Are Away* (2004). [Picture book for children whose parents are deployed; ages 4-8]
7. Sportelli-Rehak, Angela *Uncle Sam's Kids: When Duty Calls*. (2003). [for kids ages 5-11 focusing on deployment issues]
8. *Channing Bete* - Interactive pamphlets on deployment, reintegration (e.g., "Know What? I'm Ready for Reunion!" and "Military Family Wellbeing" and "Your Parent is Coming Home!") [www.channing-bete.com/military](http://www.channing-bete.com/military)
9. *Soldier Mom*, by Alice Mead. (Yearling. 2001). ISBN: 0440229006

### **Adolescents:**

1. Military Teens Preparing for a Move [www.dod.mil/mtom/index\\_t.htm](http://www.dod.mil/mtom/index_t.htm)
2. American Academy of Pediatrics site dedicated to the effects of deployment on child and adolescent mental health [www.aap.org/sections/unifserv/deployment/index.htm](http://www.aap.org/sections/unifserv/deployment/index.htm)
3. *Adjustment among Adolescents in Military Families When a Parent is Deployed* [http://www.cfs.purdue.edu/mfri/pages/research/Adjustments\\_in\\_adolescents.pdf](http://www.cfs.purdue.edu/mfri/pages/research/Adjustments_in_adolescents.pdf)
4. Sherman, MD Sherman DM *Finding My Way: A Teen's Guide to Living with a Parent who has Experienced Trauma* (2005) [for kids ages 12-18] (available at [www.seedsofhopebooks.com](http://www.seedsofhopebooks.com))
5. Stafford EM and Lemmon K: *Recognizing and Responding to Child and Adolescent Stress: The Critical Role of the Pediatrician*. *Pediatr Annals*. 36: 225-231, 2007.
6. Sherman, MD Sherman, DM Edina, MN: *I'm not alone: A teen's guide to living with a parent who has a mental illness*. (2006). Beaver's Pond Press. Available at [www.seedsofhopebooks.com](http://www.seedsofhopebooks.com)

### **Schools, Communities, Child and Adolescent Care Workers**

1. Military Child in Transition and Deployment, links for school personnel working with children in military families <http://www.militarystudent.org>
2. PDHealth - Assist clinicians in the delivery of post-deployment healthcare <http://www.pdhealth.mil/main.asp>  
  
*Military Child Education Coalition - How Communities can Support the Children and Families of those Serving in the National Guard or Reserves.* [www.militarychild.org/pdfs/GuardReserveForWeb.pdf](http://www.militarychild.org/pdfs/GuardReserveForWeb.pdf)
3. Military Child Initiative, John Hopkins School of Public Health, *School Connectedness: Extending Connections to Military Children*, [www.jhsph.edu/adolescenthealth/Products/Military%20Child%20Initiative/Exec%20Summary%20R3.pdf](http://www.jhsph.edu/adolescenthealth/Products/Military%20Child%20Initiative/Exec%20Summary%20R3.pdf)
4. Stafford EM: *Challenging Times: Pediatricians should be prepared to support needs of children in military families* AAP NEWS, Vol 22 No 6 April 2003
5. Stafford EM and Grady BA: *Military Family Support* *Pediatric Annals* Vol 32 No 2 pp110-115 (Feb 03)
6. Vandesteeg C: *When Duty Calls: A Guide to Equip Active Duty, Guard, and Reserve Personnel and Their Loved Ones for Military Separations*. WinePress Publishing Enumclaw, WA 2001
7. Pavlicin KM: *Surviving Deployment: A Guide for Military Families* Elva Resa Publishing Saint Paul, Minn 2003
8. Martin JA, Rosen LN, and Sparaceno LR (eds): *The Military Family: A Practical Guide for Human Service Providers* , Praeger, Westport, Conn. 2000
9. Henderson, Kristin *While They're at War: The True Story of American Families on the Homefront* (2006).
10. Collier, Dianne (of Canada) *Heroes at Home: Help and Hope for America's Military Families* (2002).

11. Martin JA, Rosen LN, and Sparaceno LR (eds): The Military Family: A Practical Guide for Human Service Providers , Praeger, Westport, Conn. 2000
12. *Mass Trauma and Violence: Helping Families and Children Cope*, Webb NB (ed): The Guilford Press, New York 2004
13. *Military Family Support*, by Stafford EM and Grady BA: *Pediatric Annals* Vol 32 No 2 pp110-115 (Feb 03)
14. *Challenging Times: Pediatricians should be prepared to support needs of children in military families*, Stafford EM: *AAP NEWS*, Vol 22 No 6 April 2003
15. *Treatment of Psychological Trauma in Children of Military Families* in Mass Trauma and Violence: Helping Families and Children Cope (Webb NB-ed), by Hardaway T: The Guilford Press, New York, pp259-282
16. *Caring for Kids After Trauma and Death: A Guide for Parents and Professionals*, Goodman RF: by The Institute for Trauma and Stress at the NYU Child Study Center, 2002 (can be accessed at [www.militarystudent.org](http://www.militarystudent.org))
17. *The Social Readjustment Rating Scale* by Holmes/Rahe (1967), Modified by Pincus/Adler (2000)
18. *Recognizing and Responding to Child and Adolescent Stress: The Critical Role of the Pediatrician*. By Stafford EM and Lemmon K: *Pediatr Annals*. 36: 225-231, 2007
19. *About Reunion*. A Scriptographic Product. 1990 Channing L. Bete Co., Inc
20. *Heroes at Home-Help and Hope for America's Military Families* by Ellie Kay. 2002. Bethany House, Bloomington, MN, [www.bethanyhouse.com](http://www.bethanyhouse.com)
21. *The Parent Report Card* by Linda Berg-Cross, PhD, in *Working Mother*, Jan 93
22. *Surviving Deployment: A guide for military families*, by Pavlicin KM: Elva Resa Publishing, Saint Paul, Minn 2003
23. *When Duty Calls: A Guide to Equip Active Duty, Guard, and Reserve Personnel and Their Loved Ones for Military Separations*, by Vandesteeg C: WinePress Publishing Enumclaw, WA 2001